

NUTRITION

PRAIRIE STATE COLLEGE

Undergraduate Programs

The Department of Kinesiology and Nutrition offers two major tracks (the *coordinated program* track and the *nutrition science* track) that lead to the Bachelor of Science degree. The coordinated program is focused on the practice of nutrition (i.e. dietetics) and, upon successful completion students are eligible to take the Registration Examination administered by the Commission on Dietetic Registration, and become a Registered Dietitian (RD). The nutrition science track emphasizes intensive study in biological and physical sciences as a basis for understanding the science of nutrition and the relationships between nutrients and human health. Those students who complete the nutrition science track are eligible to apply for an American Dietetic Association accredited internship.

TRANSFER ADMISSION GUIDELINES

Nutrition admits students only in the Fall semester. **The application and credentials deadline is January 15th.** To be considered for the program applicants must complete all of the following pre-human nutrition course work prior to the Fall semester with a minimum GPA of 2.5/4.0 (A=4.0). Application is competitive and requires supplemental application materials available from the admissions office and Nutrition Department. **For on-line application materials, please refer to the Nutrition website at www.ahs.uic.edu/kn/programs/nutrition.php.** Nutrition offers an information session for prospective students on the first Monday of the month at 5:30 p.m. (except when UIC is closed) at 1919 W. Taylor, Room 607. For more information, call (312) 996-7890. Students may enter during any term to complete any of the following prerequisites in the pre-human nutrition program in the College of Liberal Arts and Sciences. **This guide is based on Prairie State's 2006-08 catalog and UIC's 2007-09 catalog and is valid for students who enroll through Fall 2009.**

WORKSHEET

Enter department abbreviations and course numbers below as you complete course work. Total the hours earned for each requirement in the blank spaces along the right margin and total all transferrable hours at the bottom.

| | Dept. & Course # | Dept. & Course # | Dept. & Course # | Total Hours |
|--|------------------|------------------|--------------------|-------------|
| UNIVERSITY WRITING REQUIREMENT (6 sem. hrs.) | | | | |
| Eng 101,102 -- Composition I & II | | _____ | _____ | _____ |
| COMMUNICATION (3 sem. hrs.) | | | | |
| Comm 101 -- Principles of Communication | | | _____ | _____ |
| SCIENCES (26 sem. hrs.) | | | | |
| *Biol 111 -- Cellular & Molecular Biology | | | _____ | |
| *Biol 211 -- Microbiology | | | _____ | |
| *Chem 110 -- General Chemistry I | | | _____ | |
| *Chem 130 -- General Chemistry II | | | _____ | |
| *Chem 203 -- Organic Chemistry I | | | _____ | |
| *Biochemistry (3 sem. hrs.) No equivalent available. Course must be taken in either UIC's pre human-nutrition program or at another college or university. | | | _____ | _____ |
| MATHEMATICS (8 sem. hrs.) | | | | |
| Math 151 -- College Algebra | | | _____ | |
| *Math 153 -- Probability & Statistics | | | _____ | |
| *FOODS (3 sem. hrs.) Course must be taken in either UIC's pre-human nutrition program or at another college or university. | | | _____ | _____ |
| *NUTRITION (3 sem. hrs.) Course must be taken in either UIC's pre-nutrition program or at another college or university. | | | _____ | _____ |
| UNDERSTANDING THE CREATIVE ARTS (3 sem. hrs.) See reverse for approved courses. | | | _____ | _____ |
| UNDERSTANDING THE PAST (3 sem. hrs.) See reverse for approved courses. | | | _____ | _____ |
| SOCIOLOGY (3 sem. hrs.) | | | | |
| Socio 101 -- Introduction to Sociology | | | _____ | _____ |
| PSYCHOLOGY (3 sem. hrs.) | | | | |
| Psych 101 -- Introduction to Psychology | | | _____ | _____ |
| | | | GRAND TOTAL | _____ |

SEE REVERSE SIDE

***Course should be taken within five years of application to the program.**

COURSE SUBSTITUTION TABLE

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Use the following tables to estimate how UIC might accept any general education courses you may have already completed. Acceptable courses and credit hours may vary by institution. UIC recommends that students contact a pre-admission counselor in Undergraduate Admissions at (312) 996-4350 before choosing any courses. Only lower-division, introductory courses will be accepted for general education. **If a course is listed in more than one category, that course may only fulfill the requirement in one category.**

UIC general education requirements changed beginning in Fall 2007. Transfer students who enroll at UIC through Spring 2009 will be allowed to follow either the GE pattern used prior to Fall 2007 or the new GE pattern adopted for Fall 2007. Transfer students who enroll at UIC in Fall 2009 or later will be required to follow the GE pattern adopted for Fall 2007.

UNDERSTANDING THE CREATIVE ARTS

| | | | | | |
|---------|---------|---------------------------|-----------------|---------|------------------------------|
| Art | 121,122 | History of Western Art | English (cont.) | 252 | Intro. to Drama |
| | 129 | Art Appreciation | | 243 | Non-Western Literature |
| | 124 | History of Architecture | | 261,262 | Western World Literature |
| | 126 | History of Photography | Humanities | 101 | Comparative Religions |
| | 131 | Survey of Non-Western Art | | 201 | Humanities Themes |
| English | 211,212 | American Literature | | 202 | Form & Structure in the Arts |
| | 215 | African-American Lit. | Music | 100 | Fundamentals of Music |
| | 221 | Intro. to Poetry | | 130 | Intro. to Music Appreciation |
| | 240 | Intro. to Fiction | | 131 | Music Appreciation |
| | 271 | Intro. to Shakespeare | | 132 | American Music |
| | 231,232 | British Literature | Theatre | 101 | Understanding Theatre |
| | 241 | Contemporary World Lit. | | 104 | History of Theatre |
| | 242 | Modern Prose Fiction | | | |

UNDERSTANDING THE PAST

| | | | | | |
|--------------|---------|--------------------------|-----------------|--------------|------------------------------|
| Anthropology | 215 | Intro. to Anthropology | History (cont.) | 201,202 U.S. | History |
| English | 261,262 | Western World Lit. | | 230 | African-American History |
| | 271 | Intro. to Shakespeare | Humanities | 102 | Foundational Religious Texts |
| History | 111,112 | World History | | 201 | Humanities Themes |
| | 115,116 | African Civilizations | Theatre | 101 | Understanding Theatre |
| | 140 | History of Latin America | | 104 | History of Theatre |
| | 151,152 | History of Western Civ. | | | |