

## Transfer Requirements Guide for Kinesiology – Kankakee Community College

UIC's undergraduate program in kinesiology offers concentrations in movement science and exercise and fitness. The movement science concentration is intended for students who want a strong academic program focusing on the human body. This degree prepares graduates for the rigors of graduate school and postgraduate professional training in areas such as medicine, occupational therapy, and physical therapy. The concentration in Exercise and Fitness prepares students for positions in the industry of fitness and exercise such as fitness club managers, specialized group fitness instructors, personal trainers, sports medicine assistants, and strength and conditioning instructors and coaches. The exercise and fitness concentration also provides a solid foundation for postgraduate work in physical therapy, occupational therapy, exercise physiology and other clinically-related graduate programs.

### Transfer Admission Guidelines

In all transferrable course work applicants must earn a minimum cumulative grade point average of: 2.50/4.0 (A=4.0) and at least 24 semester hours at time of application and 36 semester hours at time of enrollment (54 quarter hours). **Admission is competitive. Minimum transfer requirements at time of application: English Composition (6) hours, Precalculus or College Algebra and Trigonometry (3-5 hours), Principles/General Biology I w/lab (4-5 hrs.), Introduction to Psychology (3-4 hrs.), one course (3 hours) in three of the following four categories for a total of 9 hours: Understanding The Past, Exploring World Cultures, Understanding U.S. Society, Understanding The Creative Arts.** Transfer Admission requirements are subject to change. Students should concentrate only on the basic course requirements described below. **We strongly recommend that students choose a maximum of 60 semester hours on this guide to maximize the transferability of coursework.** Students must earn the final 60 semester hours of a bachelor degree at a baccalaureate degree granting institution. **This guide is based on Kankakee's 2009-10 catalog and UIC's 2009-11 catalog and is valid for students who enroll through Fall 2010.**

### Worksheet

Enter department abbreviations and course numbers below as you complete course work. Total the hours earned for each requirement in the blank spaces along the right margin and total all transferrable hours at the bottom.

	Dept. & Course #	Dept. & Course #	Total Hours
<b>UNIVERSITY WRITING REQUIREMENT</b>			
Eng 1613,1623 -- English I & II (Required for Admission)	_____	_____	_____
<b>ANALYZING THE NATURAL WORLD</b>			
Bio 1514 -- General Biology I (Required for Admission)	_____	_____	_____
<b>UNDERSTANDING THE INDIVIDUAL AND SOCIETY</b>			
Psyc 1813 -- Introduction to Psychology (Required for Admission)	_____	_____	_____
<b>UNDERSTANDING THE PAST (3 sem. hrs.)</b>			
(See reverse for approved courses)	_____	_____	_____
<b>UNDERSTANDING THE CREATIVE ARTS (3 sem. hrs.)</b>			
(See reverse for approved courses)	_____	_____	_____
<b>UNDERSTANDING U.S. SOCIETY (3 sem. hrs.)</b>			
(See reverse for approved courses)	_____	_____	_____
<b>EXPLORING WORLD CULTURES (3 sem. hrs.)</b>			
See reverse for approved courses.	_____	_____	_____
<b>KINESIOLOGY COMMON CORE</b>			
Biol 2644,2654 -- Anatomy & Physiology I & II	_____	_____	_____
Hlth 1513 -- Nutrition	_____	_____	_____
<b>EXERCISE AND FITNESS CONCENTRATION</b>			
Math 1803,1814 -- College Algebra & Trigonometry (Required for Admission)	_____	_____	_____
Math 1774 -- Statistics	_____	_____	_____

**MOVEMENT SCIENCE CONCENTRATION**

Biol 1524	-- General Biology II	_____	_____	_____
Chem 1514,1524	-- General Chemistry I & II	_____	_____	_____
	<b>(Highly Recommended prior to UIC enrollment)</b>			
Chem 2714	-- Organic Chemistry I	_____	_____	_____
Math 1774	-- Statistics	_____	_____	_____
Math 2515	-- Calculus and Analytic Geometry I	_____	_____	_____
	<b>(Highly Recommended for Admission)</b>			
Phys 1514	-- General Physics I	_____	_____	_____

**EXERCISE AND FITNESS CONCENTRATION**

**FREE ELECTIVES** (10-12 sem. hrs.) \_\_\_\_\_

**MOVEMENT SCIENCE CONCENTRATION**

**FREE ELECTIVES** (9 sem. hrs.) \_\_\_\_\_

**GRAND TOTAL** \_\_\_\_\_

**Course Substitution Table**

**UIC general education requirements changed beginning in Fall 2007. Transfer students who enroll at UIC through Spring 2009 will be allowed to follow either the GE pattern used prior to Fall 2007 or the new GE pattern adopted for Fall 2007. Transfer students who enroll at UIC in Fall 2009 or later will be required to follow the GE pattern adopted for Fall 2007.**

Use the following tables to estimate how UIC might accept any general education courses you may have already completed. Acceptable courses and credit hours may vary by institution. UIC recommends that students contact a pre-admission counselor in Undergraduate Admissions at (312) 996-4350 before choosing any courses. Only lower-division, introductory courses will be accepted for general education. **If a course is listed in more than one category, that course may only fulfill the requirement in one category.**

**UNDERSTANDING THE PAST**

Anthropology	1713	Intro. to Anthropology	History (cont.)	2513	Hist. of the U.S. to 1877
	1743	Introduction to Archaeology		2523	Hist./US from 1877-Present
English	1853	Introduction to Shakespeare		2533	Latin American History
History	1513	Hist. of Western Civ. (to 1500)			(Independence to Present)
	1523	History of Western Civ. (1500-1815)	Music	1513	Music Appreciation
	1533	History of Western Civ. (1815-Present)	Spanish	2524	Spanish & Sp-Am Culture & Civ.
	1823	African-American History			

**UNDERSTANDING U.S. SOCIETY**

History	1823	African-American History	Pol. Sci. (cont.)	1523	State & Local Government
	2513	Hist/United States to 1877	Sociology	2513	Sociology
	2523	Hist/US from 1877-Present		2523	Contemporary Social Problems
Law Enforcement	1513	Intro. to Criminal Justice		2543	Race and Ethnic Relations
Political Science	1513	American Government		2553	Marriage & The Family

**EXPLORING WORLD CULTURES**

Anthropology	1713	Intro. to Anthropology	Spanish	2524	Spanish & Sp-Am Culture & Civ.
	1743	Introduction to Archaeology			
English	2613	Ancient & Medieval World Lit.		2913	Spanish Literature
	2623	Modern World Literature		2923	Spanish-American Literature
Geography	1513	World Regional Geography	Philosophy	2613	World Religions
History	2533	Latin American History (Independence to Present)			

**UNDERSTANDING THE CREATIVE ARTS**

Art	1553	Art Appreciation	English (cont.)	2613	Ancient & Medieval World Lit.
	1613	Survey of Art (Caves & Cathedrals)		2623	Modern World Literature
	1623	Survey of Art (Renaissance-Rococo)	Humanities	1513	Introduction to Humanities
				1813	African-American Cultural Expression
	1633	Survey of Art (1800-Present)	Music	1513	Music Appreciation
English	1713	Introduction to Poetry	Spanish	2913	Spanish Literature
	1853	Introduction to Shakespeare		2923	Spanish-American Literature
	2533	British Literature			