

The Ampersand

UIC Honors College

October 2000

Important Upcoming Dates

Registration Assignments Mailed	Oct. 23
Fall Semester Luncheon	Oct. 26
HCAB Halloween Social	Oct. 27
HCAB's Make a Difference Day	Oct. 28
Timetable Available	Oct. 30
Study Abroad Info. Session	Oct. 30
Spring Semester Registration Begins	Nov. 13
ASB Auction	Nov. 15

A Message From the Dean

I must personally inform you of my decision not to seek another term as Dean of the Honors College. I have officially notified the Provost and the Chancellor, and a search committee will soon be formed to seek candidates and recruit a finalist.

I thank those students and faculty members who have expressed their appreciation for what we have conjointly achieved in our efforts to make this college better and better. It has been a most rewarding and enjoyable experience for me to collaborate, to serve, and to inspire. But there is a time to assume leadership positions and to know when to relinquish them for other equally significant responsibilities. It goes without saying that we are spending together the remainder of the academic year, and I look forward to more progress and success in our various endeavors. Good luck.

Lansiné Kaba
Dean

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Spring Semester Registration Information

Spring semester registration materials, including your registration date, will be sent to all students starting on Monday, October 23rd. The spring semester timetable is scheduled to be available on-line beginning the week of October 23rd; printed copies will be available beginning Monday, October 30th at the bookstore in CCC. Registration begins on Monday, November 13th, and continues through Monday, December 4th.

According to your earned credit hours, students may register as follows:

Seniors (90 or more hrs.)	November 13 – 15
Juniors (60 through 89 hrs.)	November 16 – 20
Sophomores (30 through 59 hrs.)	November 21 – 27
Freshmen (under 30 hrs.)	November 29 – December 1

You may register via UIC Express by calling (312) 413-8429, or the Student Access System on-line on the UIC Home page by clicking on "Current Students," then "Student access System." Follow the instructions on the screen to take you through the registration process.

Mandatory Freshman Advising

All Honors College freshmen (first year students) are required to meet with an Honors College advisor prior to registering for spring semester classes. You may schedule an appointment for this mandatory advising session by calling the Honors College front desk at 413-2260.



Tony Award Winning Playwright Opens New Production at UIC!

Well, not yet, anyway! But keep an eye out for the name **Mircea Stefancu** in the future. The Honors College Theatre major has written and is directing a new play, "Four Chairs Plus One." The characters of "Four Chairs Plus One" are raw pieces of truth still twitching, part of a denied reality that fight to survive with their last breaths. The play is about loneliness, madness, despair, and in the end...love. It's a romance brought to extreme, stripped of all pretense and glamour. It's a tribute to Pirandello, to Ionesco, and to the human spirit.

This is Stefancu's first production as a director at UIC, although he has acted in theatre, as well as television and film, and written three plays. He is also a make-up artist, working with the Chicago Opera Theatre, Boston Lyric Opera and Victory Gardens Theatre. At UIC, he served as the stage manager for "Cloud 9," "Woyzeck," and "Phone Sex and Other Bedtime Stories." Currently he is the stage manager for "Misalliance" at UIC, and make-up artist for Chicago Opera Theatre's "Orpheus."

Details of the production are as follows:

Cast: Chris Huse, Julia Hagermeyer, Mendy Stynchula, Julie Anne West, and Cynthia Zegarra.

Previews: October 27th and 28th at 7:30 p.m.

Shows: November 13th, 14th and 15th at 7:30 p.m.

Studio Theatre: L467 ECSW Building.

All performances are free. A \$2 donation is suggested.



Honors Floor Supports Breast Cancer Awareness Month

by Tracy Nicholson

On Thursday, October 12th, Honors Floor CMW 1E hosted an informational social in support of Breast Cancer Awareness Month. The atmosphere was light as Jamiroquai played through the halls and students floated in and out to grab information and fruit.

The event was an opportunity to inform residents of the many facts surrounding breast cancer. Many times when breast cancer is mentioned, one immediately thinks of every woman in their family; however, many students learned that men could also be affected. Even though many students are still too young to begin regular mammograms, the risk factors affect everyone. To ensure our continued good health we must start now in our years of adolescence by ending the high risk that we place ourselves in.

The social helped alleviate many myths while also serving as a way to come together and discuss students' concerns about breast cancer, and the issues around treatment and research. As a thank-you, all who stopped by were entered into a raffle and a lucky winner was picked at the end.

If you would like more information about breast cancer, please visit <http://www.cancer.org> or do a search on the net if you would like more sites. Until then, regular self-examinations can help detect lumps in the breast (prominent early symptoms) for both women and men.



Fight for the Cure

Turn to page 6 find out more about Cafe Ba-Ba-Reeba!

Arun Reddy Selected as Student Laureate

Senior Economics major **Arun Reddy** has been selected as UIC's Student Laureate. Reddy was selected for his excellence in curricular and extracurricular activities at UIC.

Each year, an outstanding senior from each of the four-year degree-granting institutions of higher learning in Illinois is awarded the Student Lincoln Academy Medallion. The purpose of the Lincoln Academy, originally formed in 1967, is to honor living Illinoisans who have exhibited outstanding achievement in various fields.

A faculty or staff member must nominate students. Reddy's nomination letter reads, in part, "*as a Student Member of the Board of Trustees*) he has been an advocate for students and their need for quality library resources, services, technology, and facilities. Through it all, he has always maintained respect for people and positions in trying to move ahead on his agenda of goals and projects."

Reddy will travel to the State Capitol Building in Springfield on October 28th to receive this award, which includes a Lincoln Academy Medallion and a check for \$150 from Governor George Ryan, President of the Academy.

Congratulations, Arun!



Student Faculty Luncheon to Feature Tapas

Come sample tapas, the delicious hot and cold appetizers of Spain at this semester's Honors College Student Faculty Luncheon. Beginning at 11:30 a.m. on Thursday, October 26th, join us in the Academic Resource center (Burnham Hall's lower level) for lunch featuring the delicious cuisine of *Café Ba-Ba-Reeba!*, the popular Lincoln Park restaurant.

Be sure to invite your Honors College Fellow or honors course instructor!

And Now...YOUR ASB Auction!

Mark your calendars now for Wednesday, November 15th. That's the day you will have an opportunity to hear Ray Clay, Director of Campus Recreation – and the voice of the Chicago Bulls - auction off many fabulous items at the Third Annual ASB Auction! This exciting event will take place in the Cardinal Room of CCC, beginning at 2:00 p.m. when the silent auction gets underway. The live auction starts at 6:00 p.m. In addition to the auction itself, come enjoy refreshments, music, and more surprises!

To date, items up for bid include:

- Overnight accommodations at two downtown hotels
 - Nordic Track
 - Restaurant gift certificates
 - One hour ride in a privately owned & piloted single engine plane
 - Chicago Blackhawks tickets
 - Chicago Bulls tickets
 - Rounds of golf
 - Acupuncture treatment from Chicago Acupuncture Clinic
 - Field Museum family passes
 - Salsa dance lessons
- ...and much, much more!

Last year's auction netted ASB over \$6,000, which was used to subsidize more than 100 students volunteering 4,800 hours of service at eight different sites across the country over winter and spring breaks. We've set our fundraising goals much higher this year, so come on out and support a good cause – and have fun and take home some exciting items.



Krispy Kremes...Mmmmm!

by Matt Wang

“You’re going to get donuts at 3:00 in the morning? Are you crazy?” I soon found out that Krispy Kreme doughnuts are worth the trip! I didn’t believe it either until I tried them myself...and what an experience! Let me tell you, for the small price of 200 calories and 10 grams of fat, you can be on your way to heavenly doughnut bliss! Only problem is, they have a bad habit of being like Pringles and before you know it the whole dozen is gone. (*Don't ask me how I know this!*)

Founded in 1937 in Winston-Salem, North Carolina, the Krispy Kreme phenomena has made its way around the nation and has recently become a national fad. The band Barenaked Ladies liked them so much, they even sang an ode to their beloved doughnuts.

So what is so special about these doughnuts that's got everyone so excited? Krispy Kremes are simply the softest and sweetest doughnuts that you will ever eat. If you visit a Krispy Kreme store, you'll see hundreds of them being pumped out and they sell so fast that when you buy them, they are almost always fresh and hot. If you've never heard of them, don't worry; they're only starting to open up in Illinois. All of their store locations (4 in the Chicago area!) can be found at www.krispykreme.com. This site is also chock-full of information about the history of the company, and it also offers Krispy Kreme t-shirts and hats for sale.

And, if you live too far away from one, fear not, because HCAB (Honors College Advisory Board) will be having another fundraising sale soon - featuring none other than your favorite diet busting snack: Krispy Kreme Doughnuts!



Music to Your Ears

If you're walking through the Honors College lower level on Thursday evenings around eight o'clock, you might hear something very new to the Honors College. A chamber orchestra, led by Philip Simmons, Music Director of the Lincolnwood Chamber Orchestra, Lake Shore Symphony Orchestra, and Artistic Director of American Music Festivals, has recently begun rehearsals for its first concert on November 16th. The orchestra is open to all university students of demonstrated ability.

If you're interested in joining the orchestra, contact **Mateusz Zagata** at zmateu1@uic.edu for further information.

Alternative Spring Break (ASB) is now entering its third successful year at UIC. We are a student run organization that seeks to educate student volunteers about specific social issues by immersing them in diverse cultures and environments across the country by engaging in hands-on service projects.

For more information about ASB, or to donate an item or service for our auction, contact **Kristin Kuldane** at kkulda1@uic.edu, or visit our website: http://www2.uic.edu/stud_orgs/service/asb/

The Honors College: A Treasure Chest Full of Opportunities

by Sachin Jain

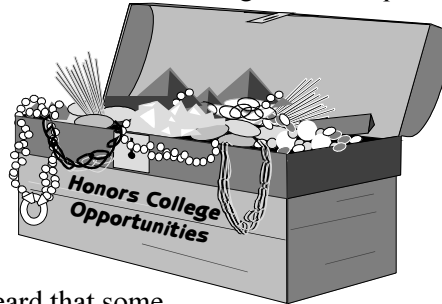
Being a third year student at UIC has been an up and down experience for me; as a biological sciences major and part of the GPPA program, my options for classes have been limited to boring science classes that often require the regurgitation of boring, esoteric facts that are days after the midterm. However, one of the most enriching experience I have had at UIC has been being a member of the Honors College.

Many students around UIC question the purpose of the Honors College, and cast it off as an elitist organization open to those who can meet a certain GPA requirement. Additionally, I have heard that some Honors College students feel that there is nothing to the Honors College, that it simply there to recognize academically talented students without providing them with any benefits. Those who share this view have not taken the time to find out exactly what the Honors College has to offer.

Personally, I find that the Honors College has afforded me a chance to meet many talented students who have a plethora of ambitions and interests. The Honors College also provides a limitless forum for students who want to expand their horizons outside the classroom There are countless options, ranging from studying abroad to joining organizations such as the New Life Volunteering Society, a dedicated body of students who devote their Saturday mornings helping out the less fortunate. Other opportunities include helping children with homework through the NBC Homework Hotline, getting involved in research as an undergrad, and taking advantage of the numerous scholarships available to Honors College students.

Additionally, many Honors College students take part in the myriad of study abroad programs offered at UIC. A prime example of this would be the Great Cities London program, where students spend a summer in London doing a research project on urban issues, comparing and contrasting the cities of Chicago and London. Every student that I have talked to has had such a memorable and enjoyable experience after coming back from this exciting program.

If you have not realized the benefits that the Honors College can provide for a student, I would ask you where you have been for the past couple of years. It only takes a little bit of effort to discover the chest full of treasures that the Honors College has to offer.



YOU Can Make a Difference

by Cherie Siu

It's Halloween season once again. Golden leaves. Grinning pumpkins. Sure enough, it's October. By now, everyone's cramming for midterms or furiously writing those last-minute papers.

The Honors College Advisory Board is taking a break from all that schoolwork to celebrate Make a Difference Day on Saturday, October 28th from 10 a.m. to 3 p.m. Join us as we go to the Misericordia Home to put on a Halloween Fair for the residents of Misericordia, an organization that provides support for children and adults with disabilities.

It'll be a day to remember, a day full of magic, mystique, and imagination. Come help us bob for apples. Try your hand at pinning the broom on the witch. Make your own mask and spook yourself out. We'll be doing all these activities and much more with the children of Misericordia to bring out the Halloween spirit within all of us.

So what are you waiting for? Take a break from studying and email Anisha at ashett1@uic.edu to get more information and to sign up today!

For more information about Misericordia, visit their web site at: <http://www.misericordia.org/>



Study Abroad Information Session on October 30th

Interested in studying halfway across the world? Find out about some of your options on Monday, October 30th at 3:00 p.m. in the Honors College Conference Room (Room 114 BH) at the Study Abroad Information Session. Study Abroad staff and advisors, as well as study abroad alums will be on hand to answer questions and provide you with information about the various programs available to UIC students.

Contemporary Issues in Urban China is a new summer program that will begin next year. The program runs from May 26 – July 7, 2001, and will take place in Beijing. Information about summer programs in both Berlin and London will also be highlighted.

Come find out about these exciting programs – and many more!

For more information, visit the Study Abroad web site: <http://studyabroad.pages.uic.edu>

The Insanity of My Freshman Year

by *Amie Hayat*

My freshman experience, so far, has been more than I could have ever imagined it to be. Life has been turned upside down and inside out. I've learned so much more about life. When I arrived at college, my friends explained more about life to me. I was supposed to become less confused, but instead, I became even more confused! Not only that, but the people around me tried to lessen my confusion and then became confused themselves. If confusion was not enough, insanity was at a peak.

Insanity is a part of daily life for me now. I enjoy going out to the lake at 3:00 a.m., ruining my leather coat by throwing it into the lake, being attacked by lake weed, staying up until 12:00 p.m. the next day, all within nine hours (normal sleeping hours for most, except for me and my insane friends). That is nothing compared to deciding to drive to Urbana-Champaign at 8:00 p.m. on a Sunday night, and returning home at four in the morning with homework still to do for Monday classes. There are so many more stories but they are not appropriate for this article (come talk to me I'll tell them all to you).

On a more serious note, the best thing about college is the diversity and kindness of my friends. I'm lucky to have met so many friendly people. They are willing to help, advise, and simply have fun with me. Their friendship is very valuable and important.

All in all, I think college has had a positive effect on me. If all the things I do don't kill me, they will eventually make me stronger and more superior than my upper classmen!

Camp Horizon

by *Anchal Sud*

In the middle of July, I spent a week at a camp sponsored by the Association of Horizon. Camp Horizon serves mentally and physically disabled adults from all over the country. This experience forever changed my perspective of life and my thoughts on the meaning of disability. One of the most important things I learned was the daily difficulty that the disabled face. They must persevere through countless challenges and keep trying harder to attain their goals. However, they are constantly made to feel inferior to the general public and never feel completely as a part of society. Many disabled adults live in assisted living programs, where specialized nurses and doctors care for them. However, they are forced to live in a daily routine severely lacking social interaction. They are certainly viewed differently by society and avoided by many people in the general public.

Until I came to Camp Horizon, I think I was one of the people who failed to understand the similarities among all people. After spending a week taking care of Chris, a woman who was struck with multiple sclerosis, however, I learned that all people desire the same things in life. We all hope for success, human companionship, and acceptance by society. However, the disabled face a greater challenge in attaining these goals.

As I took care of Chris, I began to realize how much M.S. had changed her life. After graduating from the University of Chicago and attaining her graduate degree in psychology, she began to work as social worker. Raising a family while working, she was also active in several community charities. However, after being diagnosed with M.S., her symptoms grew progressively worse. She no longer could drive, had great difficulty moving her legs and fingers, and slowly began to have slurred speech. Multiple sclerosis, a condition in which the myelin sheath of nerve cells degenerates, often leads to slow response time as well as an inability to move and control several muscles. M.S. had changed her life—she could no longer work, drive, or play tennis, her favorite sport.

As we went on walks, made crafts, painted, and participated in other activities, I learned that she had now grown accustomed to her new lifestyle. If I had been in her shoes, I think I would have constantly questioned my fate and future. However, each day for Chris is a day to give thanks and a day to battle even harder against a disease which she has no control over. I was amazed that through all the things she had suffered, she never lost her zest for life. She was excited to leave her wheelchair to go boating in Lake Hastings, as well as play cards and chess. She told me that her new lifestyle was just as great as her old, though I inferred her longing to be able to walk again.

By volunteering at Camp Horizon, I was not only able to give Chris an interruption from her daily lifestyle, but also learned the true meaning of hard work. Taking care of an adult with M.S. is quite laborious; yet I grew to appreciate my abilities. Camp Horizon is a great way to bridge the gap between the disabled and the general public. It offered a way to transcend barriers present initially between Chris and me, and also offered the 200 adults a way to escape from their daily routines back home. I learned that sooner or later, everyone needs help in life, and we should serve others in need while we are still able.



Let's Eat!

Yanase

818 N. State Street

(312) 664-1371

If you like reasonably priced Japanese food, this is the place for you. A fanatic myself, I was thrilled when I discovered Yanase. There is a small sit down “bar” where customers can order their food and wait. There is also traditional seating on tatami mats upstairs and more conventional tables and chairs.

Although I’m allergic to seafood, I’m told by friends that the sushi is quite good, and it’s fun to watch it being made. Besides seafood, there are numerous other dishes for you to try. These range from common teriyakis to noodle soups that are my personal favorite, to tempura, a dish of fried vegetables and shrimp. All of these are quite authentic, unlike the Japanese fast food found in some malls. I can personally recommend trying one of the udon dishes (thick Japanese noodles), the chicken teriyaki, or the tempura dinner.

The service is a little “confused” at times, due to some shyness, language barriers, and the steady stream of customers, but they try their best. I definitely recommend stopping by Yanase when you’re shopping the Mag Mile.

Cherie Ryoo

Café Ba-Ba-Reeba!

2024 N. Halsted Street

(773) 935-5000

From virgins to veterans of Spanish tapas, everyone will instantly take a liking to Café Ba-Ba-Reeba! The decor is simply beautiful, and the restaurant is broken into smaller rooms in order to create an at-home feeling. Very lively and constantly bustling, it is an ideal destination for any date.

But now, onto the food! Paella is considered by some to be the staple of any tapas place and the vegetarian paella was absolutely delicious. The hot wings had a distinct flavor I’ve never had anywhere. Since I’m not old enough to drink, I am relying on the opinion of many others who tell me the sangria is delicious. The cold, refreshing water was impressive as well! At first glance, one might think the price of about \$20 is steep. But when you consider that my roommate and I were quite full, \$20 is a good deal. (And my roommate is no small eater!)

What is the key to the restaurant? I learned that Café Ba-Ba-Reeba! hires tapas chefs directly from Spain every few years or so to keep them updated on the newest tapas trends.

Make reservations ahead of time to dodge the long two-hour wait. Go! Bring your friends! Place your order! And mooch off your friends’ plates because you’ll want to try everything!

Derrick Tung

Exercise Your Rights!

by Julie Sadhu

The Student Rights Committee of the Honors College Advisory Board was originally designed to represent the Honors College students in academic issues. That means all of you!! We are very interested in any ideas that any students, especially freshmen, may have. We also welcome any volunteers who would like to serve on this committee. Simply contact Julie Sadhu at jsadhu1@uic.edu.

First, let me give you a little idea of what the committee has planned for this year. This year has marked the introduction of mandatory honors core classes for freshmen. The committee would like to know what the response has been towards these classes. We plan on issuing course evaluation forms before the end of the semester that will provide the students an opportunity to voice their opinions concerning the course. Any suggestions, comments, and complaints are welcome.

In addition, if any students have taken an exceptional class, which they would love to see as an honors course, let our committee know. We can’t guarantee that next year’s list of honors courses will include this, but we will definitely suggest it to Honors College administration for consideration.

Finally, if you have any suggestions about how HCAB can serve you better, any concerns about your Honors College experience, and/or simply want to voice your opinions, we have created special suggestion boxes that have been placed in different locations on campus. There is one in the Honors College lounge as well as one on each honors floor of the dorms. Please feel free to submit any ideas.

I hope we can serve you better in this coming year and make your honors experience more enjoyable!!