



## SURGICENTER INSTRUCTIONS

### Twelve Steps to Surgicenter

These are the steps to take in preparation for your visit to Surgicenter.

- Step #1** The **work** day before your operation/procedure call the Surgicenter (312-996-3816) between 2 P.M. - 4 P.M. to find out what time the staff will be expecting you. (We are closed on Saturday, Sunday and legal holidays.)
- Step #2** Listen carefully as the nurse gives you your instructions and write them down. If you have someone else taking the instructions for you please ask them to write them down for you. Also, ask any questions you have regarding your Surgicenter appointment.
- Step #3** The night before or the morning of your operation/procedure please be sure to take a bath and/or shower and wash your hair. (Do not put any ointment or grease on your hair.)
- Step #4** Do not eat or drink anything after 12 midnight the night before you are schedule to be in Surgicenter. There are exceptions and if they apply to you, the nurse will let you know during the phone call (Step #1). Also, please do not smoke or chew gum.
- Step #5** If you take medication on a regular basis, please let the Surgicenter nurse know which ones you take. After reviewing your medicine, the nurse will instruct you which ones to take with a small sip of water the morning of surgery.
- Step #6** Do **not** wear any of the following: make-up, nail polish, jewelry or perfume/cologne.
- Step #7** Please do not bring large sums of money, credit cards or check book with you to the Surgicenter. We are unable to be responsible for these items.
- Step #8** Wear comfortable clothing and flat shoes. (Ex: sweatpants or suit, large dress, pants or skirt with elastic waist, gym shoes or sneakers).
- Step #9** Bring a responsible adult to accompany you, to assist you home, and to help care for you. If we are unable to establish that you will be accompanied home, your surgery will be cancelled and rescheduled to a time when someone will be able to accompany you. Please leave your small children at home because there is no one available to watch them here in the Surgicenter.
- Step #10** Come to the U of I hospital at 1740 W. Taylor Street, Room 3300 on the third floor. Turn to the left after you get off the visitors elevators, walk to the end of the hall and turn left again. The entrance to Surgicenter is on your right.
- Step #11** If your responsible adult is driving, please park the car in the parking structure located at the corner of Taylor and Wood, or Taylor and Paulina. Bring the parking ticket with you so that we can validate it for you.
- Step #12** When you arrive in Surgicenter, give your name to the secretary and he/she will give you further instructions.

**I have received a copy and understand the above instructions.**

\_\_\_\_\_  
PATIENT

\_\_\_\_\_  
DATE

\_\_\_\_\_  
PHYSICIAN / NURSE

\_\_\_\_\_  
DATE

