

## Transfer Requirements Guide for Kinesiology – Moraine Valley Community College

UIC's undergraduate program in kinesiology offers concentrations in movement science and exercise and fitness. The movement science concentration is intended for students who want a strong academic program focusing on the human body. This degree prepares graduates for the rigors of graduate school and postgraduate professional training in areas such as medicine, occupational therapy, and physical therapy. The concentration in Exercise and Fitness prepares students for positions in the industry of fitness and exercise such as fitness club managers, specialized group fitness instructors, personal trainers, sports medicine assistants, and strength and conditioning instructors and coaches. The exercise and fitness concentration also provides a solid foundation for postgraduate work in physical therapy, occupational therapy, exercise physiology and other clinically-related graduate programs.

### Transfer Admission Guidelines

In all transferrable course work applicants must earn a minimum cumulative grade point average of: 2.50/4.0 (A=4.0) and at least 24 semester hours at time of application and 36 semester hours at time of enrollment (54 quarter hours). **Admission is competitive. Minimum transfer requirements at time of application: English Composition (6) hours, Precalculus or College Algebra and Trigonometry (3-5 hours), Principles/General Biology I w/lab (4-5 hrs.), Introduction to Psychology (3-4 hrs.), one course (3 hours) in three of the following four categories for a total of 9 hours: Understanding The Past, Exploring World Cultures, Understanding U.S. Society, Understanding The Creative Arts.** Transfer Admission requirements are subject to change. Students should concentrate only on the basic course requirements described below. **We strongly recommend that students choose a maximum of 60 semester hours on this guide to maximize the transferability of coursework.** Students must earn the final 60 semester hours of a bachelor degree at a baccalaureate degree granting institution. **This guide is based on Moraine Valley's 2011-13 catalog and UIC's 2011-13 catalog and is valid for students who enroll through Fall 2012.**

### Worksheet

Enter department abbreviations and course numbers below as you complete course work. Total the hours earned for each requirement in the blank spaces along the right margin and total all transferrable hours at the bottom.

	Dept. & Course #	Dept. & Course #	Total Hours
<b>UNIVERSITY WRITING REQUIREMENT</b>			
Com 101,102 -- English Composition I & II (Required for Admission)	_____	_____	_____
<b>ANALYZING THE NATURAL WORLD</b>			
Bio 111 -- General Biology I (Required for Admission)	_____	_____	_____
<b>UNDERSTANDING THE INDIVIDUAL AND SOCIETY</b>			
Psy 101 -- Introduction to Psychology (Required for Admission)	_____	_____	_____
<b>UNDERSTANDING THE PAST (3 sem. hrs.)</b>			
See course substitution table for approved courses.	_____	_____	_____
<b>UNDERSTANDING THE CREATIVE ARTS (3sem. hrs.)</b>			
See course substitution table for approved courses.	_____	_____	_____
<b>UNDERSTANDING U.S. SOCIETY (3 sem. hrs.)</b>			
See course substitution table for approved courses.	_____	_____	_____
<b>EXPLORING WORLD CULTURES (3 sem. hrs.)</b>			
See course substitution table for approved courses.	_____	_____	_____
<b>KINESIOLOGY COMMON CORE</b>			
Bio 180,181,182,183 -- Human Anatomy & Physiology I & II w/labs	_____	_____	_____
Peh 172 -- Nutrition for Today	_____	_____	_____
<b>EXERCISE AND FITNESS CONCENTRATION</b>			
Peh 161 -- Health Fitness Methodology (Equivalent to KN 240 at UIC)	_____	_____	_____
Mth 141,142 -- Coll. Algebra & Trigonometric Functions (Required for Admission)	_____	_____	_____
Mth 139 -- Probability and Statistics	_____	_____	_____
<b>MOVEMENT SCIENCE CONCENTRATION</b>			
_____	_____	_____	_____

Bio 112	-- General Biology II				
Chm 131,132	-- General Chemistry I & II ( <b>Highly recommended prior to UIC Admission</b> )			_____	_____
Chm 203	-- Organic Chemistry I			_____	_____
Mth 139	-- Probability and Statistics			_____	_____
Mth 150	-- Calculus I/Analytic Geometry ( <b>Highly Recommended for Admission</b> )			_____	_____
Phy 150	-- Mechanics Heat & Sound			_____	_____
<b>EXERCISE AND FITNESS CONCENTRATION</b>					
<b>FREE ELECTIVES</b> (10-12 sem. hrs.)		_____	_____	_____	
<b>MOVEMENT SCIENCE CONCENTRATION</b>					
<b>FREE ELECTIVES</b> (9 sem. hrs.)		_____	_____	_____	_____
				<b>GRAND TOTAL</b>	_____

**Course Substitution Table**

**UIC general education requirements changed beginning in Fall 2007. Transfer students who enroll at UIC through Spring 2009 will be allowed to follow either the GE pattern used prior to Fall 2007 or the new GE pattern adopted for Fall 2007. Transfer students who enroll at UIC in Fall 2009 or later will be required to follow the GE pattern adopted for Fall 2007.**

Use the following tables to estimate how UIC might accept any general education courses you may have already completed. Acceptable courses and credit hours may vary by institution. UIC recommends that students contact a pre-admission counselor in Undergraduate Admissions at (312) 996-4350 before choosing any courses. Only lower-division, introductory courses will be accepted for general education. **If a course is listed in more than one category, that course may only fulfill the requirement in one category.**

**UNDERSTANDING THE PAST**

Anthropology	210	Intro. to Archaeology	History (cont.)	204	African-American History
History	101,102	Western Civilization		207	Illinois & Local History
	201,202	American History		210	History of Asia
	215	History of Africa	Humanities	101,102	Western Humanities
	220	History of Latin America		115	World Mythology
	230	History of the Middle East	Theater	105	Theater Appreciation
	105	The World Since 1945		110	History of the Theater
	250,251	Survey of British History		111	History of Film

**UNDERSTANDING U.S. SOCIETY**

Anthropology	205	North American Indians	Political Science	110	American National Govt.
Criminal Justice	101	Intro. to Criminal Justice	Sociology	101	General Sociology
Economics	101	Macroeconomics		102	Marriage & Family
	102	Microeconomics		103	Sociology of Poverty
History	201,202	American History		201	Sociology of Health
Literature	213,214	American Literature		202	Aging in Cont. Society
Music	106	Intro. to American Music		204	Soc. of Cont. Social Problems

**EXPLORING WORLD CULTURES**

Anthropology	202	Intro. to Cult. Anthropology	Literature	215,216	Bible as Literature
	210	Intro. to Archaeology		226	Lit. of the Non-Western World
Art	209	Survey of Non-Western Art	Political Science	210	International Relations
Geography	101	Cultural Geography		215	Comparative Government
	102	World Regional Geography		225	Non-Western Comparative Politics
History	201	Economic Geography			World Religions
	215	History of Africa	Philosophy	120	Spanish Culture & Civilization
	220	History of Latin America	Spanish	210	Latin American Culture & Civ.
	230	History of the Middle East		212	Intro. to Hispanic Literature
	204	African-American History		213	Social Science II
Humanities	210	History of Asia	Social Science	102	
	104	Non-Western Humanities			
	115	World Mythology			

**UNDERSTANDING THE CREATIVE ARTS**

Art	110	Art Appreciation	Literature (cont.)	219	Women in Literature
	205,206,208	Survey of Art		221,222	English Literature
	207	Survey of American Art		223,224	Western Literature
Humanities	209	Survey of Non-Western Art	Music	226	Lit. of the Non-Western World
	101,102	Western Humanities	Spanish	106	Intro. to American Music
	104	Non-Western Humanities		107	Music Appreciation
	120	Women in the Humanities		210	Spanish Culture & Civilization
Literature	217	Intro. to Poetry		Theater	212
	218	Intro. to Drama	213		Intro. to Hispanic Literature
	220	Intro. to Fiction	105		Theater Appreciation
	225	Shakespeare	107		Film Appreciation
	221,222	English Literature	110		History of the Theater
	213,214	American Literature	111		History of Film