

## Transfer Requirements Guide for Kinesiology – McHenry County College

UIC's undergraduate program in kinesiology offers concentrations in movement science and exercise and fitness. The movement science concentration is intended for students who want a strong academic program focusing on the human body. This degree prepares graduates for the rigors of graduate school and postgraduate professional training in areas such as medicine, occupational therapy, and physical therapy. The concentration in Exercise and Fitness prepares students for positions in the industry of fitness and exercise such as fitness club managers, specialized group fitness instructors, personal trainers, sports medicine assistants, and strength and conditioning instructors and coaches. The exercise and fitness concentration also provides a solid foundation for postgraduate work in physical therapy, occupational therapy, exercise physiology and other clinically-related graduate programs.

### Transfer Admission Guidelines

In all transferrable course work applicants must earn a minimum cumulative grade point average of: 2.50/4.0 (A=4.0) and at least 24 semester hours at time of application and 36 semester hours at time of enrollment (54 quarter hours). **Admission is competitive. Minimum transfer requirements at time of application: English Composition (6) hours, Precalculus or College Algebra and Trigonometry (3-5 hours), Principles/General Biology I w/lab (4-5 hrs.), Introduction to Psychology (3-4 hrs.), one course (3 hours) in three of the following four categories for a total of 9 hours: Understanding The Past, Exploring World Cultures, Understanding U.S. Society, Understanding The Creative Arts.** Transfer Admission requirements are subject to change. Students should concentrate only on the basic course requirements described below. **We strongly recommend that students choose a maximum of 60 semester hours on this guide to maximize the transferability of coursework.** Students must earn the final 60 semester hours of a bachelor degree at a baccalaureate degree granting institution. **This guide is based on McHenry's 2009-10 catalog and UIC's 2009-11 catalog and is valid for students who enroll through Fall 2010.**

### Worksheet

Enter department abbreviations and course numbers below as you complete course work. Total the hours earned for each requirement in the blank spaces along the right margin and total all transferrable hours at the bottom.

	Dept. & Course #	Dept. & Course #	Total Hours
<b>UNIVERSITY WRITING REQUIREMENT</b>			
Eng 151,152      -- English Composition I & II (Required for Admission)	_____	_____	_____
<b>ANALYZING THE NATURAL WORLD</b>			
Bio 157            -- Fundamentals of Biology (Required for Admission)	_____	_____	_____
<b>UNDERSTANDING THE INDIVIDUAL AND SOCIETY</b>			
Psy 151            -- Introduction to Psychology (Required for Admission)	_____	_____	_____
<b>UNDERSTANDING THE PAST (3 sem. hrs.)</b>			
(See reverse for approved courses)	_____	_____	_____
<b>UNDERSTANDING THE CREATIVE ARTS (3 sem. hrs.)</b>			
(See reverse for approved courses)	_____	_____	_____
<b>UNDERSTANDING U.S. SOCIETY (3 sem. hrs.)</b>			
(See reverse for approved courses)	_____	_____	_____
<b>EXPLORING WORLD CULTURES (3 sem. hrs.)</b>			
See reverse for approved courses.	_____	_____	_____
<b>KINESIOLOGY COMMON CORE</b>			
Hfe 250            -- Nutrition for Wellness	_____	_____	_____
Bio 263,264      -- Human Anatomy & Physiology I & II	_____	_____	_____
<b>EXERCISE AND FITNESS CONCENTRATION</b>			
Mat 165            -- College Algebra & Trigonometry <b>(Required for Admission)</b>	_____	_____	_____
Mat 220            -- Statistics	_____	_____	_____
Hfe 278            -- Application of Fitness Instruction	_____	_____	_____

**MOVEMENT SCIENCE CONCENTRATION**

Bio 158	-- Evolution & Biodiversity		_____	
Chm 165,166	-- General College Chemistry I & II <b>(Highly Recommended prior to UIC enrollment)</b>	_____	_____	
Chm 265	-- Organic Chemistry I		_____	
Mat 175	-- Calculus and Analytic Geometry I <b>(Highly Recommended for Admission)</b>		_____	
Mat 220	-- Statistics		_____	
Phy 280	-- General Physics I		_____	_____

**EXERCISE AND FITNESS CONCENTRATION**

**FREE ELECTIVES** (10-12 sem. hrs.) \_\_\_\_\_

**MOVEMENT SCIENCE CONCENTRATION**

**FREE ELECTIVES** (9 sem. hrs.) \_\_\_\_\_

**GRAND TOTAL** \_\_\_\_\_

**Course Substitution Table**

**UIC general education requirements changed beginning in Fall 2007. Transfer students who enroll at UIC through Spring 2009 will be allowed to follow either the GE pattern used prior to Fall 2007 or the new GE pattern adopted for Fall 2007. Transfer students who enroll at UIC in Fall 2009 or later will be required to follow the GE pattern adopted for Fall 2007.**

Use the following tables to estimate how UIC might accept any general education courses you may have already completed. Acceptable courses and credit hours may vary by institution. UIC recommends that students contact a pre-admission counselor in Undergraduate Admissions at (312) 996-4350 before choosing any courses. Only lower-division, introductory courses will be accepted for general education. **If a course is listed in more than one category, that course may only fulfill the requirement in one category.**

**UNDERSTANDING THE PAST**

Anthropology	151	Introduction to Anthropology	History (cont.)	141	Women's History
	155	Introduction to Archaeology		165	History of Latin America
English	240	Intro to Shakespeare		170,171,	
	270	Bible as Literature		172	U.S. History
	271	Greek and Roman Mythology	Music	171,172	Music History
History	130	Ancient Civilization			
	131	Western Civilization	Theatre	151	Introduction to Theatre

**UNDERSTANDING U.S. SOCIETY**

Criminal Justice	101	Intro. to Criminal Justice	Political Science	150	Intro. to Political Thought
Economics	150	Intro. to Economics		151	U.S. Government
	210	Economic Development		155	State and Local Government
	251	Microeconomics	Sociology	101	Marriage & Family
	252	Macroeconomics		151	Introduction to Sociology
English	260	American Literature		251	Social Problems
History	170,171,				
	172	U.S. History			

**EXPLORING WORLD CULTURES**

Anthropology	151	Introduction to Anthropology	Geography (cont.)	203	Geog of the Developing World
	155	Introduction to Archaeology		204	Economic Geography
	260	Archaeology of the Ancient Near East	History	131	Western Civilization
Art	155	Survey of Non Western Art Forms		165	History of Latin America
	165	Ethnic Fold Art	Philosophy	160	Eastern Philosophy
English	253,254	World Literature		261	Religions of the World
	270	The Bible as Literature	Political Science	251	International Relations
	272	Non-Western Mythologies		255	Comparative Government
	276	Asian Literature		261	Modern Latin America
Geography	202	Geog of the Developed World		281	Introduction to Asia

**UNDERSTANDING THE CREATIVE ARTS**

Art	151	Art Appreciation	English (cont.)	270	Studies in Literature
	155	Survey of Non-Western Art		272	Non-Western Mythologies
	171	Art History I		275	Women's Lit
	172	Art History II		276	Asian Literature
	173	Art History III	Humanities	150	Humanities through the Arts
	175	History of Photography	Journalism	180	Intro to Film
English	240	Intro to Shakespeare	Music	101	Fundamentals of Music
	251	Intro to Literature		151	Music Appreciation
	253	World Lit to 1650		153	Intro to Non-Western Music
	254	World Lit 1650 to Present		154	Intro to American Music
	255	English Lit to 1800		171	Music History I
	256	English Lit 1800 to Present		172	Music History II
	260	Am Lit to 1800	Theatre	151	Introduction to Theatre