

Transfer Requirements Guide for Kinesiology – College of Lake County

UIC's undergraduate program in kinesiology offers concentrations in movement science and exercise and fitness. The movement science concentration is intended for students who want a strong academic program focusing on the human body. This degree prepares graduates for the rigors of graduate school and postgraduate professional training in areas such as medicine, occupational therapy, and physical therapy. The concentration in Exercise and Fitness prepares students for positions in the industry of fitness and exercise such as fitness club managers, specialized group fitness instructors, personal trainers, sports medicine assistants, and strength and conditioning instructors and coaches. The exercise and fitness concentration also provides a solid foundation for postgraduate work in physical therapy, occupational therapy, exercise physiology and other clinically-related graduate programs.

Transfer Admission Guidelines

In all transferrable course work applicants must earn a minimum cumulative grade point average of: 2.50/4.0 (A=4.0) and at least 24 semester hours at time of application and 36 semester hours at time of enrollment (54 quarter hours). **Admission is competitive. Minimum transfer requirements at time of application: English Composition (6) hours, Precalculus or College Algebra and Trigonometry (3-5 hours), Principles/General Biology I w/lab (4-5 hrs.), Introduction to Psychology (3-4 hrs.), one course (3 hours) in three of the following four categories: Understanding The Past, Exploring World Cultures, Understanding U.S. Society, Understanding The Creative Arts.** Transfer Admission requirements are subject to change. Students should concentrate only on the basic course requirements described below. **We strongly recommend that students choose a maximum of 60 semester hours on this guide to maximize the transferability of coursework.** Students must earn the final 60 semester hours of a bachelor degree at a baccalaureate degree granting institution. **This guide is based on College of Lake County's 2010-11 catalog and UIC's 2011-13 catalog and is valid for students who enroll through Fall 2012.**

Worksheet

Enter department abbreviations and course numbers below as you complete course work. Total the hours earned for each requirement in the blank spaces along the right margin and total all transferrable hours at the bottom.

	Dept. & Course #	Dept. & Course #	Total Hours
UNIVERSITY WRITING REQUIREMENT			
Eng 121,122 -- English Composition I & II (Required for Admission)	_____	_____	_____
ANALYZING THE NATURAL WORLD			
Bio 161 -- General Biology I (Required for Admission)	_____	_____	_____
UNDERSTANDING THE INDIVIDUAL AND SOCIETY			
Psy 121 -- Introduction to Psychology (Required for Admission)	_____	_____	_____
UNDERSTANDING THE PAST (3 sem. hrs.)			
(See reverse for approved courses)	_____	_____	_____
UNDERSTANDING THE CREATIVE ARTS (3 sem. hrs.)			
(See reverse for approved courses)	_____	_____	_____
UNDERSTANDING U.S. SOCIETY (3 sem. hrs.)			
(See reverse for approved courses)	_____	_____	_____
EXPLORING WORLD CULTURES (3 sem. hrs.)			
See reverse for approved courses.	_____	_____	_____
KINESIOLOGY COMMON CORE			
Hcm 175 -- Nutrition	_____	_____	_____
Bio 244,245 -- Anatomy and Physiology I & II	_____	_____	_____
EXERCISE AND FITNESS CONCENTRATION			
Math 144 -- Precalculus OR	_____	_____	_____
Math 122,123 -- College Algebra & Trigonometry	_____	_____	_____
(Required for Admission)			
Math 222 -- Elementary Statistics	_____	_____	_____

MOVEMENT SCIENCE CONCENTRATION

Bio 162	-- General Biology II	_____	_____	
Chem 121,123	-- General Chemistry I & II	_____	_____	
	(Highly Recommended prior to UIC enrollment)			
Chem 222	-- Organic Chemistry I		_____	
Math 145	-- Calculus and Analytic Geometry I		_____	
	(Highly Recommended for Admission)			
Math 222	-- Elementary Statistics		_____	
Phy 121	-- General Physics I		_____	_____

EXERCISE AND FITNESS CONCENTRATION

FREE ELECTIVES (10-12 sem. hrs.) _____

MOVEMENT SCIENCE CONCENTRATION

FREE ELECTIVES (9 sem. hrs.) _____

GRAND TOTAL _____

Course Substitution Table

UIC general education requirements changed beginning in Fall 2007. Transfer students who enroll at UIC through Spring 2009 will be allowed to follow either the GE pattern used prior to Fall 2007 or the new GE pattern adopted for Fall 2007. Transfer students who enroll at UIC in Fall 2009 or later will be required to follow the GE pattern adopted for Fall 2007.

Use the following tables to estimate how UIC might accept any general education courses you may have already completed. Acceptable courses and credit hours may vary by institution. UIC recommends that students contact a pre-admission counselor in Undergraduate Admissions at (312) 996-4350 before choosing any courses. Only lower-division, introductory courses will be accepted for general education. **If a course is listed in more than one category, that course may only fulfill the requirement in one category.**

UNDERSTANDING THE PAST

Anthropology	121	Intro. to Anthropology	History (cont.)	123,124	Modern Europe
	224	Intro. to Archaeology		129	Women in History
	222	Intro. to Phys. Anthropology		223	American Popular Culture
English	227	Intro. to Shakespeare		225	American Labor History
History	121,122	History of Western Civilization		240,241	Afro-American History
	221,222	U.S. History		126	Hist. of Cont. Non-Western Civ.
	127	History of Chinese Culture and Society	Theater	223	Play Analysis for Production

UNDERSTANDING U.S. SOCIETY

Criminal Justice	121	Intro. to Criminal Justice	History (cont.)	225	American Labor History
Economics	221	Macroeconomics		240,241	Afro-American History
	222	Microeconomics	Humanities	221	American Decades
English	223	Survey of Major Amer. Writers	Political Science	121	American National Politics
	229	20 th Century American Lit.		122	State & Local Politics
	128	Linguistics & Society	Sociology	121	Intro. to Sociology
	263	Early Amer. Minority Writers		222	Social Problems
	264	Mod. Amer. Minority Writers		223	Sociology of the Family
History	221,222	U.S. History		225	Class, Race & Gender
	223	American Popular Culture			

EXPLORING WORLD CULTURES

Anthropology	221	Cultural Anthropology	Humanities	128	Intro. to Middle Eastern Civ.
	121	Intro. to Anthropology		129	Intro. to East Asian Civilization
	224	Intro. to Archaeology		223	Intro. to International Film
	228	Cross-Cultural Relationships	Italian	223,224	Italian Civilization
English	228	World Literature	Philosophy	126	World Religion
	246	Latin American Writers		221	Asian Philosophy
French	223,224	French Civilization	Political Science	221	Comparative Political Systems
German	223,224	German Civilization		222	International Relations
History	127	Hist. of Chinese Cult. & Soc.	Spanish	223,224	Spanish Civilization
	126	Hist. of Count. Non-Western			

UNDERSTANDING THE CREATIVE ARTS

Art	121	Intro. to Art	Humanities	121	Intro. to Humanities I
	240,241,2	History of Art		122	Intro. to Humanities II
	42			123	Intro. to Film
	260	History of Photography		125	Intro. to Fine Arts I
English	241	Intro. to Poetry		126	Intro. to Performing Arts
	243	Intro. to Fiction		225	The Art of Dance
	227	Intro. to Shakespeare		128	Intro. to Middle Eastern Civilization
	225,226	English Literature		129	Intro. to East Asian Civilization
	223	Survey of Major American Writers		221	American Decades
	229	20 th Century American Lit.		222	Film and Society
	129	Women in Literature		223	Intro. to International Film
	263	Early Amer. Minority Writers	Italian	223,224	Italian Civilization
	264	Mod. Amer. Minority Writers	Music	124	Intro to Music
	228	World Literature		127	Fundamentals of Music
	244	Mythology and Fairy Tales		140	20 th Century Music
	246	Latin American Writers		224	Music Literature
French	223,224	French Civilization	Spanish	223,224	Spanish Civilization
German	223,224	German Civilization	Theater	223	Play Analysis for Production