

## **The Color of Crisis: Identifying your Biases as a Means of Preventing Re-Victimization**

Catrice M. Jackson, MS, LMHP, LPC  
Executive Mentor of Emerge Consulting  
3931 N. 40<sup>th</sup> Avenue, Omaha, NE 68111  
402-502-2718  
[Vistawomyn@cox.net](mailto:Vistawomyn@cox.net)

Victims and survivors of domestic violence are already faced with multi-faceted, complex barriers that often prevent them from seeking help and breaking free from violence. Additionally, they may face re-victimization by law enforcement, medical professionals, social service workers and the judiciary system. When victims reach out for help they must be embraced by professionals that are not only knowledgeable and resourceful but those who are compassionate, unbiased and culturally competent. Service providers must be culturally equipped and sensitive when responding to victims or they might unintentionally re-victimize their clients thus increasing the chances that victims will return to their perpetrators.

The Color of Crisis is not another Diversity 101 training. This workshop is for the serious and open-minded professional who is willing to take a candid look at their beliefs, attitudes and behaviors related to culture and race and how their biases and perceptions affect service delivery. This interactive and thought provoking workshop will allow participants to identify their biases, determine their position on the cultural sensitivity continuum and develop a practical and effective strategy for developing deep personal change that will foster a true internal shift and a sincere understanding and appreciation of differences. Through a straightforward yet compassionate discussion and interactive exercises about biases and attitudes participants will learn how to conduct self-assessment, identify their biases and gain insight into how to respond to clients with dignity, compassion and acceptance. Specifically participants will learn how to begin establishing trusting relationships with African-American women in order to better serve them.

*To return to the Table of Contents for Convening XXXI, press the back button on your browser.*