



Take Charge of Your Health!

Name _____ Date _____

Name the types of citrus fruits.

- | | |
|----------|----------|
| 1. _____ | 4. _____ |
| 2. _____ | 5. _____ |
| 3. _____ | 6. _____ |

Describe the differences and similarities between 2 of the citrus fruits you listed above. Choose two more characteristics to describe.

Name of fruit		
Color of outside		
Color of inside		
Thickness of pith		
Texture of skin		
Scent		
Flavor		
Portability		
Other		



The Chicago Partnership for Health Promotion is funded by the USDA Food Stamp Program to encourage Chicago families to make healthier food choices, learn to prepare and consume healthier foods every day and be more physically active. The University of Illinois at Chicago Neighborhoods Initiative is the Land Grant Administrative Hub for CPHP. The USDA, UIC and CPHP are equal opportunity providers and employers. For more information about partnership or CPHP programs in your community, contact CPHP at 312-355-3659. www.cphp.uic.edu