



UNIVERSITY OF ILLINOIS AT CHICAGO
Academic Center for Excellence
1200 West Harrison Street, Suite 2900

Academic Achievement Program
Spring 2011

**To help you get off probation and
achieve your educational goals....**

MEETINGS:

WHEN: 6 sessions, once a week

2 Sections:

- **Mondays 3:00 - 4:15** Jan. 24 to Feb. 28
- **or Thursdays 2:00 - 3:15**, Jan. 27 to March 3

WHERE: The Academic Center for Excellence, Suite 2900, Student Services Building

FOCUS:

INFORMATION & SKILLS DEVELOPMENT

- * develop effective study & test-taking strategies
- * learn how to read more efficiently
- * improve your concentration
- * make better use of campus resources

ATTITUDE & MOTIVATION

- * overcome procrastination & learn time management skills
- * reduce your stress
- * increase your determination and commitment
- * learn to cope with competing demands (school, work, family, friends, etc.)

BENEFITS:

- * For participants, the *median* GPA increase is from 1.8 to a 2.6, and many students achieve a GPA of 3.0 or above.
- * Group meetings and weekly email messages help students *maintain* their determination to succeed throughout the semester.
- * Participants may request that academic advisors and/or the Financial Aid Office be notified of their participation in the program.

REGISTRATION:

Groups may include up to 25 students in each section.

There is no fee, but regular attendance and participation are expected.

**The groups fill quickly, so call or e-mail now to reserve a place:
312-413-0031 or jwood12@uic.edu (Include your name, UIN, and UIC email address
in the message.)**