

## Transfer Requirements Guide for Kinesiology – Kishwaukee College

UIC's undergraduate program in kinesiology offers concentrations in movement science and exercise and fitness. The movement science concentration is intended for students who want a strong academic program focusing on the human body. This degree prepares graduates for the rigors of graduate school and postgraduate professional training in areas such as medicine, occupational therapy, and physical therapy. The concentration in Exercise and Fitness prepares students for positions in the industry of fitness and exercise such as fitness club managers, specialized group fitness instructors, personal trainers, sports medicine assistants, and strength and conditioning instructors and coaches. The exercise and fitness concentration also provides a solid foundation for postgraduate work in physical therapy, occupational therapy, exercise physiology and other clinically-related graduate programs.

### Transfer Admission Guidelines

In all transferrable course work applicants must earn a minimum cumulative grade point average of: 2.50/4.0 (A=4.0) and at least 24 semester hours at time of application and 36 semester hours at time of enrollment (54 quarter hours). **Admission is competitive. Minimum transfer requirements at time of application: English Composition (6) hours, Precalculus or College Algebra and Trigonometry (3-5 hours), Principles/General Biology I w/lab (4-5 hrs.), Introduction to Psychology (3-4 hrs.), one course (3 hours) in three of the following four categories for a total of 9 hours: Understanding The Past, Exploring World Cultures, Understanding U.S. Society, Understanding The Creative Arts.** Transfer Admission requirements are subject to change. Students should concentrate only on the basic course requirements described below. **We strongly recommend that students choose a maximum of 60 semester hours on this guide to maximize the transferability of coursework.** Students must earn the final 60 semester hours of a bachelor degree at a baccalaureate degree granting institution. **This guide is based on Kishwaukee's 2009-10 catalog and UIC's 2009-11 catalog and is valid for students who enroll through Fall 2010.**

### Worksheet

Enter department abbreviations and course numbers below as you complete course work. Total the hours earned for each requirement in the blank spaces along the right margin and total all transferrable hours at the bottom.

	Dept. & Course #	Dept. & Course #	Total Hours
<b>UNIVERSITY WRITING REQUIREMENT</b>			
Eng 103 -- Rhetoric and Composition (Required for Admission)	_____	_____	_____
Eng 104 -- Composition and Literature (Required for Admission)	_____	_____	_____
<b>ANALYZING THE NATURAL WORLD</b>			
Bio 208 -- Principles of Biology I (Required for Admission)	_____	_____	_____
<b>UNDERSTANDING THE INDIVIDUAL AND SOCIETY</b>			
Psyc 102 -- Introductory Psychology (Required for Admission)	_____	_____	_____
<b>UNDERSTANDING THE PAST (3 sem. hrs.)</b>			
(See reverse for approved courses)	_____	_____	_____
<b>UNDERSTANDING THE CREATIVE ARTS (3 sem. hrs.)</b>			
(See reverse for approved courses)	_____	_____	_____
<b>UNDERSTANDING U.S. SOCIETY (3 sem. hrs.)</b>			
(See reverse for approved courses)	_____	_____	_____
<b>EXPLORING WORLD CULTURES (3 sem. hrs.)</b>			
See reverse for approved courses.	_____	_____	_____
<b>KINESIOLOGY COMMON CORE</b>			
Hlt 201 -- Human Nutrition	_____	_____	_____
<b>EXERCISE AND FITNESS CONCENTRATION</b>			
Mat 150,155 -- College Algebra & Trigonometry (Required for Admission)	_____	_____	_____
Mat 208 -- Introductory Statistics	_____	_____	_____

**MOVEMENT SCIENCE CONCENTRATION**

Biol 209 -- Principles of Biology II

Che 210,211 -- General Chemistry I & II

**(Highly Recommended prior to UIC enrollment)**

Che 270,272 -- Organic Chemistry I w/Lab

Mat 208 -- Introductory Statistics

Mat 229 -- Calculus and Analytic Geometry I

**(Highly Recommended for Admission)**

Phy 250 -- General Physics I

**EXERCISE AND FITNESS CONCENTRATION**

**FREE ELECTIVES** (10-12 sem. hrs.)

**MOVEMENT SCIENCE CONCENTRATION**

**FREE ELECTIVES** (9 sem. hrs.)

**GRAND TOTAL**

**Course Substitution Table**

**UIC general education requirements changed beginning in Fall 2007. Transfer students who enroll at UIC through Spring 2009 will be allowed to follow either the GE pattern used prior to Fall 2007 or the new GE pattern adopted for Fall 2007. Transfer students who enroll at UIC in Fall 2009 or later will be required to follow the GE pattern adopted for Fall 2007.**

Use the following tables to estimate how UIC might accept any general education courses you may have already completed. Acceptable courses and credit hours may vary by institution. UIC recommends that students contact a pre-admission counselor in Undergraduate Admissions at (312) 996-4350 before choosing any courses. Only lower-division, introductory courses will be accepted for general education. **If a course is listed in more than one category, that course may only fulfill the requirement in one category.**

**UNDERSTANDING THE PAST**

Anthropology	120	Intro. to Anthropology	History (cont.)	220,222	U.S. History
	203	Intro. to Archaeology	Spanish	298	Latin American Culture
English	205	Intro. to Shakespeare	Social Science	219	Africa & Its Culture
	270	The Bible as Literature	Theatre	203	Intro. to the Theatre
History	130,132	Hist. of Western Civ.			

**UNDERSTANDING U.S. SOCIETY**

Criminal Justice	101	Intro. to Criminal Justice	Political Science	140	Intro. to Amer. Govt. & Politics
Economics	260	Macroeconomics		240	State & Local Govt.
	261	Microeconomics	Social Science	119,129	Social Sciences
	160	Intro. to Economics	Sociology	170	Intro. to Sociology
English	288	American Ethnic Lit.		200	Race & Ethnic Relations
	211,212	American Literature		219	Marriage & Family
Geography	298	Geog. of North America		283	Social Problems
History	220,222	U.S. History			

**EXPLORING WORLD CULTURES**

Anthropology	120	Intro. to Anthropology	Music	222	Exploring Non-Western World Culture
	203	Intro. to Archaeology			World Religions
	220	Intro. to Cultural Anthr.	Philosophy	198	International Relations
English	270	The Bible as Literature	Political Science	210	Intro. to Comparative Foreign Govts.
	292	Non-Western Lit. in English		250	Africa and its Culture
	293	Intro. to Latin Amer. Lit.			
	297	Contemporary World Lit.	Social Science	219	
Geography	202	World Regional Geography			

**UNDERSTANDING THE CREATIVE ARTS**

Art	282	Intro. to the Visual Arts	English (cont.)	284	Detective Fiction
	291,292,2	History of Art		286	Literature & Film
	93			287	Best Sellers as Literature
	294	History of Photography		211,212	American Literature
English	216	Intro. to Poetry		292	Non-Western Lit. in English
	206	Intro. to Fiction		293	Intro. to Latin American Lit.
	205	Intro. to Shakespeare		297	Contemporary World Lit.
	283	Images of Women	Music	100	Fundamentals of Music Theory
	288	American Ethnic Literature		130	Survey of American Music
	270	The Bible as Literature		220	Music Appreciation
	201,202	British Literature		221	Music History & Literature
	217	Intro. to Drama		222	Exploring Non-Western World Culture Through Music
	281	Crime and Punishment	Theatre	203	Intro. to the Theatre
	282	Science Fiction & Fantasy			