

**ADMINISTRATIVE**

Discharge Patient

DISCHARGE DIAGNOSIS \_\_\_\_\_

**DIAGNOSIS/SYMPTOMS**

- 1.  Ischemic Stroke
- 2.  TIA
- 3.  Hemorrhagic
- 4. Risk Factors/Co-Morbidities:
  - Tobacco Use
  - Diabetes
  - Sedentary Lifestyle
  - Hyperlipidemia
  - Family History
  - Atrial Fibrillation
  - Hypertension
  - Obesity
  - Obstructive Sleep Apnea
- 5.  \_\_\_\_\_

**CONSULTS**

- |   | Start Date | Locations |
|---|------------|-----------|
| 1. <input type="checkbox"/> Stroke Rehab (Outpatient Cardiac Rehab)   | _____      | _____     |
| 2. <input type="checkbox"/> Diabetes Center   | _____      | _____     |
| 3. Outpatient Medical Nutrition Therapy   | _____      | _____     |
| <input type="checkbox"/> (Dietary Surveillance & Counseling (V-65.3)<br>To schedule appointment: Fax referral to (812) 353-9606, then call 800-978-9600 |            |           |
| <input type="checkbox"/> Hyperlipidemia (272.4)   |            |           |
| <input type="checkbox"/> Hypertension (401.9)   |            |           |
| <input type="checkbox"/> Obesity/Weight Management (278.00 unspecified)   |            |           |
| <input type="checkbox"/> _____  |            |           |
| 4. <input type="checkbox"/> Overnight Polysomnogram   |            |           |
| 5. <input type="checkbox"/> Anticoagulation Therapy Referral  |            |           |
| 6. <input type="checkbox"/> Stroke Survivor Support Group   |            |           |
| 7. <input checked="" type="checkbox"/> If tobacco user, Tobacco Cessation Counseling (Prior to discharge)   |            |           |
| 8. Post Acute Rehabilitation Needs:   |            |           |

	Occupational Therapy	Physical Therapy	Speech Therapy
<input type="checkbox"/> Home Health	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Outpatient	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Acute Rehab	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> ECF	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**Entered by** \_\_\_\_\_ **Date** \_\_\_\_\_ **Time** \_\_\_\_\_

**Noted by** \_\_\_\_\_ **Date** \_\_\_\_\_ **Time** \_\_\_\_\_

M  F \_\_\_\_\_

Patient-Last Name, First Name, Middle Initial \_\_\_\_\_ Age \_\_\_\_\_

Admission Number \_\_\_\_\_ Date \_\_\_\_\_ Birth Date \_\_\_\_\_

Physician Name \_\_\_\_\_

Patient Identification \_\_\_\_\_ Medical Record Number \_\_\_\_\_ Physician Signature \_\_\_\_\_ Date \_\_\_\_\_ Time \_\_\_\_\_



**NURSING**

ACTIVITY

- 1.  No restrictions
- 2.  No driving until \_\_\_\_\_
- 3.  Lifting restriction \_\_\_\_\_
- 4.  As tolerated
- 5.  Assistive device \_\_\_\_\_

DIET

- 1.  Low Sodium \_\_\_\_\_ gms/day
- 2.  Low Cholesterol
- 3. Consistency Modifications  
 Dysphagia Level:  Puree  Mechanically Altered  Mechanical or Dental Soft  Advanced  
 Liquid Consistency:  Nectar-Thick Liquids  Honey-Thick Liquids  Thin Liquids
- 4.  Carbohydrate Controlled Diet (per day):  150 gm  200 gm  250 gm  300 gm
- 5.  Tube feeding formula \_\_\_\_\_ Bolus volume \_\_\_\_\_ # Bolus per day \_\_\_\_\_  
 Times \_\_\_\_\_  
 Continuous feeding rate \_\_\_\_\_ mL/hour for \_\_\_\_\_ hours/day Time \_\_\_\_\_  
 Water flushes \_\_\_\_\_
- 6.  \_\_\_\_\_

CARE NEEDS

- 1.  Skin/wound care \_\_\_\_\_
- 2.  Give appropriate stroke education booklet
- 3.  Confirm patient has received the following vaccines per protocol (if appropriate)  
 Vaccines: Influenza Vaccine (During September – March)  
 Pneumococcal Vaccine

CALL CRITERIA

\_\_\_\_\_

**MEDICATIONS** (See Reconciled Discharge Medication Orders)

Document contraindications to medication classes below if not ordered.

- |  |   |   |                                |
|--|---|---|--------------------------------|
| <input type="checkbox"/> Ordered <b>Aspirin</b>                        | <input type="checkbox"/> Intolerance/allergy    | <input type="checkbox"/> Bleeding       | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Ordered <b>Anticoagulant (A Fib)</b>          | <input type="checkbox"/> High risk for bleeding | <input type="checkbox"/> Fall Risk      | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Ordered <b>Platelet Aggregation Inhibitor</b> | <input type="checkbox"/> High risk for bleeding | <input type="checkbox"/> N/A            | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Ordered <b>Statin</b>                         | <input type="checkbox"/> Liver Dysfunction      | <input type="checkbox"/> Rhabdomyolysis | <input type="checkbox"/> _____ |

Entered by \_\_\_\_\_ Date \_\_\_\_\_ Time \_\_\_\_\_

Noted by \_\_\_\_\_ Date \_\_\_\_\_ Time \_\_\_\_\_

\_\_\_\_\_  
Patient-Last Name, First Name, Middle Initial  M  F Age \_\_\_\_\_

\_\_\_\_\_  
Admission Number Date Birth Date

\_\_\_\_\_  
Physician Name

\_\_\_\_\_  
Patient Identification Medical Record Number Physician Signature Date Time

FOLLOW UP APPOINTMENTS

Dr. \_\_\_\_\_ Phone \_\_\_\_\_ Make appointment to be seen in \_\_\_\_\_  Call physician to make appointment

Dr. \_\_\_\_\_ Phone \_\_\_\_\_ Make appointment to be seen in \_\_\_\_\_  Call physician to make appointment

Dr. \_\_\_\_\_ Phone \_\_\_\_\_ Make appointment to be seen in \_\_\_\_\_  Call physician to make appointment

Dr. \_\_\_\_\_ Phone \_\_\_\_\_ Make appointment to be seen in \_\_\_\_\_  Call physician to make appointment

**CLEARED FOR DISCHARGE**

**This box is not to be completed until the patient is ready to be discharged.  
If taking a verbal/telephone order, it must be documented as "read back" and "verified".**

**Physician Signature** \_\_\_\_\_ **Date** \_\_\_\_ / \_\_\_\_ / \_\_\_\_ **Time** \_\_\_\_\_

Fax a copy of discharge orders and reconciled medication list to the following care providers \_\_\_\_\_

**Please remove patient armband at time of discharge**

**Entered by** \_\_\_\_\_ **Date** \_\_\_\_\_ **Time** \_\_\_\_\_

**Noted by** \_\_\_\_\_ **Date** \_\_\_\_\_ **Time** \_\_\_\_\_

\_\_\_\_\_  
Patient-Last Name, First Name, Middle Initial  M  F Age \_\_\_\_\_

\_\_\_\_\_  
Admission Number Date Birth Date

\_\_\_\_\_  
Physician Name

\_\_\_\_\_  
Patient Identification Medical Record Number Physician Signature Date Time