

## Transfer Requirements Guide for Kinesiology – Southern Illinois University at Carbondale

UIC's undergraduate program in kinesiology offers concentrations in movement science and exercise and fitness. The movement science concentration is intended for students who want a strong academic program focusing on the human body. This degree prepares graduates for the rigors of graduate school and postgraduate professional training in areas such as medicine, occupational therapy, and physical therapy. The concentration in Exercise and Fitness prepares students for positions in the industry of fitness and exercise such as fitness club managers, specialized group fitness instructors, personal trainers, sports medicine assistants, and strength and conditioning instructors and coaches. The exercise and fitness concentration also provides a solid foundation for postgraduate work in physical therapy, occupational therapy, exercise physiology and other clinically-related graduate programs.

### Transfer Admission Guidelines

In all transferrable course work applicants must earn a minimum cumulative grade point average of: 2.50/4.0 (A=4.0) and at least 24 semester hours at time of application and 36 semester hours at time of enrollment (54 quarter hours). **Admission is competitive. Minimum transfer requirements at time of application: English Composition (6) hours, Precalculus or College Algebra and Trigonometry (3-5 hours), Principles/General Biology I w/lab (4-5 hrs.), Introduction to Psychology (3-4 hrs.), one course (3 hours) in three of the following four categories for a total of 9 hours: Understanding The Past, Exploring World Cultures, Understanding U.S. Society, Understanding The Creative Arts.** Transfer Admission requirements are subject to change. Students should concentrate only on the basic course requirements described below. **We strongly recommend that students choose a maximum of 60 semester hours on this guide to maximize the transferability of coursework.** Students must earn the final 60 semester hours of a bachelor degree at a baccalaureate degree granting institution. **This guide is based on SIUC's 2009-10 catalog and UIC's 2009-11 catalog and is valid for students who enroll through Fall 2010.**

### Worksheet

Enter department abbreviations and course numbers below as you complete course work. Total the hours earned for each requirement in the blank spaces along the right margin and total all transferrable hours at the bottom.

	Dept. & Course #	Dept. & Course #	Total Hours
<b>UNIVERSITY WRITING REQUIREMENT</b>			
Eng 101,102	-- English Composition I & II (Required for Admission)	_____	_____
<b>ANALYZING THE NATURAL WORLD</b>			
Biol 200A	-- Cell & Molecular Biology (Required for Admission)	_____	_____
<b>UNDERSTANDING THE INDIVIDUAL AND SOCIETY</b>			
Psy 102	-- Introduction to Psychology (Required for Admission)	_____	_____
<b>UNDERSTANDING THE PAST (3 sem. hrs.)</b>			
(See reverse for approved courses)		_____	_____
<b>UNDERSTANDING THE CREATIVE ARTS (3 sem. hrs.)</b>			
(See reverse for approved courses)		_____	_____
<b>UNDERSTANDING U.S. SOCIETY (3 sem. hrs.)</b>			
(See reverse for approved courses)		_____	_____
<b>EXPLORING WORLD CULTURES (3 sem. hrs.)</b>			
See reverse for approved courses.		_____	_____
<b>KINESIOLOGY COMMON CORE</b>			
Phsl 301,310	-- Human Anatomy & Physiology I & II	_____	_____
Hnd 215	-- Introduction to Nutrition	_____	_____
<b>EXERCISE AND FITNESS CONCENTRATION</b>			
Math 111	-- Precalculus <b>OR</b>	_____	_____
Math 108,109	-- College Algebra & Trigonometry	_____	_____
	<b>(Required for Admission)</b>		
Math 282	-- Introduction to Statistics	_____	_____

**MOVEMENT SCIENCE CONCENTRATION**

Biol 200B	-- Organismal & Ecological Biology		_____	
Chem 200,201				
210,211	-- General Inorganic College Chemistry I & II w/Labs <b>(Highly Recommended prior to UIC enrollment)</b>	_____	_____	
Math 150	-- Calculus I <b>(Highly Recommended for Admission)</b>		_____	
Phys 203A,253A	-- General Physics I w/Lab		_____	
Chem 340,341	-- Organic Chemistry I w/Lab		_____	
Math 282	-- Introduction to Statistics		_____	_____

**EXERCISE AND FITNESS CONCENTRATION**

**FREE ELECTIVES** (10-12 sem. hrs.) \_\_\_\_\_

**MOVEMENT SCIENCE CONCENTRATION**

**FREE ELECTIVES** (9 sem. hrs.) \_\_\_\_\_

**GRAND TOTAL** \_\_\_\_\_

**Course Substitution Table**

**UIC general education requirements changed beginning in Fall 2007. Transfer students who enroll at UIC through Spring 2009 will be allowed to follow either the GE pattern used prior to Fall 2007 or the new GE pattern adopted for Fall 2007. Transfer students who enroll at UIC in Fall 2009 or later will be required to follow the GE pattern adopted for Fall 2007.**

Use the following tables to estimate how UIC might accept any general education courses you may have already completed. Acceptable courses and credit hours may vary by institution. UIC recommends that students contact a pre-admission counselor in Undergraduate Admissions at (312) 996-4350 before choosing any courses. Only lower-division, introductory courses will be accepted for general education. **If a course is listed in more than one category, that course may only fulfill the requirement in one category.**

**UNDERSTANDING THE PAST**

African American History	Western Civilization	History of France
Intro to Archaeology	U.S. History	History of Spain
Intro. to Anthropology	World History	History of Poland
Greek Civilization	East Asian Civilization	Native American Studies
Roman Civilization	Latin American History	Intro to Theatre
Intro. to Shakespeare	Middle Eastern Civilization	
Cultural History of Modern Greece	European History	

**UNDERSTANDING U.S. SOCIETY**

African American History	Native American Literature	Native American Studies
Intro. to African American Literature	Asian American Literature	Intro. to American Government & Politics
Intro. to Criminal Justice	Geography of the U.S. & Canada	Intro. to Sociology
Microeconomics	U.S. History	Social Problems
Macroeconomics	Intro. to Latino Studies	Intro. to Urban Studies

**EXPLORING WORLD CULTURES**

Intro. to Archaeology	World History	Native American Studies
Intro. to Social & Cultural Anthropology	East Asian Civilization	Intro. to Comparative Politics
French Literature in Translation	Intro to North American Indian History	International Relations
Intro. to French Literature	African Civilization	Spanish Literature in Translation
World Regional Geography	Latin American History	
Intro. to Cultural Geography	Middle Eastern Civilization	

**UNDERSTANDING THE CREATIVE ARTS**

African American Literature	English & American Fiction	Polish Literature in Translation
Art History	Intro. to Shakespeare	Russian Literature in Translation
Greek Civilization	Intro. to Germanic Cultures & Literature	Intro. to Russian Cinema
American Literature	Italian Cinema	Latin American Literature in Translation
British Literature	Intro. to Music	Intro. to Theatre
English & American Poetry	Music Theory	French Literature
English & American Drama	Music Literature	