

**Great Lakes Regional Stroke Network
Policy Statement
EMS Training Recommendations**

In January, 2009, the National Highway Traffic Safety Administration released new National EMS Education Standards. The link to the National EMS Education Standards and the Instructor Guidelines is: <http://www.ems.gov/portal/site/ems/menuitem.5149822b03938f65a8de25f076ac8789/?vgnextoid=409589ff3091f110VgnVCM1000002fd17898RCRD>. These Education Standards mirror the National EMS Scope of Practice Model psychomotor skills sets and skill levels. Since the National EMS Scope of Practice Model represents the floor rather than the ceiling for each provider level, the education standards will, as a result, appear to seem "light" compared to the scope of practice of most states which exceed the National EMS Scope of Practice Model matrix.

Upon review of EMS Training Materials for stroke, it is the expert consensus of the Great Lakes Regional Stroke Network EMS Notification and Response work group that EMS training for Stroke should include at a minimum the following in order to better assure a reduction in disability:

- Anatomy, physiology, and presentations of stroke
 - A discussion of the Cincinnati Pre Hospital Screen at a minimum and how to perform this screen. Other screens for consideration are: LAPSS, MEND.
 - Management/care actions for the stroke patient
- Transport of patient to the nearest stroke hospital/center and based on EMS guidelines for the state.

It is also recommended that a pre and post test be done to assess participants learning on the above activities.

EMS Training Programs available for stroke include:

Advanced Stroke Life Support

Attend training at the University of Miami

Conduct training at a location in your state conducted by University of Miami staff

For more information, visit www.asls.net

American Heart Association

Order EMS Stroke CD from AHA at <http://www.onlineaha.org/index.cfm?fuseaction=info.stroke>

Online training at <http://www.onlineaha.org/index.cfm?fuseaction=info.stroke>

Minnesota Heart Disease and Stroke Prevention Unit Stroke Module

Train the trainer format

For more information, contact Dr. Stan Shanedling at stanton.shanedling@health.state.mn.us

National Stroke Association Stroke Rapid Response

Order materials from NSA, conduct in-person training at <http://www.stroke.org/site/PageServer?pagename=EMS>

Online training at www.ahec.net