

## Transfer Requirements Guide for Kinesiology – Joliet Junior College

UIC's undergraduate program in kinesiology offers concentrations in movement science and exercise and fitness. The movement science concentration is intended for students who want a strong academic program focusing on the human body. This degree prepares graduates for the rigors of graduate school and postgraduate professional training in areas such as medicine, occupational therapy, and physical therapy. The concentration in Exercise and Fitness prepares students for positions in the industry of fitness and exercise such as fitness club managers, specialized group fitness instructors, personal trainers, sports medicine assistants, and strength and conditioning instructors and coaches. The exercise and fitness concentration also provides a solid foundation for postgraduate work in physical therapy, occupational therapy, exercise physiology and other clinically-related graduate programs.

### Transfer Admission Guidelines

In all transferrable course work applicants must earn a minimum cumulative grade point average of: 2.50/4.0 (A=4.0) and at least 24 semester hours at time of application and 36 semester hours at time of enrollment (54 quarter hours). **Admission is competitive. Minimum transfer requirements at time of application: English Composition (6) hours, Precalculus or College Algebra and Trigonometry (3-5 hours), Principles/General Biology I w/lab (4-5 hrs.), Introduction to Psychology (3-4 hrs.), one course (3 hours) in three of the following four categories: Understanding The Past, Exploring World Cultures, Understanding U.S. Society, Understanding The Creative Arts.** Transfer Admission requirements are subject to change. Students should concentrate only on the basic course requirements described below. **We strongly recommend that students choose a maximum of 60 semester hours on this guide to maximize the transferability of coursework.** Students must earn the final 60 semester hours of a bachelor degree at a baccalaureate degree granting institution. **This guide is based on Joliet's 2010-11 catalog and UIC's 2011-13 catalog and is valid for students who enroll through Fall 2012.**

### Worksheet

Enter department abbreviations and course numbers below as you complete course work. Total the hours earned for each requirement in the blank spaces along the right margin and total all transferrable hours at the bottom.

	Dept. & Course #	Dept. & Course #	Total Hours
<b>UNIVERSITY WRITING REQUIREMENT</b>			
Eng 101,102      -- Rhetoric I & II (Required for Admission)	_____	_____	_____
<b>ANALYZING THE NATURAL WORLD</b>			
Bio 151            -- General Biology I (Required for Admission)	_____	_____	_____
<b>UNDERSTANDING THE INDIVIDUAL AND SOCIETY</b>			
Psyc 101         -- General Psychology (Required for Admission)	_____	_____	_____
<b>UNDERSTANDING THE PAST</b> (3 sem. hrs.)			
(See reverse for approved courses)	_____	_____	_____
<b>UNDERSTANDING THE CREATIVE ARTS</b> (3 sem. hrs.)			
(See reverse for approved courses)	_____	_____	_____
<b>UNDERSTANDING U.S. SOCIETY</b> (3 sem. hrs.)			
(See reverse for approved courses)	_____	_____	_____
<b>EXPLORING WORLD CULTURES</b> (3 sem. hrs.)			
See reverse for approved courses.	_____	_____	_____
<b>KINESIOLOGY COMMON CORE</b>			
Bio 250,251      -- Human anatomy & Physiology I & II	_____	_____	_____
Heal 109         -- Principles of Normal Nutrition	_____	_____	_____
<b>EXERCISE AND FITNESS CONCENTRATION</b>			
Hpr 208           -- Introduction to Athletic Training (Equivalent to KN 331 at UIC)	_____	_____	_____
Math 142         -- Accelerated Trigonometry/Precalculus <b>OR</b>	_____	_____	_____
Math 138,139    -- Precalculus I: Algebra & Precalculus II: Trigonometry <b>(Required for Admission)</b>	_____	_____	_____
Math 128         -- Elementary Statistics	_____	_____	_____

**MOVEMENT SCIENCE CONCENTRATION**

Bio 152	-- General Biology II		_____	
Chem 101,102	-- General Chemistry I & II	_____	_____	
	<b>(Highly Recommended prior to UIC enrollment)</b>			
Chem 209	-- Organic Chemistry I		_____	
Math 128	-- Elementary Statistics		_____	
Math 170	-- Calculus w/Analytic Geometry I		_____	
	<b>(Highly Recommended for Admission)</b>			
Phys 101	-- General Physics I		_____	_____

**EXERCISE AND FITNESS CONCENTRATION**

**FREE ELECTIVES** (10-12 sem. hrs.) \_\_\_\_\_

**MOVEMENT SCIENCE CONCENTRATION**

**FREE ELECTIVES** (9 sem. hrs.) \_\_\_\_\_

**GRAND TOTAL** \_\_\_\_\_

**Course Substitution Table**

**UIC general education requirements changed beginning in Fall 2007. Transfer students who enroll at UIC through Spring 2009 will be allowed to follow either the GE pattern used prior to Fall 2007 or the new GE pattern adopted for Fall 2007. Transfer students who enroll at UIC in Fall 2009 or later will be required to follow the GE pattern adopted for Fall 2007.**

Use the following tables to estimate how UIC might accept any general education courses you may have already completed. Acceptable courses and credit hours may vary by institution. UIC recommends that students contact a pre-admission counselor in Undergraduate Admissions at (312) 996-4350 before choosing any courses. Only lower-division, introductory courses will be accepted for general education. **If a course is listed in more than one category, that course may only fulfill the requirement in one category.**

**UNDERSTANDING THE PAST**

Anthropology	101	Intro. to Anthropology	History (cont.)	201	Modern Europe
English	250	Intro. to Shakespeare		220	History of Soviet Russia
History	103,104	History of the U.S.		250	Civil War & Reconstruction
	105,106	History of Civilization		293	History of Black America
	290	History of Africa		260	History of Middle East
	240	History of Latin America		109	North American Indian Hist.
	230	History of the Middle East	Music	103	Evolution of Jazz
	170,108	World History		201,202	Music History
	200	History of Great Britain	Philosophy	102	History of Philosophy

**UNDERSTANDING U.S. SOCIETY**

Economics	103,104	Principles of Economics	Pol. Sci. (cont.)	102	American State & Local Govt.
English	260	Minority American Lit.	Sociology	101	Intro. to Sociology
History	103,104	History of the U.S.		280	Sociology of Social Problems
	109	North Amer. Indian Hist.		220	Sex, Gender & Power
	250	Civil War & Reconstruction		270	Marriage & Family
	293	History of Black America		290	Cultural Diversity in America
Law Enforcement	102	Intro. to Crim. Justice System		295	Sociology of Black America
Political Science	101	American National Govt.			

**EXPLORING WORLD CULTURES**

Anthropology	101	Intro. to Anthropology	History (cont.)	230	History of Middle East
	275	Cultural Anthropology		240	History of Latin America
English	220	Non-Western Literature		260	History of the Middle East
Geography	102	World Regional Geography		290	History of Africa
	106	Cultural Geography	Music	107	Music in World Cultures
	104	Introductory Economic Geog.	Political Science	103	Intro. to Comparative Govt.
History	109	North American Indian Hist.	Sociology	240	Intro. to Comparative Religions

**UNDERSTANDING THE CREATIVE ARTS**

Art	109	Intro. to the Visual Arts	English (cont.)	220	Non-Western Literature
	115	Intro. to Ancient & Medieval Art		250	Intro. to Shakespeare
	116	Intro. to Renaissance & Baroque Art		260	Minority American Lit.
	117	Intro. to Modern Art	Music	270	Intro. to Women Writers
	223	History of Art in Architecture		101	Exploration of Music Lit.
English	103,104	American Literature		102	Exploration of Amer. Lit.
	105,106	Survey of English Lit.		103	Evolution of Jazz
	107,108	Contemporary Literature		104	Fundamentals of Music
	190	Intro. to Film Study		107	Music in World Cultures
	108,209	Masterpieces of Western Civ.	Theatre	201,202	Music History
				101	Intro. to the Theatre