

## Transfer Requirements Guide for Kinesiology – Elgin Community College

UIC's undergraduate program in kinesiology offers concentrations in movement science and exercise and fitness. The movement science concentration is intended for students who want a strong academic program focusing on the human body. This degree prepares graduates for the rigors of graduate school and postgraduate professional training in areas such as medicine, occupational therapy, and physical therapy. The concentration in Exercise and Fitness prepares students for positions in the industry of fitness and exercise such as fitness club managers, specialized group fitness instructors, personal trainers, sports medicine assistants, and strength and conditioning instructors and coaches. The exercise and fitness concentration also provides a solid foundation for postgraduate work in physical therapy, occupational therapy, exercise physiology and other clinically-related graduate programs.

### Transfer Admission Guidelines

In all transferrable course work applicants must earn a minimum cumulative grade point average of: 2.50/4.0 (A=4.0) and at least 24 semester hours at time of application and 36 semester hours at time of enrollment (54 quarter hours). **Admission is competitive. Minimum transfer requirements at time of application: English Composition (6) hours, Precalculus or College Algebra and Trigonometry (3-5 hours), Principles/General Biology I w/lab (4-5 hrs.), Introduction to Psychology (3-4 hrs.), one course (3 hours) in three of the following four categories for a total of 9 hours: Understanding The Past, Exploring World Cultures, Understanding U.S. Society, Understanding The Creative Arts.** Transfer Admission requirements are subject to change. Students should concentrate only on the basic course requirements described below. **We strongly recommend that students choose a maximum of 60 semester hours on this guide to maximize the transferability of coursework.** Students must earn the final 60 semester hours of a bachelor degree at a baccalaureate degree granting institution. **This guide is based on Elgin's 2008-09 catalog and UIC's 2009-11 catalog and is valid for students who enroll through Fall 2010.**

### Worksheet

Enter department abbreviations and course numbers below as you complete course work. Total the hours earned for each requirement in the blank spaces along the right margin and total all transferrable hours at the bottom.

	Dept. & Course #	Dept. & Course #	Total Hours
<b>UNIVERSITY WRITING REQUIREMENT</b>			
Eng 101,102      -- English Composition I & II (Required for Admissions)	_____	_____	_____
<b>ANALYZING THE NATURAL WORLD</b>			
Bio 113            -- Molecular & Cellular Bio. I (Required for Admissions)	_____	_____	_____
<b>UNDERSTANDING THE INDIVIDUAL AND SOCIETY</b>			
Psy 100            -- Introduction to Psychology (Required for Admissions)	_____	_____	_____
<b>UNDERSTANDING THE PAST</b> (3 sem. hrs.)			
(See reverse for approved courses)	_____	_____	_____
<b>UNDERSTANDING THE CREATIVE ARTS</b> (3 sem. hrs.)			
(See reverse for approved courses)	_____	_____	_____
<b>UNDERSTANDING U.S. SOCIETY</b> (3 sem. hrs.)			
(See reverse for approved courses)	_____	_____	_____
<b>EXPLORING WORLD CULTURES</b> (3 sem. hrs.)			
See reverse for approved courses.	_____	_____	_____
<b>KINESIOLOGY COMMON CORE</b>			
Bio 101            -- Nutrition for Today	_____	_____	_____
Bio 245,246      -- Human Anatomy & Physiology I & II	_____	_____	_____
<b>EXERCISE AND FITNESS CONCENTRATION</b>			
Mth 112,114      -- College Algebra & Trigonometry (Required for Admission)	_____	_____	_____
Mth 120            -- Statistics	_____	_____	_____

**MOVEMENT SCIENCE CONCENTRATION**

Bio 114	-- Organismal Bio. Evolution, Ecology		_____	
Chem 142,143	-- General Chemistry I & II	_____	_____	
	<b>(Highly Recommended prior to UIC enrollment)</b>			
Chem 234	-- Organic Chemistry I		_____	
Mth 120	-- Statistics		_____	
Mth 133	-- Calculus and Analytic Geometry I		_____	
	<b>(Highly Recommended for Admission)</b>			
Phy 101	-- General Physics I		_____	_____

**EXERCISE AND FITNESS CONCENTRATION**

**FREE ELECTIVES** (10-12 sem. hrs.) \_\_\_\_\_

**MOVEMENT SCIENCE CONCENTRATION**

**FREE ELECTIVES** (9 sem. hrs.) \_\_\_\_\_

**GRAND TOTAL** \_\_\_\_\_

**Course Substitution Table**

**UIC general education requirements changed beginning in Fall 2007. Transfer students who enroll at UIC through Spring 2009 will be allowed to follow either the GE pattern used prior to Fall 2007 or the new GE pattern adopted for Fall 2007. Transfer students who enroll at UIC in Fall 2009 or later will be required to follow the GE pattern adopted for Fall 2007.**

Use the following tables to estimate how UIC might accept any general education courses you may have already completed. Acceptable courses and credit hours may vary by institution. UIC recommends that students contact a pre-admission counselor in Undergraduate Admissions at (312) 996-4350 before choosing any courses. Only lower-division, introductory courses will be accepted for general education. **If a course is listed in more than one category, that course may only fulfill the requirement in one category.**

**UNDERSTANDING THE PAST**

Anthropology	120	Intro. to Anthropology	Humanities (cont.)	104	Classic Theatre
	210	Gen. Prehistoric Archaeology	Internl Studies	131	African Cultural History
History	101,102	History of Western Civ.		133	Asian Cultural History
	151,152	U.S. History		135	Latin American Cult. Hist.
	115,116	History of World Civ.		138	Intro. to Islamic Civilization
	130,131	History of Latin America		224	Cultural Hist. of Pacific Asia
	118	Foundations of Civilization	Literature	205	Intro. to Shakespeare
	120,121	History of Non-Western World		235	Bible as Literature
	140,141	History of Asia & the Pacific		230,231	Masterpieces of World Lit.
	201	Modern European History		241-245	Great Books
Humanities	112,113	Western Philosophy	Music	106,107	Music Literature
	124	Culture & Sci. in the West	Theater	100	Theatre Appreciation
	205	Intro. to Mythology		122	Intro. to Theatre Hist. & Lit.
	204	Intro. to Religious Studies		124	Diversity of American Drama
	101,102	Intro. to Western Hum.			

**UNDERSTANDING U.S. SOCIETY**

Anthropology	170	Archeology of the Midwest	Political Science	150,151	American Government
Economics	102	Macroeconomics	Sociology	100	Principles
	103	Microeconomics		201	Social Problems
	111	Contemporary Econ. Issues		209	Racial & Ethnic Problems
Criminal Justice	101	Intro. to Criminal Justice		210	Marriage & Family
History	151,152	U.S. History		220	Gender Roles & Social Change
	160	American Civilization			

**EXPLORING WORLD CULTURES**

Anthropology	120	Intro to Anthropology	Intl. Studies (cont.)	131	African Cultural History
	220	Cultural Anthropology		133	Asian Cultural History
	210	Gen. Prehistoric Archaeology		135	Latin American Cultural Hist.
Art	154	Survey of Non-Western Art		138	Intro. to Islamic Civilization
History	130,131	History of Latin America		224	Cultural Hist. of Pacific Asia
	118	Foundations of Civilization	Literature	210	Contemporary Multicultural Lit.
	120,121	Hist. of Non-Western World		223	Survey of Non-Western Short Story
	140,141	Hist. of Asia & Pacific		235	Bible as Literature
Humanities	103	Intro. to Non-Western Hum.	Political Science	250	Comparative Political Systems
	107	Global Perspectives on World Civilization		251	International Relations
	170	Intro. to Asian Philosophies		253	Non-Western Comparative Govt.
	201	Comparative Religions			
Internatl Studies	107	Global Perspectives	Theatre	124	Diversity of American Drama

**UNDERSTANDING THE CREATIVE ARTS**

Art	115	Art Appreciation	Literature (cont.)	216,217	Masterpieces of Engl. Lit.
	151,152,			222	American Short Story
	153	History of Art		229	Novel and Film
	154	Survey of Non-Western Art		210	Contemporary Multicultural Lit.
	155	History of Photography		223	Survey of Non-Western
Humanities	101,102	Intro. to Western Hum.			Short Story
	104	Classic Theatre		211	Intro. to Lit. by Women
	217	Aesthetics		230,231	Masterpieces of World Lit.
	103	Intro. to Non-Western Hum.		241,245	Great Books I-V
	224	Cultural Hist. of Pacific Asia	Music	104	Musics of the World
Literature	203	Intro. to Literature: Poetry		105	Music Appreciation
	202	Intro. to Literature: Drama		106,107	Music Literature
	201	Intro. to Literature: Fiction	Theatre	100	Theatre Appreciation
	205	Intro. to Shakespeare		122	Intro. To Theatre History and Lit.
	219	Contemporary Literature		124	Diversity of American Drama
	235	Bible as Literature			
	214,215	Masterpieces of American Lit.			