

CHANCE Learning Center Summer Enrichment Courses

The CHANCE Learning Center Summer Enrichment Courses are designed to help facilitate the transition from high school or community college to the four-year university learning environment. This summer CHANCE Learning Center is offering two six-week courses. The courses are geared toward the newly admitted, transfer, and current student populations. The courses are aimed at developing academic skills necessary for success and introducing students to campus life and the various opportunities and resources that UIC and the CHANCE Learning Center has to offer.

- **Computer Technology and the Digital Age** (non-credit) Tuesdays and Thursdays June 22-July 30, 2009 2:00-3:30 pm. Sessions are twice a week.

This course introduces students to the basics of computers. The course will begin with a skill assessment survey so that students become aware of their computer strengths and/or weaknesses. At the end of the course the student is expected to have gained knowledge of basic computing components, the windows environments, file management, applications and documents. The student should also gain knowledge of MS components, Word, Excel, PowerPoint and Internet concepts.

- **Circuit Training for the “Mind and Body”** (non-credit) Tuesdays and Thursdays June 22-July 30, 2009 4:00-5:30 pm. Sessions are twice a week.

The main objective of this course is to provide an opportunity for UIC entering freshmen to engage in physical fitness activities that will increase muscle strength, muscle endurance, and improve body composition through strength training with resistance bands, free weights, stability balls and Bosu balls. Through these activities, students will also improve their overall motivation and “state of mind.” The goal is to increase academic performance and attitude toward school work while incorporating exercise and proper nutrition into students’ everyday lives.

Program Eligibility

- Newly admitted, transfer and current students are eligible.

Cost

- There is no cost for participants

Contact us...

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<http://www.uic.edu/depts/oa/schoolrelations/index.html>