

**Form A14: Tracking Form**

**Tracking Form  
DEEP Classes**

**Date:**

**Location:**

**Subject Name :**

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Pre-Test A1C Score and Date: \_\_\_\_\_

Post-Test A1C Score and Date: \_\_\_\_\_

Follow-up A1C Score and Date: \_\_\_\_\_

<b>Session Date</b>	<b>Weight</b>	<b>Time of Last Meal</b>	<b>Fasting Blood Glucose</b>	<b>Blood Pressure</b>	<b>Who came with subject to class?</b>	<b>Last Dr/Hosp Visit?</b>	<b>Evaluation &amp; Follow Up</b>
1	lbs			/			
2	lbs			/			
3	lbs			/			
4	lbs			/			
5	lbs			/			
6	lbs			/			
7	lbs			/			
8	lbs			/			
9	lbs			/			
10	lbs			/			
11	lbs			/			
12	lbs			/			
13	lbs			/			
14	lbs			/			