

## Transfer Requirements Guide for Kinesiology – Sauk Valley Community College

UIC's undergraduate program in kinesiology offers concentrations in movement science and exercise and fitness. The movement science concentration is intended for students who want a strong academic program focusing on the human body. This degree prepares graduates for the rigors of graduate school and postgraduate professional training in areas such as medicine, occupational therapy, and physical therapy. The concentration in Exercise and Fitness prepares students for positions in the industry of fitness and exercise such as fitness club managers, specialized group fitness instructors, personal trainers, sports medicine assistants, and strength and conditioning instructors and coaches. The exercise and fitness concentration also provides a solid foundation for postgraduate work in physical therapy, occupational therapy, exercise physiology and other clinically-related graduate programs.

### Transfer Admission Guidelines

In all transferrable course work applicants must earn a minimum cumulative grade point average of: 2.50/4.0 (A=4.0) and at least 24 semester hours at time of application and 36 semester hours at time of enrollment (54 quarter hours). **Admission is competitive. Minimum transfer requirements at time of application: English Composition (6) hours, Precalculus or College Algebra and Trigonometry (3-5 hours), Principles/General Biology I w/lab (4-5 hrs.), Introduction to Psychology (3-4 hrs.), one course (3 hours) in three of the following four categories: Understanding The Past, Exploring World Cultures, Understanding U.S. Society, Understanding The Creative Arts.** Transfer Admission requirements are subject to change. Students should concentrate only on the basic course requirements described below. **We strongly recommend that students choose a maximum of 60 semester hours on this guide to maximize the transferability of coursework.** Students must earn the final 60 semester hours of a bachelor degree at a baccalaureate degree granting institution. **This guide is based on Sauk Valley's 2010-12 catalog and UIC's 2011-13 catalog and is valid for students who enroll through Fall 2012.**

### Worksheet

Enter department abbreviations and course numbers below as you complete course work. Total the hours earned for each requirement in the blank spaces along the right margin and total all transferrable hours at the bottom.

	Dept. & Course #	Dept. & Course #	Total Hours
<b>UNIVERSITY WRITING REQUIREMENT</b>			
Eng 101,103      -- English Composition I & II (Required for Admission)	_____	_____	_____
<b>ANALYZING THE NATURAL WORLD</b>			
Bio 105            -- Principles of Biology I (Required for Admission)	_____	_____	_____
<b>UNDERSTANDING THE INDIVIDUAL AND SOCIETY</b>			
Psy 103            -- Introduction to Psychology (Required for Admission)	_____	_____	_____
<b>UNDERSTANDING THE PAST (3 sem. hrs.)</b>			
(See reverse for approved courses)	_____	_____	_____
<b>UNDERSTANDING THE CREATIVE ARTS (3 sem. hrs.)</b>			
(See reverse for approved courses)	_____	_____	_____
<b>UNDERSTANDING U.S. SOCIETY (3 sem. hrs.)</b>			
(See reverse for approved courses)	_____	_____	_____
<b>EXPLORING WORLD CULTURES (3 sem. hrs.)</b>			
See reverse for approved courses.	_____	_____	_____
<b>KINESIOLOGY COMMON CORE</b>			
Bio 109,110      -- Human Anatomy & Physiology I & II	_____	_____	_____
Ped 115            -- Nutrition and Diet Therapy	_____	_____	_____
<b>EXERCISE AND FITNESS CONCENTRATION</b>			
Mat 121,122      -- College Algebra & Trigonometry (Required for Admission)	_____	_____	_____
Mat 240            -- Elementary Statistics	_____	_____	_____

**MOVEMENT SCIENCE CONCENTRATION**

Che 105,106	-- General Chemistry I & II <b>(Highly Recommended prior to UIC enrollment)</b>	_____	_____	
Che 201	-- Organic Chemistry I		_____	
Mat 203	-- Calculus and Analytic Geometry I <b>(Highly Recommended for Admission)</b>		_____	
Mat 240	-- Elementary Statistics		_____	
Phy 201	-- General Physics I		_____	_____

**EXERCISE AND FITNESS CONCENTRATION**

**FREE ELECTIVES** (10-12 sem. hrs.) \_\_\_\_\_

**MOVEMENT SCIENCE CONCENTRATION**

**FREE ELECTIVES** (9 sem. hrs.) \_\_\_\_\_

**GRAND TOTAL** \_\_\_\_\_

**Course Substitution Table**

**UIC general education requirements changed beginning in Fall 2007. Transfer students who enroll at UIC through Spring 2009 will be allowed to follow either the GE pattern used prior to Fall 2007 or the new GE pattern adopted for Fall 2007. Transfer students who enroll at UIC in Fall 2009 or later will be required to follow the GE pattern adopted for Fall 2007.**

Use the following tables to estimate how UIC might accept any general education courses you may have already completed. Acceptable courses and credit hours may vary by institution. UIC recommends that students contact a pre-admission counselor in Undergraduate Admissions at (312) 996-4350 before choosing any courses. Only lower-division, introductory courses will be accepted for general education. **If a course is listed in more than one category, that course may only fulfill the requirement in one category.**

**UNDERSTANDING THE PAST**

English	220,221	The Bible as Literature	History (cont.)	265	Survey of Latin American Hist.
History	131,132	Western Civilization	Humanities	210	Intro. to the Humanities I
	221,222	American History	Music	150	Music History and Literature
	235	Survey of Middle Eastern Hist.	Sociology	115	Intro. to Anthropology
	245	Survey of Asian & Pacific Hist.	Speech	141	Intro. to Theatre
	255	Survey of African History			

**UNDERSTANDING U.S. SOCIETY**

Criminal Justice	101	Introduction to Criminal Justice	Govt. (cont.)	164	State & Local Govt. & Pol.
Economics	211	Principles of Economics		235	Political Parties
	212	Problems with Economics	History	221,222	American History
English	215	African American Literature	Humanities	150	Amer. Ethnic and Cultural Express
	225,226	American Literature	Sociology	111	Intro. to Sociology
	230	Minority American Literature		112	Social Problems
Government	163	American Govt. & Politics			

**EXPLORING WORLD CULTURES**

English	217	Intro. to World Literature	History (cont.)	255	Survey of African History
	220,221	The Bible as Literature		265	Survey of Latin American History
Geography	122	World Geography	Philosophy	104	World Religions
Government	232	Intro. to Comparative Govern	Sociology	115	Intro. to Anthropology
	261	International Relations		116	General Cultural Anthropology
History	235	Survey of Middle Eastern History			
	245	Survey of Asian and Pacific History			

**UNDERSTANDING THE CREATIVE ARTS**

Art	119	Survey of Western Art	English (cont.)	225,226	American Literature
	120	Prehistoric – Medieval Art		227,228	British Literature
	121	Renaissance, Baroque, Rococo		230	Minority American Literature
	122	Modern Art	Humanities	112	Film Appreciation
English	201	Fiction		150	American Ethnic and Cultural
	203	Poetry		210	Intro. to Humanities I
	204	Drama		211	Intro. to the Humanities II
	212	Women in Literature	Music	101	Fundamentals of Music
	215	African American Literature		150	Music History and Literature
	217	Intro. to World Literature		201	Music Appreciation
	220,221	The Bible as Literature	Speech	141	Intro. to Theatre