

# Great Cities Commitment Programs at UIC

## *Geriatric Empowerment*

### Aging and Disability Resource Center Evaluation

**Description:** Provides technical assistance to the Illinois Department on Aging to develop and evaluate community centers which provide information and facilitate access to long-term care services for older adults and people with disabilities. Current demonstration sites are in Rockford, which has a concentration of African American and Hispanic families, and Decatur. We are also developing and providing resource materials on aging and disabilities for center dissemination to staff, families and consumers.

**Dates active:**

**Category:** Rehabilitation and disability studies  
Geriatric empowerment

**UIC Partners:** Applied Health Sciences

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Dean, College of Applied Health Sciences

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**Partners:** East Central Illinois Area Agency on Aging  
Illinois Department on Aging  
Macon County (IL) Department of Public Health  
Northwestern Illinois Area Agency on Aging

### Central West Case Management Unit

**Description:** CWCMU, administered by the Jane Addams College of Social Work under its Center for Social Policy and Research, offers programs to enable older adults to live as independently as possible and assists family and friends in care giving responsibilities. A professionally trained staff of case managers perform in-home and hospital-based assessments to evaluate an older person's needs and resources, secure and link them with needed services, and provide on-going monitoring of the individual care plan. The unit also serves as a field placement site for social work students.

**Dates active:**

**Category:** Geriatric empowerment

**UIC Partners:** Social Work

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**Partners:** Addus Healthcare, Inc.  
American Spanish Institute (ASI)  
Bethel New Life, Inc.  
Casa Central  
Catholic Charities of the Archdiocese of Chicago  
Chicago Commons  
Chicago Department on Aging  
Chinese American Service League (CASL)  
Community Care Systems, Inc.  
European American Association  
Family Home Health Services, Inc.

Gareda Diversified Business Services, Inc.  
Gentiva Health Services, Inc.  
Help at Home, Inc.  
Holistic Community Outreach  
Illinois Department on Aging  
Lutheran Social Services of Illinois  
Nu-Day Home Health Care Services, Inc.  
Polish American Association  
Shay Health Care Services, Inc.  
YMCA

*Third Age*

## Developing Clinical Competence in Geriatric Care

**Description:** Utilizing the multi-campus network of the University of Illinois College of Nursing, the central goal of this proposed program is to develop and dissemination continuing education programs throughout the state targeting major care issues of older adults: 1) assessment and treatment of delirium and depression; 2) management of challenging behaviors in cognitively impaired older adults; 3) assessment of nutritional status and interventions for managing inadequate nutrition, and 4) identification and management of medication adverse effects and polypharmacy in older adults. A variety of format will be utilized to deliver the continuing educational programs including on-line content and communications with clinical experts, on-site nursing grand rounds, and case study methods. All content will be adapted as appropriate for the level of nursing staff: RN, LPN, and nursing assistants. With over 10 clinical sites identified for participation, over 1,500 nursing personnel are included in the target audience. Two additional program goals include: 1) the development and offering of summer clinical experiences in geriatrics, targeting educational experiences with expert practicing geriatric advanced practice nurses; and 2) the participation of clinical faculty in selected aspects of the educational offerings to increase expertise of geriatric care in College of Nursing faculty members. The continuing education offerings will be disseminated throughout the Midwest through the facilitation of the Nursing Institute.

Funded through a grant from HRSA.

**Dates active:**

**Category:** Geriatric empowerment

**UIC Partners:** Nursing

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**Partners:** Boxwood Health Care Center

Carle Clinic Association

Carle Foundation Hospital

Danville Veterans Administration Medical Center

Mattoon Health Care Center

Sarah Bush Lincoln Health Center

## Family Caregiver Support Project

**Description:** Provides training and technical assistance to state and local aging and developmental disability agencies on joint outreach, planning, and service delivery to meet the needs of unserved and underserved older families caring for an adult relative with developmental disabilities. The project serves the Chicago metropolitan area, the state of Illinois, and is available to cities in other states.

**Dates active:** 2000 -- present

**Category:** Geriatric empowerment  
Rehabilitation and disability studies

**UIC Partners:** Applied Health Sciences

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**Partners:**

Arc of Illinois

Arc of the United States

Chicago Department on Aging

Illinois Department of Human Services

*Illinois Office of Developmental Disabilities Services*

Illinois Department on Aging

United States Department of Education

*National Institute on Disability and Rehabilitation Research*

## Maintenance of Exercise Adherence among Older Adults with Osteoarthritis

**Description:** This study will use a multi-site randomized controlled trial with repeated measures to assess the comparative effects of two different ways of enhancing long-term adherence to and benefits associated with participation in the evidence-based, Fit and Strong multi-component exercise intervention for older persons with lower extremity OA (Hughes et al., in press). We will recruit 600 persons to participate in the 8-week Fit and Strong program.

**Dates active:** 09/30/2003 -- 08/31/2008

**Category:** Geriatric empowerment

**UIC Partners:** Public Health

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**Partners:**

Chicago Department on Aging

*Area Senior Centers*

National Institute on Aging

## Medicare Part D Activities

**Description:** JoAnn Stubbings, RPh, MCHA, and pharmacy students including Scott Siegert have helped University of Illinois medical Center at Chicago patients who are senior citizens to enroll for Medicare prescription drug discount cards and now are working with these and other patients to determine what plan to select as their provider for Medicare Part D drug benefits. Professor Stubbings is working on a program to educate Medical Center health professionals about Medicare Part D. She has been working closely with Centers for Medicare and Medicaid Services personnel (e.g., Gregory Dill, PharmD) on these projects.

**Dates active:** 2004 -- present

**Category:** Healthcare for at-risk populations  
Geriatric empowerment

**UIC Partners:** Pharmacy  
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**Partners:** United States Department of Health and Human Services  
*Centers for Medicare and Medicaid Management*

## Medication Monitoring and Safety in Older Adults

**Description:** Community-based education program. Professors and students visit residents of senior citizen communities to record as well as discuss and advise individuals about the fears and misconceptions many older adults have regarding immunizations.

College of Pharmacy faculty and students work with elderly patients from 10 different ethnic groups who have English as their second language or do not speak English. Work with patients to understand how to take their medications appropriately, monitor for drug interactions and adverse effects, and how to interact with their physicians to ask questions.

**Dates active:** 2000 -- present

**Category:** Geriatric empowerment  
Healthcare for at-risk populations

**UIC Partners:** Pharmacy  
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**Partners:** Suburban Area Agency on Aging

## Medication Therapy Management Program

**Description:** Program provided by the UIC College of Pharmacy/University of Illinois Medical Center at Chicago Ambulatory Care Pharmacy to better care for Medicaid patients and others who need extra care in how to use their medications appropriately. These individuals in many cases are elderly or have medical conditions that interfere with their ability to understand and use their medications appropriately. Most patients are on 10 or more medications.

**Dates active:**

**Category:** Healthcare for at-risk populations  
Geriatric empowerment

**UIC Partners:** Medical Center  
Pharmacy  
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**Partners:** N/A

## Project HEALTHY

**Description:** The Mid-Illinois Talking Book Center (MITBC), part of the Alliance Library System, in partnership with the UIC Library of the Health Sciences-Peoria (LHS-Peoria), will be conducting twelve monthly sessions on timely consumer health topics of interest to Illinois seniors. MITBC provides library content and services to the print-impaired population--largely seniors--in central and northwest Illinois. Project HEALTHY will utilize the expertise of UI College of Medicine personnel and other Peoria-area health professionals to plan, produce, distribute, and archive topical presentations and discussions.

**Dates active:** April 2004 -- Sept 2005

**Category:** Geriatric empowerment

**UIC Partners:** University Library

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**Partners:** Alliance Library System

Mid-Illinois Talking Book Center

National Network of Libraries of Medicine, Greater Midwest Region

## Rehabilitation Research and Training Center on Aging with Developmental Disabilities

**Description:** Works closely with local community agencies in conducting training, technical assistance and intervention research; focus is on promoting the health of adults with developmental disabilities and providing support and training to the families.

**Dates active:** 1998 -- present

**Category:** Rehabilitation and disability studies  
Geriatric empowerment

**UIC Partners:** Applied Health Sciences

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**Partners:** National Center on Physical Activity and Disability

United States Department of Education

*National Institute on Disability and Rehabilitation Research*