

## Transfer Requirements Guide for Kinesiology – Rock Valley College

UIC's undergraduate program in kinesiology offers concentrations in movement science and exercise and fitness. The movement science concentration is intended for students who want a strong academic program focusing on the human body. This degree prepares graduates for the rigors of graduate school and postgraduate professional training in areas such as medicine, occupational therapy, and physical therapy. The concentration in Exercise and Fitness prepares students for positions in the industry of fitness and exercise such as fitness club managers, specialized group fitness instructors, personal trainers, sports medicine assistants, and strength and conditioning instructors and coaches. The exercise and fitness concentration also provides a solid foundation for postgraduate work in physical therapy, occupational therapy, exercise physiology and other clinically-related graduate programs.

### Transfer Admission Guidelines

In all transferrable course work applicants must earn a minimum cumulative grade point average of: 2.50/4.0 (A=4.0) and at least 24 semester hours at time of application and 36 semester hours at time of enrollment (54 quarter hours). **Admission is competitive. Minimum transfer requirements at time of application: English Composition (6) hours, Precalculus or College Algebra and Trigonometry (3-5 hours), Principles/General Biology I w/lab (4-5 hrs.), Introduction to Psychology (3-4 hrs.), one course (3 hours) in three of the following four categories for a total of 9 hours: Understanding The Past, Exploring World Cultures, Understanding U.S. Society, Understanding The Creative Arts.** Transfer Admission requirements are subject to change. Students should concentrate only on the basic course requirements described below. **We strongly recommend that students choose a maximum of 60 semester hours on this guide to maximize the transferability of coursework.** Students must earn the final 60 semester hours of a bachelor degree at a baccalaureate degree granting institution. **This guide is based on Rock Valley's 2009-11 catalog and UIC's 2009-11 catalog and is valid for students who enroll through Fall 2010.**

### Worksheet

Enter department abbreviations and course numbers below as you complete course work. Total the hours earned for each requirement in the blank spaces along the right margin and total all transferrable hours at the bottom.

	Dept. & Course #	Dept. & Course #	Total Hours
<b>UNIVERSITY WRITING REQUIREMENT</b>			
Eng 101,103      -- English Composition I & II (Required for Admission)	_____	_____	_____
<b>ANALYZING THE NATURAL WORLD</b>			
Bio 205            -- Principles of Biology I (Required for Admission)	_____	_____	_____
<b>UNDERSTANDING THE INDIVIDUAL AND SOCIETY</b>			
Psy 170            -- General Psychology (Required for Admission)	_____	_____	_____
<b>UNDERSTANDING THE PAST (3 sem. hrs.)</b>			
(See reverse for approved courses)	_____	_____	_____
<b>UNDERSTANDING THE CREATIVE ARTS (3 sem. hrs.)</b>			
(See reverse for approved courses)	_____	_____	_____
<b>UNDERSTANDING U.S. SOCIETY (3 sem. hrs.)</b>			
(See reverse for approved courses)	_____	_____	_____
<b>EXPLORING WORLD CULTURES (3 sem. hrs.)</b>			
See reverse for approved courses.	_____	_____	_____
<b>KINESIOLOGY COMMON CORE</b>			
Bio 281,282      -- Human Anatomy & Physiology I & II	_____	_____	_____
<b>EXERCISE AND FITNESS CONCENTRATION</b>			
Mth 132            -- Precalculus <b>OR</b>	_____	_____	_____
Mth 120,125      -- College Algebra & Trigonometry	_____	_____	_____
<b>(Required for Admission)</b>			
Mth 220            -- Elements of Statistics	_____	_____	_____

**MOVEMENT SCIENCE CONCENTRATION**

Chm 101,102	-- General Inorganic Chemistry I & II <b>(Highly Recommended prior to UIC enrollment)</b>	_____	_____	
Mth 135	-- Calculus I <b>(Highly Recommended for Admission)</b>		_____	
Phy 201	-- Mechanics and Heat		_____	
Chm 220	-- Organic Chemistry I		_____	
Mth 220	-- Elements of Statistics		_____	_____

**EXERCISE AND FITNESS CONCENTRATION**

**FREE ELECTIVES** (10-12 sem. hrs.) \_\_\_\_\_

**MOVEMENT SCIENCE CONCENTRATION**

**FREE ELECTIVES** (9 sem. hrs.) \_\_\_\_\_

**GRAND TOTAL** \_\_\_\_\_

**Course Substitution Table**

**UIC general education requirements changed beginning in Fall 2007. Transfer students who enroll at UIC through Spring 2009 will be allowed to follow either the GE pattern used prior to Fall 2007 or the new GE pattern adopted for Fall 2007. Transfer students who enroll at UIC in Fall 2009 or later will be required to follow the GE pattern adopted for Fall 2007.**

Use the following tables to estimate how UIC might accept any general education courses you may have already completed. Acceptable courses and credit hours may vary by institution. UIC recommends that students contact a pre-admission counselor in Undergraduate Admissions at (312) 996-4350 before choosing any courses. Only lower-division, introductory courses will be accepted for general education. **If a course is listed in more than one category, that course may only fulfill the requirement in one category.**

**EXPLORING WORLD CULTURES**

Anthropology	102	Introduction to Physical Anthro.	Humanities	120	Latin American Cultural Express
	103	Intro. to Cultural Anthro.		122	Spanish Cultural Expression
Art	141	Intro. to Non Western Visual Art	History	151	African History Survey
Geography	130	World Regional Geography		182	History of Eastern Civ. to 1500
Literature	140	The Bible as Literature		183	History of Eastern Civ. Since 1500
	243	Masterpieces to 1800		192	History of the World to 1750
	244	Masterpieces Since 1800		193	History of the World Since 1750
	251	Non Western Lit. to 1800	Philosophy	155	World Religions
	252	Non Western Lit. Since 1800	Political Science	269	International Relations
	260	Contemporary African Literature	Music	106	Intro. to Non Western Music
	273	French Literature in Translation	Speech	202	Intercultural Communication
	274	Spanish Literature in Translation			
	275	Latin American Literature in Trans.			

**UNDERSTANDING THE CREATIVE ARTS**

Art	131	Intro. to the Visual Arts	Literature (cont.)	201	American Literature: Civil War
	141	Intro. to Nonwestern Visual Art		202	American Literature: Present
	251	History of Art I		205	British Literature to 1800
	252	History of Art II		206	British Literature to Present
	253	History of Art III		210	Women Writers, The Early Years
Communication	251	Film History and Appreciation		211	Women Writers 19 <sup>th</sup> /20 <sup>th</sup> Century
Humanities	111	Intro. to Humanities I: 1600		241	Shakespeare
	112	Intro. to Humanities II: Present		243	Masterpieces of the World: 1800
	114	Intro. to the Humanities: Contemporary		244	Masterpieces of the World: Since 1800
	117	Ethnic Traditions in Am Theatre		251	Non Western Literature to 1800
	120	Latin American Cultural Express		252	Non Western Literature Since 1800
	121	U.S. Latino/a Cultural Express		260	Contemporary African Literature
	122	Spanish Cultural Expression		273	French Literature in Translation
	210	Western Cultural Expression: Gender/PA		274	Spanish Literature in Translation
	211	War and the Hum.: Middle Ages		275	Latin American Literature in Translation
	212	War and the Humanities: Present	Music	101	Fundamentals of Music
Literature	139	Mythology		102	Intro. to Music Literature
	140	The Bible as Literature		104	Intro. to American Music
	141	Film as Literature		106	Intro. to Non Western Music
	142	Intro. to Poetry		121	Basic Music Literature
	143	Dramatic Literature		122	Music Literature
	144	Intro. to Fiction		222	Music Literature
	155	Contemporary Literature	Theatre	133	Intro. to Theatre

**UNDERSTANDING THE PAST**

Anthropology	102	Intro. to Physical Anthro & Archea	History (cont.)	244	English History I
History	140	History of Western Civ. I		245	English History II
	141	History of Western Civ. II	Humanities	111	Humanities I: 1600
	142	History of the U.S. to 1865		112	Humanities II: Present
	143	History of the U.S. from 1865		211	War and the Humanities: Middle Age
	144	Current History 1945-Present			War and the Humanities: Present
	151	African History Survey to 1600	Literature	212	Mythology
	152	African History Survey Since 1600		139	The Bible as Literature
	182	History of Eastern Civ. to 1500		140	Shakespeare
	183	History of Eastern Civ. from 1500		241	Intro. to Political Philosophy
	192	History of the World Until 1750	Political Science	280	Intro. to Theatre
	193	History of the World Since 1750	Theatre	133	
	210	History of Women in the U.S.			

**UNDERSTANDING U.S. SOCIETY**

Criminal Justice	101	Intro. to Law Enforcement	Philosophy	156	Religion in American Society
Economics	101	Intro. to Economics	Political Science	160	American National Government
	103	Contemporary Economic Issues		161	State and Local Government
Humanities	115	Cultural Pluralism in America	Sociology	190	Intro. to Sociology
	117	Ethnic Traditions in American Theatre		290	Social Problems
History	142	History of U.S. to 1865		294	Urban Sociology
	143	History of the U.S. from 1865		295	Racial and Ethnic Relations
	152	African History Survey Since 1600		298	Sociology of Sex and Gender
Literature	201	American Lit: Civil War		299	Marriage and the Family
	202	American Lit: Present			