

SUMMER 2011

Volume 1, Issue 2
 Newsletter Date
 June 16, 2011

- *Caring is the essence of nursing...Jean Watson*
- *Nurses are I.V. leaguers...Anonymous*
- *Panic plays no part in the training of a nurse...Elizabeth Kenny*

Inside this issue:

On the Director's Desk	1
From the Counselor	1
Fall Semester 2011 Calendar	2
SNA/Student Council Officers 2011	2
A Word From Chelsea	3
Student Awards	3
Alumni Tailgating	3
Just for Fun	4
Spring 2011 Dean's List	5
Faculty News	6
Continued-From Page 1	7
Urbana Staff Contacts	7

On The Director's Desk

Congratulations to our newest Urbana alumni! On May 5th, 61 undergraduate and 13 graduate degrees were conferred on Urbana students at the UIC Forum in Chicago. Our keynote speaker was Peter Buerhaus, a renowned nurse scientist from Vanderbilt University who studies nursing workforce issues. Dr. Buerhaus reminded us that nursing is considered the most trusted, admired, and respected professions in the country and that the vast majority of nurses are highly satisfied with their career choice. That's great news, but there's more! You have entered nursing or advanced practice nursing at an incredible time. Last October, the Institute of Medicine (IOM) released its historic report on the future of nursing. This report suggests that nurses, as the largest segment of the healthcare workforce, should take a pivotal role in leading healthcare change. A key recommendation is that nurses should practice to the full extent of their education and scope of practice. This is GREAT news for nursing!



Dr. Sandra Burke

As we close out one academic year, we continue our planning for another. We'll continue our goal of publishing four issues of the Urbana News and Notes, but we've decided that the newsletter is not only a good way to connect with our existing students, it is also a great way to RE-connect with our Urbana alumni. Of course alumni will continue to receive a copy of Vital Signs, the College of Nursing newsletter. And, we'll keep you informed with what's happening here on the Urbana Campus with our local e-letter, Urbana News and Notes.

SO, if you are getting this and you know an alum, please pass it along to them. AND, if you are an alumnus of Urbana, please send your current contact information, including your email address to us here at the college, c/o Carolyn Trauthwein. Carolyn can be reached at Trauthwe@illinois.edu.

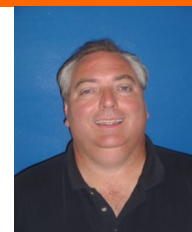
From the Counselor

The academic year has come to an end, and I couldn't be prouder of our students for their myriad accomplishments.

It started in December, when we recognized 109 of our undergraduate students for their inclusion on the UIC Dean's List for the Fall semester. As you can see from page 5, this tradition of excellence continues in the Spring.

During the year, many of our students were rewarded for their efforts with scholarships from various sources and they should be proud, as we here in the College are, of their accomplishments.

On May 5th, I had the extreme honor of attending commencement, and once again the Urbana Regional Program was well represented. Dr. Krista Jones was awarded the Silver Circle award for teaching excellence. Graduating Master's student Rebecca Doran received the Cardew-Mullane award for clinical excellence. Eight graduating seniors were named as College Honors students for having nursing GPA's in the top fifteen percent of their class. **(Continued on Page 7)**



Tony Hooker

Fall Semester 2011 Calendar



August 19, Friday	Faculty Professional Development Day
August 21, Sunday	Junior Class with Mentors Opening Night
August 22, Monday	Instruction begins
September 5, Monday	Last day to drop a class without W
September 9, Friday	Fall 2011 Graduate Course Registration Begins
October 19, W	Last day to submit thesis/dissertation to CON for format check.
October 28, Friday	Deadline to submit thesis/dissertations to grad college.
Nov 24 & 25, Th & F	Thanksgiving Break
Dec. 9-16,	Finals.

2011 SNA/Student Council Officers



From Left to Right: Molly Genta, Senior Representative, Erin Knightly, Student Council, Michelle Smith, Treasurer, Natalie Seewald, President, Jackie Serafin, Senior Representative, Sarah Wayne, Vice-President, Bryn Byers, Student Council, Sam Logan, Secretary.

Congratulations to the **2011-2012 SNA and Student Council Officers.**

A Word from Chelsea Klekamp-Outgoing President SNA

The Student Nurses' Association (SNA), University of Illinois—Urbana-Champaign Chapter had a very busy and productive 2010-2011 school year. Our student organization met on a monthly basis, and we were delighted to have a handful of guest speakers affiliated with the nursing field. Some of these speakers included Alberto Vilamiel (2008 UIC College of Nursing Graduate); Ann Vannice, MSN, Nurse Practitioner; Childreach International USA; AirLife based out of Carle Foundation Hospital, Urbana, IL; and a nurse-midwife from Carle Midwifery Services. At our November meeting, several second-year nursing students informed the members of unique experiences and opportunities during their 2010 summer intern/externships or volunteer settings. We provided this as a chance for pre-nursing and first-year nursing students to ask questions regarding how to get involved within the nursing field during their summer vacations.

Throughout the school year, SNA did several volunteer and social events. During the month of November, our organization participated in a one-week campaign for Donate Life. Throughout the course of this campus campaign, we successfully had over 250 individuals sign up to become organ donors for the state of Illinois. During the spring semester, we initiated a team and participated in Relay for Life (Colleges Against Cancer). As a team, we raised over \$1,200 that went directly toward American Cancer Society to help with cancer research. A small group of individuals participated in an event called *Chore Days*, which is where we went into the community to help senior citizens clean, rake leaves, etc. In April 2011, five second-year nursing students attended a Student Nurses' Association of Illinois (SNAI) meeting, where they learned the role and importance of a parliamentarian. Towards the end of the school year, over thirty second-year nursing students attended SNAI's Political Action Day in Springfield, Illinois. One of our social events included showing off our school spirit at one of the U of I's Girls' Volleyball games. We also had a SNA Bowling Event hosted in the bowling alley at the Union, which included pizza and soda and two hours of bowling!

All in all, we had a fun and successful year. Thanks to everyone who participated and made this year a success for SNA.

Student Awards and Recognition

College Honors for 2011

Rachel Buchek
Hillary Campbell
Rebecca Coughlin

Kristen Erickson
Emma Lucia
Rachel Main

Laura McKean
Julie Stajszczak

The 2011 Cardew-Mullane Award in Clinical Excellence and Leadership

Rebecca Doran

*** Coming Events—Alumni Tailgating Opportunity ***

Come and join the College of Nursing-Urbana for a Tailgating Opportunity. We will tailgate and attend the 11am Illini-Northwestern Game on Saturday, October 1, 2011. The cost will be determined by the number of attendees. Please send an email to Carolyn Trauthwein at trauthwe@illinois.edu with whether you are interested and the number of tickets by **Friday, July 15, 2011**.

Just for Fun–Pool Jump–May 3, 2011



SO... why are these students wearing clothes in the pool AND...why are they smiling? The *second* annual pool jump in Urbana took place on May 3rd at the ARC (formerly known as IMPE). For years, the graduating seniors at the Chicago campus have been saying goodbye to their uniforms by jumping into the pool at the UIC Student Center West. Thanks to Bekah Miller and the 2009/10 SNA board, students in Urbana added this tradition to graduation downstate. This year, Chelsea Klekamp and her crew on the SNA board planned the event to occur right after their final exam in leadership and management. Unlike their counterparts in Chicago, Urbana grads jump into the outdoor pool. This year, these 61 brave souls were the only students on the pool deck at 4:30 that day. Who knew it would be 57 degrees outside the first week of May? It's just possible that these seniors (now alumni) are smiling because it's warmer in the water than it was on the deck. Of course, they *might* be smiling because they just finished their LAST final exam! And, this group has even more reason to smile: they are the last group to wear uniform shirts and pants in the "old" style! Get ready class of 2012...your turn is coming!

UIC COLLEGE OF NURSING DEAN'S LIST SPRING 2011

Angelica Adduru	Lauren Grabanski	Meghan O'Hagan
Cristina Alagaban	Clarissa Gradilla	Renee Oliver
Jennifer Allspach	Teresa Groark	Isha Patel
Danea Atkins	Kelly Guzlas	Jessica Perlstein
Stacey Bailey	Angela Heberer	Arriel Phillips
Steffanie Bartholme	Megan Heinlen	Emilie Purpura
Nicole Becker	Ariel Hugh	Leslie Quach
Chelsea Bruff	Rachel Jamora	Yasmin Quinonez
Rachel Buchek	John Kim	Lorraine Radcliffe
Ammon Burdick	Saori Kise	Bari Ratskoff
Bryn Byers	Chelsea Klekamp	Andrea Revethis
Hillary Campbell	Erin Knightly	Chelsey Rouse
Margaret Castelaz	Sara Kruse	Shannon Schell
Christine Centeno	Tiffany Lam	Amanda Schuldt
Rebecca Charles	Heather Lee	Jaclyn Schwellenbach
Anne Cheever	Jennifer Lee	Natalie Seewald
Michelle Connor	Ji Eun Lee	Jaclyn Serafin
Jacqueline Cook	Samuel Logan	Leora Shein
Rebecca Coughlin	Morgan Lotz	Katie Sikma
Rebecca Cravens	Emma Lucia	Jean Slana
Paulina Crescimone	Rachel Main	Michelle Smith
Erin Davis	Molly Malinowski	Julie Stajszczak
Danielle Debusman	Bridget Marry	Allison Stein
Kendall Doubleday	Elizabeth Mason	Stephanie Stiles
Giny Edakkunnathu	Phillip McFarling	Molly Sullivan
Nicole Eldridge	Laura McKean	Julie Taticek
Kristen Erickson	Rebecca McMullen	Emily Tauchen
Ugochinyere Evulukwu	Colleen McNichols	Nightingale Uchtmann
Laura Fernandez	Deanna McWhorter	Kristina Valencia
Katherine Foy	Kristen Miller	Dana Vivona
Molly Gapen	Kelsey Miller	Katherine Wehrli
Vanessa Garland	Carolyn Moran	Rosie Yang
Brittany Garrett	Kathleen Murphy	Margaret Yang
Jane Gascoigne	Melissa Murphy	Lanisha Yates
Molly Genta	Kimberly Musil	
Devon Gordon	Emily Niemic	

CONGRATULATIONS!

Faculty News

Recent Publications

Burke, S.D. (2011). *Diabetes Essentials for Nurses: Evidence for practice*, 2nd ed. Western Schools: Brockton, MA.

Burke, S. D. & Vannice, A. (2011). Diabetes self-management education: The art and science of disease management. In C. Mensing, C. Halstenson, & S. McLaughlin, Eds., *The Art and Science of Diabetes Education*, 2nd Ed., pp. 2 – 22. Chicago, IL: American Association of Diabetes Educators.

Burke, S.D. Vercler, S., Bye, R., Desmond, P.C. & Rees, Y. (2011). Local Anesthesia before intravenous catheterization. *American Journal of Nursing*, 111 (2), 40 - 45.

Burke, S. D., Crawley, C. & Vukovljak, L. (February, 2011). The diabetes education career path: A practical approach to using the AADE practice documents. *Diabetes Education Today*, 6-7.

Haas, L. & Burke, S.D. (May/June 2010). Diabetes Prevention 101: Small and simple changes prevent type 2 diabetes. *The Journal on Active Aging*, 9, 56 – 62.

Schraeder, C., Shelton, P., Fahey, L., Jones, K., & Berger, C. (2011). Comprehensive Care Coordination for Chronically Ill Adults. In C. Schraeder & P. S. Shelton, Eds. *Comprehensive Care Coordination for Chronically Ill Adults*. Wiley and Sons: San Francisco.

Schweitzer, D.J. & Krassa, T.J. (2011). Deterrents to Nurses' Participation in Continuing Professional Development: An Integrative Literature Review. *Journal of Continuing Education in Nursing*, 41(10): 441-7.

Westenhaver, T.F., Krassa, T.J., Bonner, G.J. & Wilkie, D.J. (2010). Advance care plans for cpr or mechanical ventilation in patients with dementia. *Nurse Practitioner*, 35(12): 38-42

Presentations

Jones, K. (2011). Effect of Social Media Intervention on Chlamydia Incidence When Compared to No Formalized Internet Instruction. Poster presented at the Midwest Nursing Research Society, Columbus, OH.

Irlle, L. (2011). PPD/Identification and screening in pregnant woman. Lecture presented to OB clinic staff, Champaign, IL.

Simpson, K. (2011). Stress Management/Relaxation Skills. Lecture presented to Immanuel Lutheran Church Women's Guild: Champaign, IL.

Simpson, K. (2011). Using the Arts in Health Care. Guest lecture for students in AHS 399, "Issues in integrated healthcare". University of Illinois at Urbana-Champaign.

Recognition:

Sandi Burke was inducted as a Fellow of the American Association of Diabetes Educators (FAADE) in 2010 and received the 2011 UIC Nursing Service Plan, Faculty Practice Award from the UIC College of Nursing.

Krista Jones received the prestigious Silver Circle teaching award at the May graduation ceremony; she received Honorable Mention for the poster she presented at the MNRS conference this past spring, and she just received the Award of Merit from the Illinois Public Health Association.

Cathy Leipold received the 2011 faculty excellence award from the graduating seniors.

Wamaitha Sullivan received the 2011 Outstanding Community Volunteer award from the African Student Organization in April 2011 for her work with Dr. Cristina Medrano at the "Love Corner", a free health clinic operated in collaboration with the Church of the Living God.

List of Faculty rated excellent by students, University of Illinois at Urbana-Champaign

Linda Irlle for NURS 345: Clinical Concepts for the Childbearing Family (Spring 2010; Fall, 2010)

Krista Jones for NURS 385: Community Health Nursing (Spring, 2010; Fall, 2010)

Jeff Williams for NURS 202: Concepts and Processes in Nursing (Fall, 2010)

From the Counselor-Continued from Page 1

Twenty-three seniors earned Cum Laude Latin honors for cumulative GPA's between 3.5 and 3.74. Eight seniors earned Magna Cum Laude distinction by having GPA's between 3.75 and 3.89, and nine seniors graduated Summa Cum Laude by maintaining GPA's over 3.9.

I am proud to have been associated, even in a small way, with this fine group of students. I am certain that they will make their mark on the nursing profession moving forward.

This past academic year has flown by, and I am looking forward to using the Summer months to prep for my second year here in the academic office. Please feel free to contact me if you have suggestions for strengthening the program in any way.

Tony Hooker

Urbana Staff Contacts

Jennifer Byers-York
Assistant to the Director
Phone: (217) 244-0410
Email: jbyork@illinois.edu

Faye Ballard
Office Support Specialist
Phone: (217) 333-2507
Email: eballard@illinois.edu

Anthony Hooker
Admissions Counselor/Academic Advisor
Phone: (217) 244-0435
Email: hooker@illinois.edu

Carolyn Trauthwein
Office Support Associate
Phone: (217) 333-3508
Email: trauthwe@illinois.edu

Newsletter Submissions:

Send submissions for inclusion in the next newsletter by August 15, 2011 to Carolyn Trauthwein at trauthwe@illinois.edu