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Co-Director: Karen Kavanaugh, PhD, RN, FAAN

The palliative care team is pleased to introduce our Co-Director of the Program Dr. Karen Kavanaugh. Dr. Kavanaugh teaches our Death, Dying and Grief class. In her last fall 2005 class there were 15 students enrolled.

The students in her class were expert nurses who brought much expertise and allowed for mutual sharing and learning from each other. The class had many off site activities which enhanced learning such as visiting the "Day of the Dead" exhibit at the Chicago Mexican Fine Arts Museum. Dr. Kavanaugh is the present Board Member of the Chicago Alliance of Perinatal Bereavement Facilitation and the Chair of National Perinatal Bereavement Conference in October 2006.

Please join us in congratulating Dr. Kavanaugh on the receipt of the Jonas Salk Leadership Award.



"Day of the Dead" exhibit in Chicago

The Jonas Salk Award is given to an individual or group for exceptional leadership and contributions toward improving infant and maternal health. The March of Dimes established the Jonas Salk Health Leadership Awards program in 1998. Karen will be honored at a reception this summer and at a luncheon in September. We are so proud!

Background

Her accomplishments include many: Griffin, T., & Kavanaugh, K. (2005). Supporting parents in the neonatal intensive care unit. *Journal of Neonatology*, 19, 243-249., Kavanaugh, K., Savage, T., Kilpatrick, S., Kimura, R., & Hershberger**, P. (2005). Life support decisions for extremely premature infants: Report of a pilot study. *Journal of Pediatric Nursing*, 20, 347-359. *, Kavanaugh, K., & Hershberger**, P. (2005). Perinatal loss in low-income African American parents. *Journal of Obstetric, Gynecologic, and Neonatal Nursing*, 34, 595-605. *, Sumner, E., Kavanaugh, K., & Moro, T. (2006). Extending palliative care into pregnancy and the immediate neonatal period: State of the practice of perinatal palliative care. *Journal of Perinatal and Neonatal Nursing*, 20 (1) 113-116 Kavanaugh, K., & Moro, T. (2006). Supporting parents who experience a pregnancy loss or infant death. *American Journal of Nursing*, Kavanaugh, K., & Moro, T. (2006). Enacting a theory of caring to recruit and retain vulnerable participants for sensitive research. *Research in Nursing & Health*, 29, 244-252 Kavanaugh, K. (2006, March). *The experience of pregnancy loss and infant death in low-income African American parents*. Presentation at the March of Dimes Annual Perinatal Nursing Conference; Chicago, Illinois. Funded research 2004-2008 Life Support Decisions for Extremely Premature Infants; Co-Is: Teresa Savage, PhD, RN, Sarah Kilpatrick, PhD, MD, Rama Bhat, MD, Rob Kimura, MD, Michael Hussey, MD, William Grobman, MD, & Raye-Ann deRegnier, MD. Co-Is; National Institutes of Health, National Institute of Nursing Research.

Contact Us at the UIC College of Nursing

This past year the program has been moving forward in development of the palliative care courses to move on-line. The three didactic courses: Palliative management of pain and common symptoms; Death, Dying & Grief, Socio-cultural and ethical issues in palliative care are being taught currently in the class room, but will soon all be online Spring 2007.

For specific information regarding palliative care certification program **visit our Web site** (www.palliativecare.nursing.uic.edu) **or call 312-355-2605. Call Kate Diana** for further information about registration as a Master or Post Master Student at **312-996-2184** **or visit** www.uic.edu/nursing/prospective_students/non-degree.htm

Program Accomplishments 2006

Student Corner

Jane Poisley Kelly, MS, RN, UIC College of Nursing student in the palliative care program



Dying, Loss and Grief (Course Number NUSC 520) sounds like a course I really would **NOT** want to register for. **If you also think this, you can't be more wrong!** This nursing course is coordinator by Dr. Karen Kavanaugh, Associate Professor & Co-Director of the Advanced Practice Palliative Care Nurse Certificate program and need I say anything more! This graduate-level nursing course is one of three great courses offered through the palliative care education program. Between the class lectures, discussions, guest speakers, readings, projects and field trips, you learn ways to help families cope and work through the grieving process after experiencing a loss or death. The most focal thing I learned was how advanced practice nurses in all areas of clinical practice can change the sad and devastating experience of dying into a positive and growth enhancing experience for both patients and their families. I highly suggest all graduate nursing students sign up for this additional course work. As our population ages and more and more life saving procedures are discovered and utilized across the life spectrum (from the very young to the very old), all clinicians will need basic palliative care nursing skills to care for these complex patients and their families. **When you see this course available jump on the opportunity to add it to your class list!**

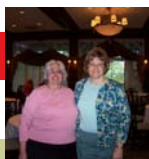
Events: Palliative Grand Rounds & Reflection Seminars, please call Melissa Hernandez to RSVP 312-355-2605

10th National Perinatal Outreach Education Conference, Chicago, Illinois, August 2-4, 2006. www.perinataleducators.org.

"Bereavement Photography Workshop", Wednesday, September 6, 2006 from 5:00pm—6:00pm
Guest Speaker: Todd Hochberg, Place: UIC, College of Nursing, Room TBA

"Grief is complicated", Wednesday, October 4, 2006 from 4:30—6:00pm
Guest Speaker: Nikki Lively, Psychiatric Social Worker at UIMC, Place: UIC, College of Nursing, Room TBA

15th National Perinatal Bereavement Conference, Chicago, Illinois, October 12 -15, 2006, A comprehensive national conference for professionals and bereaved parents which focuses on parents' experiences of the death of their babies during pregnancy, birth, or infancy. Information is available online at www.perinatalbereavementconference.org.



Lori Hedges and Jane Poseli Kelly student in our Palliative Care program attended the 1st Annual Optimizing and Revitalizing the Role of the Preceptor Conference on May

Thank You All — Various 2006 Highlights



2006 Students within the Palliative care certification program. These students are taking the Pain & Symptom Management course with Dr. Forrest.



2006 Arts Day at the College of nursing Dr. Forrest with middle school student at the top, below student in our palliative care program Kate Weigel playing the piano for the event.



A panel discussion of palliative care experts were invited to our course Socio-cultural and Ethical Issues in Palliative Care on March 6, 2006 and discussed the importance of Interdisciplinary work in Hospice and Palliative Care: Challenges, Rewards, and

Natasha Jackson below right hand corner a BSN student participated at the African American and Latino Research Symposium on April 12, 2006. She presented her work on pain and end-of-life.



Congratulations to Kate Weigel for completing her Geriatric Clinical Specialist degree and palliative care certificate program. We wish you the best of luck! Dr. Forrest and Kate are above photo.