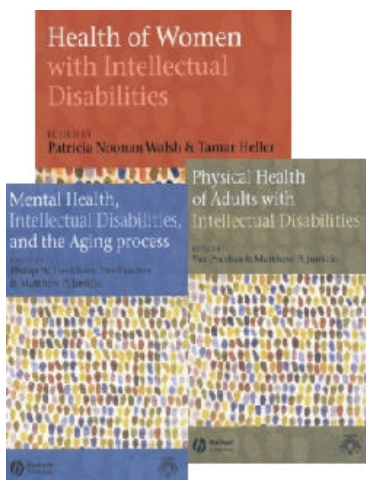


Resources on Aging with Intellectual / Developmental Disabilities

FALL 2003 Publications List

The Rehabilitation Research and Training Center on Aging with Developmental Disabilities
 Department of Disability and Human Development
 University of Illinois at Chicago

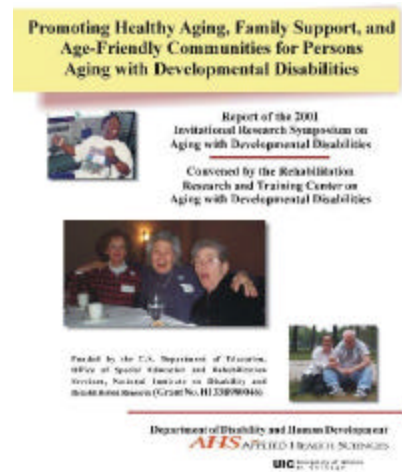
New Products Available!



The Future is Now:
 A Future Planning Training Curriculum
 for Families and their Adult Relatives
 with Developmental Disabilities



Illinois Council on Developmental Disabilities
 Chicago Association for Retarded Citizens
 Rehabilitation Research Training Center
 on Aging and Developmental Disabilities
 Department of Disability and Human Development
 University of Illinois at Chicago
 1640 West Roosevelt Road
 Chicago, Illinois 60608



Health Promotion	Page 2
Self Advocacy	Page 9
Family Issues	Page 12
Housing	Page 17
Policy / Service Delivery	Page 18
Assistive Technology	Page 25
General Aging with Developmental Disabilities	Page 27
Order Form	Page 29

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Funded by the United States Department of Education, Office of Special Education, and Rehabilitative Services, National Institute on Disability and Rehabilitation Research, Cooperative Agreement #H133B980046

HEALTH PROMOTION

New! **The Tampa Scientific Conference on Intellectual Disability, Aging, and Health: Final report**, (2003). Davidson, P.W., Heller, T., Janicki, M, P., & Hyer, K.

This report identifies the gaps in knowledge about the health of older persons with intellectual and related developmental disabilities. It contains a research agenda for health and mental health outcomes based on the recommendations of the 75 researchers, health professionals, older adults with disabilities, and families who participated in this international conference.

ITEM NO.: 520.028

COST PER UNIT: \$10.00 per bound copy.

Can be downloaded at no charge from: www.uic.edu/orgs/rrtcamr

New! **Physical health of adults with intellectual disabilities**, (2002). Prasher, V.P. & Janicki, M.P.

This book presents the latest research on health issues and health promotion and their implications for adults with intellectual disabilities who are aging. It is an excellent primer on health issues and treatment considerations for practice, research and teaching.

ISBN: 1-405-10219-5

COST PER UNIT: \$44.95

Order directly from Blackwell Publishing at: www.blackwellscience.com/ or Phone: (781) 388-8250

New! **Health of women with intellectual disabilities**, (2002). Walsh, P.N. & Heller, T.

This book presents the latest research on age-related health issues for women with intellectual disabilities. Chapters written by leading international researchers and practitioners address a variety of concerns including later life health risks, reproduction and sexuality, mental health, and health promotion. Complementary chapters discuss innovative health education and health support interventions and recommend progressive policies to improve health care for women with intellectual disabilities.

ISBN: 1-405-10103-2

COST PER UNIT: \$44.95

Order directly from Blackwell Publishing at: www.blackwellscience.com/ or Phone: (781) 388-8250

New! **Aging with mental retardation: Oral health for older individuals with disabilities**, (2001). Farsai, P., & Calabrese, J.

This fact sheet discusses oral health care for older people with disabilities. It explains the conditions leading to oral health problems for people with disabilities and specifies what to look for in dental treatment and in choosing a dentist. The fact sheet also discusses barriers to accessing proper oral health care and provides recommendations for maintaining proper oral hygiene as people with disabilities age.

ITEM NO: 500.023

COST PER UNIT: \$3.00 per bound copy.

Can be downloaded at no charge from: www.uic.edu/orgs/rrtcamr.

HEALTH PROMOTION

New! **Exercise and nutrition health education curriculum for adults with developmental disabilities**, (2001). Heller, T., Marks, B.A., & Ailey, S.H.

This innovative curriculum is a 12-week interactive program specifically designed for individuals with developmental disabilities (DD). Each week, participants enjoy three 1-hour sessions, where they are encouraged to understand their attitudes toward health, food and exercise; to gain skills and knowledge about healthy eating and exercising; to identify food and exercise preferences; to participate in food preparation and exercise activities; and, to locate places in their community where they can exercise regularly. Strategies that are woven throughout this curriculum include making choices, self-determination, self-efficacy, self-advocacy, and rights and responsibility, along with problem-solving techniques and conflict resolution. Direct staff or health professionals can easily adapt the curriculum to meet the unique needs and capacities of individuals with DD and their agencies. The RRTC-ADD can provide regional train-the-trainer sessions for agencies or groups to familiarize facilitators with the curriculum philosophy, goals and training materials. Training session(s) simulate experiences similar to the actual health education program. Trainers-in-training are encouraged to complete exercises that they will ask future participants to do.

ITEM NO: 520.011 **COST PER UNIT: \$65.00 (Softcover)**
ITEM NO: 520.010 **COST PER UNIT: \$25.00 (CD-ROM)**

New! **International association for the scientific study of intellectual disabilities (IASSID) papers**, (2001). Journal of Applied Research in Intellectual Disabilities, Blackwell Science: London.

This special issue contains the research reports developed by the IASSID Special Interest Group on Aging in collaboration with the World Health Organization to promote the healthy aging of adults with intellectual disabilities worldwide. The papers address age-related physical health changes, bio-behavioral and women's health issues, policy and practice recommendations and include a summative report. The issue has an introduction by Matthew Janicki plus papers on friendships and residential supports.

ISSN: 1360-2322 **COST PER UNIT: \$29.00 (Individual); \$76.00 (Institution)**
Order directly from Blackwell Publishing at: www.blackwellscience.com/ or Phone: (800) 835-6770

Achieving a beneficial fitness: A program and a philosophy in mental retardation: Contemporary issues in health, Vol.1, No. 1, (2000). Rimmer, J. American Association on Mental Retardation (AAMR).

This book discusses the benefits of health promotion activities for individuals with mental retardation. It includes guidelines on developing innovative health and fitness programs.

ISBN 0-940898-71-3 **COST PER UNIT: \$11.95 (\$8.95 AAMR members)**
Order directly from the publisher by calling the AAMR at (301) 604-1340, or by accessing their web site at: www.aamr.org.

HEALTH PROMOTION

Ageing and intellectual disabilities: Improving longevity and promoting healthy aging, (2000). Ageing and Intellectual Disabilities Special Interest Research Group (SIRG) of The International Association for the Scientific Study of Intellectual Disability (IASSID).

This series of reports is the outcome of an international initiative to promote the longevity and healthy aging of adults with intellectual disabilities that was jointly organized by the IASSID and the World Health Organization. Work groups of international researchers in aging and intellectual disabilities synthesized the latest research and developed recommendations that produced five reports: [Physical Health issues](#), [Biobehavioral issues](#), [Women's Health](#), [Ageing and Social Policy](#), and a [Summative Report](#).

ITEM NO.: 610.008 **COST PER UNIT: \$25.00 (set of 5 bound reports)**
Can be viewed at no charge from the links above

Aging with developmental disabilities: Women's health issues, (1999). Brown, A. & Murphy, L.

This fact sheet provides information on age-related health issues for women with developmental disabilities based on the research to date. The fact sheet addresses the most commonly asked questions by women who are aging (e.g. menopause, osteoporosis, and heart disease) and how to stay healthy. The fact sheet includes a list of related resources for women who want more information.

ITEM NO.: 500.015 **COST PER UNIT: \$3.00 for a bound copy;**
Can be downloaded at no charge from: www.uic.edu/orgs/rrtcamr.

Hearing changes in aging people with mental retardation, (1999). Bagley, M., & Mascia, J.

This fact sheet provides answers to frequently asked questions about age-related hearing loss, especially for people with developmental disabilities. It contains the information families and service providers need to identify possible hearing loss and to support older adults who have this condition.

ITEM NO.: 500.014 **COST PER UNIT: \$3.00 for a bound copy;**
Can be downloaded at no charge from: www.uic.edu/orgs/rrtcamr.

Mental retardation and physical health, (1999). Rimmer, J.H. In A.J. Goreczny & M. Hersen (Eds.), *Handbook of pediatric and adolescent health psychology*, (401-411). Boston, MA: Allyn & Bacon.

ISBN: 0-205-15624-X **COST PER UNIT: \$85.50**
Order directly from Allyn & Bacon at: www.ablongman.com or call at: (800) 666-9433

Dementia, aging, and intellectual disabilities: A handbook, (1998). Janicki, M.P. & Dalton, A.J. (Eds.).

This text examines the impact of Alzheimer's disease and other dementias on people with mental retardation from an applied and practical perspective. It provides an up-to-date review of current knowledge on the diagnosis, assessment, treatment, care management, and care practices of dementias for people with mental retardation.

ISBN: 0-87630-916-3 **COST PER UNIT: \$35.00 + Shipping (Paperback)**
Order directly from Taylor and Francis Routledge.
Tel: (800) 634-7064 ; (800) 248- 4724 (TTY). Email: bookorders@taylorandfrancis.com

HEALTH PROMOTION

McCracken intervention matrix: Guidelines for carers to help older adults with mental retardation maintain optimal functioning, (1997). McCracken, A., & Lottman, T.

This guidebook assists carers to help older people with mental retardation maintain optimum functioning in nine areas: eating and nutrition; elimination; motor skills; awareness and thinking; communication; relationships; protection and assertiveness; sexual awareness and behavior; and assistance and acceptance. Each of the nine modules includes an overview of age-related changes, guidelines for detecting changes in function, and easy-to-implement activities to help individuals maintain optimum functioning. The guidebook also contains an overview of the aging process and a resource directory for additional information on aging with mental retardation.

ITEM NO.: 500.009 COST PER UNIT: \$20.00

Aging, mental retardation and physical fitness, (1997). Rimmer, J.

This fact sheet provides an overview of what physical fitness is and how it relates to older people with mental retardation. It includes helpful guidelines for family members, support people, service providers and others interested in starting a program for older individuals with mental retardation.

ITEM NO.: 500.011 COST PER UNIT: \$3.00 for a bound copy
Can be downloaded at no charge from: www.uic.edu/orgs/rrtcamr.

Aging with developmental disabilities: Changes in vision, (1996). Flax, M.E., & Luchterhand, C.

This fact sheet provides answers to the following questions: What are the typical changes in vision as people age? How will vision loss affect the adult with developmental disabilities? What can be done to make the best of the vision someone has? What information is helpful to bring to an eye care specialist? What should you ask at the eye exam? Where can a person get additional information and assistance regarding vision problems?

ITEM NO.: 500.003 COST PER UNIT: \$3.00 for a bound copy;
Can be downloaded at no charge from: www.uic.edu/orgs/rrtcamr.

Promoting health in adults with Down syndrome, (1996). Chicoine, B., & McGuire, D.

This paper addresses health and psychosocial issues for adults with Down syndrome. It is based on the authors' clinical experience with more than 500 people at the Adult Down Syndrome Clinic based at a suburban Chicago hospital. Issues of lifestyle, screening and evaluation, immunization, mental health, and health education are discussed.

ITEM NO.: 520.005 COST PER UNIT: \$3.00

Health, fitness, and quality of life for older adults with developmental disabilities, (1996).

Hawkins, B.A. A chapter in Tedrick, T. (Ed.), Older Adults with Developmental Disabilities and Leisure

ISBN: 789000237 COST PER UNIT: \$74.95
The Haworth Press, Inc., Binghamton, NY. www.haworthpressinc.com

JOURNAL ARTICLES: (\$3.25 EACH)

New!

530.005 Beyond the disability: Recognizing mental health issues among persons with intellectual and developmental disabilities, (2003). Ailey, S.H. The Nursing Clinics of North America: Intellectual and Developmental Disabilities, 38(2), 313-329.

HEALTH PROMOTION

New!

520.027 Bridging the equity gap: Health promotion for adults with intellectual and developmental disabilities, (2003). Marks, B.A., & Heller, T. The Nursing Clinics of North America: Intellectual and Developmental Disabilities, 38(2), 205-228.

New!

520.026 The Edinburgh principles with accompanying guidelines and recommendations, (2002). Wilkinson, H., & Janicki, M.P. Journal of Intellectual Disability Research, 46(3), 279-284.

New!

520.023 Adaptive behavior and cognitive function of adults with Down syndrome: Modeling change with age, (2003). Hawkins, B.A., Eklund, S.J., James, D.R., & Foose, A.K. Mental Retardation, 41(1), 7-28.

New!

520.020 Health, Age, and Gender: How do women with intellectual disabilities fare?, (2002). Anderson, D.J. Journal of Gerontological Social Work, 38(1/2), 137-160.

New!

520.021 Barriers and supports for exercise participation among adults with down syndrome, (2002). Heller, T., Hsieh, K., & Rimmer, J. Journal of Gerontological Social Work, 38(1/2), 161-178.

New!

520.022 Dementia-related care decision-making in group homes for persons with intellectual disabilities, (2002). Janicki, M.P., McCallion, P., & Dalton, A.J. Journal of Gerontological Social Work, 38(1/2), 179-195.

New!

520.019 Evaluation of two self-report depression measures for adults with down syndrome, (2002). Ailey, S.H., Marks, B., & Heller, T. The NADD BULLETIN, 5(4), 71-75.

New!

520.018 Health characteristics and health services utilization in older adults with intellectual disability living in community residences, (2002). Janicki, M.P., Davidson, P.W., Henderson, C.M., McCallion, P., Taets, J.D., Force, L.T., Sulkes, S.B., Frangenberg, E., & Ladrigan, P.M. Journal of Intellectual Disability Research, 46(4), 287-298.

New!

520.017 Physical activity, dietary intake, and the insulin resistance syndrome in nondiabetic adults with mental retardation, (2002). Draheim, C.C., Williams, D.P., & McCubbin, J.A. American Journal on Mental Retardation, 107(5), 361-375.

New!

520.016 Women with developmental disabilities: Health and aging, (2002). Brown, A.A., & Gill, C.J. Current Women's Health Reports, 2, 219-225.

New!

520.014 Differences in cardiovascular disease risk between nondiabetic adults with mental retardation with and without Down syndrome, (2002). Draheim, C., McCubbin, J.A., & Williams, D.P. American Journal on Mental Retardation, 107(3), 201-211.

New!

520.024 Determinants of exercise in adults with cerebral palsy, (2002). Heller, T., Ying, G., Rimmer, J.H., & Marks, B.A. Public Health Nursing, 19(3), 223-231.

HEALTH PROMOTION

- 520.025 Health status of mothers of adults with intellectual disability**, (2001). Chen, S.C., Ryan-Henry, S., Heller, T., & Chen, E.H. Journal of Intellectual Disability Research, 45(5), 439-449.
- 510.016 A prospective study of menopause in women with Down syndrome**, (2001). Seltzer, G.B., Schupf, N., & Wu, H.S. Journal of Intellectual Disability Research, 45, 1-7.
- 510.015 Risk factors for injuries and falls among adults with developmental disabilities**, (2001). Hsieh, K., Heller, T., & Miller, A.B. Journal of Intellectual Disability Research, 45, 76-82.
- 510.014 Prevalence of dementia and impact on intellectual disability services**, (2000). Janicki, M.P. & Dalton, A.J. Mental Retardation, 38, 277-289.
- 510.017 Overview of health issues of older women with intellectual disabilities** (2000). Gill, C.J., & Brown, A.A. Aging and Developmental Disability: Current Research, Programming, and Practice Implications (Eds. Hammel, J. & Nochajski, S.) Haworth Press, Inc., 23-36.
- 500.019 Disabilities and health limitations**, (2000). Rimmer, J.H. In Group fitness instructor manual. ACE's guide for fitness professionals (226-246). San Diego: American Council on Exercise.
- 500.022 Effects of pacing vs. nonpacing on a one-mile walk test in adults with mental retardation**, (2000). Kunde, K. & Rimmer, J.H. Adapted Physical Activity Quarterly, 17, 413-420.
- 500.017 Health promotion for persons with disabilities: The emerging paradigm shift from disability prevention to prevention of secondary conditions**, (1999). Rimmer, J.H. Physical Therapy, 79, 495-502.
- 520.013 Distribution of apolipoprotein E genotypes in Fragile X Syndrome and Batten disease**, (1999). Zhong, N., Ju, W., Brown, W.T., Ye, L-L, Jenkins, E.C., & Schupf. American Journal of Medical Genetics, 84, 309-310.
- 500.009 Physical activity patterns of African-American women with a severe physical disability**, (1999), Rimmer, J.H., Rubin, S.S., Braddock, D., & Hedman, G. Medicine and Science in Sports and Exercise, 31, 613-618.
- 520.008 Overweight prevalence in persons with Down syndrome**, (1998). Rubin, S.S., Rimmer, J.H., Chicoine, B., Braddock, D., & McGuire, D.E. Mental Retardation, 36(3) 175-181.
- 800.005 The nature of leisure in the lives of older adults with intellectual disability**, (1998). Rogers, N.B., Hawkins, B.S., & Eklund, S.J. Journal of Intellectual Disability Research, 42(2), 122-130.
- 800.006 Validity and reliability of the Leisure Assessment Inventory**, (1998). Hawkins, B.A., Ardovino, P., & Hsieh, C. Mental Retardation, 36(4), 303-313.
- 800.008 Health, fitness, and quality of life for older adults with developmental disabilities**, (1997). Hawkins, B.A. Activities, Adaptation, and Aging, 21(3), 29-35.
- 500.013 Longevity of a woman with Down syndrome: A case study**, (1997). Chicoine, B., & McGuire, D., Mental Retardation, 35(5), 477-479.
- 500.012 "Self-talk" in adults with Down syndrome**, (1997). McGuire, D., Chicoine, B.A., & Greenbaum, E. Disability Solutions, 2(2), 1,3-5.
- 510.010 Depression and dementia in aging adults with Down syndrome: A case study approach**, (1997), Sung, H., Hawkins, B.A., Eklund, S.J., Kim, K.A., Foose, A., May, M.E., & Brittain Rogers, N. Mental Retardation, 35(1), 27-38.
- 520.007 Depressive disorders in adults with Down syndrome**, (1996). McGuire, D., & Chicoine, B. The Habilitative Mental Healthcare Newsletter, 15(1), 1-7.
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HEALTH PROMOTION

- 520.006 Cardiorespiratory capacity of individuals with mental retardation including Down syndrome, (1996).** Fernhall, B., Pitetti, K.H., Rimmer, J.H., et al. Medicine and Science in Sports and Exercise, 28, 366-371.
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- 500.008 Research on physical activity and disability: An emerging national priority, (1996).** Rimmer, J.H., Braddock, D., & Pitetti, K.H. Medicine and Science in Sports and Exercise, 28(8), 1366-1372.
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- 510.009 Practice guidelines for the clinical assessment and care management of Alzheimer's disease and other dementias among adults with intellectual disability, (1996).** Janicki, M.P., Heller, T., Seltzer, G.B., & Hogg, J. Journal of Intellectual Disability Research, 40(4), 374-382.
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- 500.007 Discrepancy analysis and a proposal for service provision: Case history of an older individual with Down syndrome, (1995).** May, M.E., Hawkins, B.A., Eklund, S.J., Kim, K., Brattain Rogers, N., & Sung, H. Therapeutic Recreation Journal, 29(4), 337-343.
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- 520.004 Comparison of body composition between German and American adults with mental retardation, (1995).** Frey, B., & Rimmer, J.H. Medicine and Science and Exercise, 27(10), 1439-1443.
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- 520.003 Health characteristics and behaviors of adults with mental retardation residing in three living arrangements, (1995).** Rimmer, J.H., Braddock, D., & Marks, B. Research in Developmental Disabilities, 16(6), 489-499.
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- 520.002 Cardiovascular risk factor levels in adults with mental retardation, (1994).** Rimmer, J.H., Braddock, D., & Fujiura, G. American Journal on Mental Retardation, 98(4), 510-518.
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- 520.001 Congruence of three risk indices for obesity in a population of adults with mental retardation, (1994).** Rimmer, J.H., Braddock, D., & Fujiura, G. Adapted Physical Activity Quarterly, 11, 396-403.
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- 500.006 Correlates of self-reported leisure among adults with mental retardation, (1993).** Hawkins, B.A., & Freeman, P.A. Leisure Sciences, 15(2), 131-147.
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- 500.05 Terminal illness, aging and developmental disability: A therapeutic art intervention, (1992).** Harlan, J.E., & Hawkins, B.A. Therapeutic Recreation Journal, 26(3), 49-52.
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SELF-ADVOCACY

New! **The future is now: A future planning training curriculum for families and their adult relatives with developmental disabilities**, (2003). Debrine, E., Caldwell, J., Factor, A., & Heller, T.

This curriculum equips families and their adult relative with a disability with the communication skills and information to jointly plan for the future. Participants learn how to overcome the emotional and systematic barriers to planning with the support of peer mentors who have made plans. They prepare a letter of intent that lays out their dreams for the future and identifies the steps required to transform this dream into a reality. This state-of-the-art approach to future planning was developed, implemented and evaluated by the RRTCADD. It is an excellent resource for agencies, family organizations and advocacy groups.

ITEM NO: 100.018 **COST PER UNIT: \$50.00 (Softcover)**
ITEM NO: 100.017 **COST PER UNIT: \$25.00 (CD-ROM)**

New! **Future planning resource guide for families and adults with developmental disabilities in Illinois**, (2002). Caldwell, J., Lopez, E., DeBrine, E., Factor, A., Heller, T., & Ennis, D.

This guide helps families navigate the maze of adult services and supports for individuals with developmental disabilities. It responds to families' need for a centralized source of information that describes adult services and how to access them. Content includes an overview of the service system and information on legal and financial planning, vocational and residential services, community supports, recreation and leisure opportunities, transportation, and advocacy. Information is in a user-friendly, question-and-answer format that was recommended by families. The guide is a template that other communities can follow in providing information on local services.

ITEM NO: 100.019 **COST PER UNIT: \$35.00**

Person-centered planning for later life: Death and dying - A curriculum for adults with mental retardation, (2000). Sterns, H.L., Kennedy, E.A., & Sed, C.M.

This training curriculum helps adults with mental retardation understand death, dying and loss. It covers the concept of death; experiencing and coping with grief, mourning, comfort, and support; and death-related rituals (visitations and funerals). The curriculum consists of **five in-class lessons** and **one field trip**, which emphasize active participation through both verbal and visual presentation of materials. The **instructor's guide** provides a script for each lesson and includes guidelines for planning and administering each lesson. Each participant has a **student notebook** that accompanies the instructor's training curriculum. Each participant chooses a support person to help him/her review the lessons and complete assignments.

ITEM NO.: 100.014 **COST PER UNIT: \$25.00 for Instructor's Guide and Student Notebook (Additional Student Notebooks are \$12.50 each).**

Making choices as we age: A peer training program, (1996). Heller, T., Preston, L., Nelis, T., Brown, A., & Pederson, E.

This is a curriculum for training persons with disabilities and their co-trainers how to teach other adults with mental retardation about: choice making, rights and responsibilities, how to make healthy choices, and things to do in their free time. The **Trainer's Guide** uses a "train-the-trainer" approach so the persons with disabilities who are trainers and their co-trainers can learn how to teach effectively and how to administer each module. The **Coordinator's Guide** provides guidelines for administering the training program and for building support for peer trainers and the other participants who they, in turn, train.

ITEM NO.: 100.004 **COST PER UNIT: \$55.00 for Trainer's Guide and Coordinator's Guide (Additional Trainer's Guides are \$25.00 each).**

SELF-ADVOCACY

Person-centered planning for later life: A curriculum for adults with mental retardation, (1993). Sutton, E., Heller, T., Sterns, H.L., Factor, A., & Miklos, S.

This research-based curriculum enables adults with mental retardation to actively plan for their later years by teaching aging concepts and choice making skills. The 20-week training, which includes a student notebook, provides classroom and community experiences for making choices regarding healthy aging, free-time activities, work and retirement, and improving living arrangements.

ITEM NO.: 100.002 **COST PER UNIT: \$55.00 for Curriculum and Trainer's Guide**
(Available in English, Dutch and German)

Voices that count training package (Videotape, Audio Cassette, Presenter's Guide), (1993). Pederson, E., & Chaikin, M.

Voices That Count prepares people with developmental disabilities to present to boards, committees and other decision-making groups about how to involve people with developmental disabilities. It empowers people to become part of the decision-making process that affects their own lives. Through **Voices That Count**, people with developmental disabilities learn how to approach and present to professional and community organizations about the leadership roles and contributions people with developmental disabilities can make. Speakers will learn how to give boards and committees ideas for recruiting, supporting, and building partnerships with people with developmental disabilities.

ITEM NO.: 100.001 **COST PER UNIT: \$85.00**

JOURNAL ARTICLES: (\$3.25 EACH)

New!

100.023 **Nursing care resources for individuals with intellectual and developmental disabilities across the life span**, (2003). Marks, B.A., Brown, A., Hahn, J.E., & Heller, T. The Nursing Clinics of North America: Intellectual and Developmental Disabilities, 38(2), 373-393.

New!

100.022 **Promoting sexuality across the life span for individuals with intellectual and developmental disabilities**, (2003). Ailey, S.A., Marks, B.A., Crisp, C., & Hahn, J.E. The Nursing Clinics of North America: Intellectual and Developmental Disabilities, 38(2), 229-252.

New!

100.021 **Leadership by people with disabilities in self-determination systems change**, (2002). Powers, L.E., Ward, N., Ferris, L., Nelis, T., Ward, M., Wieck, C., & Heller, T. Journal of Disability Policy Studies, 13(2), 125-133.

100.020 **Building community coalitions with people with disabilities and their families: An empowerment approach**, (2001). Keys, C.B., & Factor, A.R. Journal of Prevention & Intervention in the Community, 21(2), 91-112.

100.016 **Later-life planning: Promoting knowledge of options and choice-making**, (2000). Heller, T., Miller, A., Hsieh, K., & Sterns, H. Mental Retardation, 38(5), 395-406.

100.010 **Including self-advocates in community leadership**, (1997). Pederson, E. Disability Solutions, 2(4), 1,3-9.

100.009 **Impact of person-centered later life planning training program for older adults with mental retardation**, (1996). Heller, T., Factor, A., Sterns, H., & Sutton, E. Journal of Rehabilitation, 62(1), 77-83.

100.008 **Guidelines from the consumer: Improving consumer involvement in research and training for persons with mental retardation**, (1996). Heller, T., Pederson, E., & Miller, A. Mental Retardation, 34(3), 141-148.

SELF-ADVOCACY

100.007 **An exploratory analysis of leisure and life satisfaction of aging adults with mental retardation, (1993).**
Hawkins, B.A. Therapeutic Recreation Journal, 27(2), 98-109.

100.006 **"Retirement" for older persons with developmental disabilities, (1992).** Sutton, E., Sterns, H.L., & Roberts, R.S, Generations, 16, 63-64.

100.005 **An exploration of adaptive skills and leisure activity of older adults with mental retardation, (1991).**
Hawkins, B.A., Therapeutic Recreation Journal, 25(4), 9-27.

FAMILY ISSUES

New! Las experiencias compartidas de familias Latinas de adolescentes y adultos con autismo / Shared experiences of Latino families of adolescents and adults with autism (Adolescentes y adultos con autismo un estudio de cuidado familiar proyecto Latino). (2003), Magana, S., Seltzer, M.M. & Krauss, M.W.

This bilingual report presents the challenges and rewards of caregiving expressed by Latino families who were part of a national study of families caring for adolescent and adult sons or daughters with autism. Families share their thoughts about their children living at home and away from home, their perspectives on caregiving, how their lives have changed, and what they have learned from this experience.

ITEM NO: 300.028

COST PER UNIT: \$5.00

Can be downloaded at no charge from: www.uic.edu/orgs/rrtcamr.

New! Las experiencias compartidas de familias Latinas de adolescentes y adultos con autismo / Shared experiences of Latino families of adolescents and adults with autism (Adolescentes y adultos con autismo un estudio de cuidado familiar proyecto Latino). (2003), Magana, S., Seltzer, M.M. & Krauss, M.W.

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ITEM NO: 300.028

COST PER UNIT: \$5.00

Can be downloaded at no charge from: www.uic.edu/orgs/rrtcamr.

New! Adolescents and adults with autism: Recommended resources from families, Report #4. (2002), Krauss, M.W., Seltzer, M.M., Greenberg, R., Orsmond, G.I., & Magana, S.

This report contains the books, videos, and internet web sites that helped families learn more about their son or daughter's autism spectrum disorder. Families recommended these resources in a study of more than 400 parents caring for a child with autism spectrum disorder.

ITEM NO: 530.004

COST PER UNIT: \$5.00

Can be downloaded at no charge from: www.uic.edu/orgs/rrtcamr.

New! Adolescents and adults with autism: Reflections from adult siblings who have a brother or sister with autism spectrum disorder, Report #3. (2002), Krauss, M.W., Seltzer, M.M., Greenberg, R., Orsmond, G.I., & Magana, S.

This report presents siblings' perspectives on having a brother or sister with autism. It is based on a study of caregiving that included more than 400 families. Quotes from more than 200 adult siblings provide insight into their experiences over the life course. Topics include sibling relationships, community acceptance, positive and negative experiences of having a sibling with a disability, future expectations, and advice to parents and to teenage siblings.

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Can be downloaded at no charge from: www.uic.edu/orgs/rrtcamr.

FAMILY ISSUES

New! **Adolescents and adults with autism, Report 1: A book of quotes: Shared experiences of families of adolescents and adults with autism**, (2002). Seltzer, M.M., Krauss, M.W., Greenberg, J.S., Leavitt, L., Magana, S., Orsmond, G.I.

This report is based on interviews with more than 400 parents caring for a son or daughter with autism. This is the largest federally funded study of these families conducted to date. The thoughts and feelings these parents share express the extraordinary wisdom, energy, struggle, and triumphs associated with this caregiving experience.

ITEM NO: 530.001 **COST PER UNIT: \$5.00**
Can be downloaded at no charge from: www.uic.edu/orgs/rrtcamr.

New! **Adolescents and adults with autism, Report 2: A profile of adolescents and adults with autism spectrum disorders**, (2002). Seltzer, M.M., Krauss, M.W., Greenberg, J.S., Leavitt, L., Magana, S., Orsmond, G.I.

This report presents the objectives, methodology, and initial findings of the first large-scale research study of 405 adolescents and adults with autism and spectrum disorders (ASD) and their families. It contains data on diagnosis, symptoms and behaviors, services and treatments, and participation in social and recreation activities. The authors compare these data to the research findings to date.

ITEM NO: 530.002 **COST PER UNIT: \$5.00**
Can be downloaded at no charge from: www.uic.edu/orgs/rrtcamr.

New! **Grandparents raising grandchildren with developmental disabilities**, (2002). Heller, T., & Ganguly, R.

This paper examines the demographics of grandparent caregivers of children and adults with developmental disabilities, their reasons for assuming this role, their needs, concerns and challenges. Additionally it reviews supportive interventions for this population and implications for the aging network in designing and coordinating services as part of the National Family Caregiver Support Program. **Reproduced with permission of the U.S. Administration on Aging and The Lewin Group.**

ITEM NO: 310.012 **COST PER UNIT: \$7.00**
Can be downloaded at no charge from: www.uic.edu/orgs/rrtcamr.

New! **Pooled trust programs for people with disabilities: A guide for families**, (2001), by The Arc of the United States.

Pooled trusts enable families to pool their resources into a "master" special needs trust to protect their relatives' government benefits while increasing the total funds available for investment and reducing families' share of administrative costs. This publication's question-and-answer format provides a clear understanding of pooled trust programs and serves as a guide to help families and professionals evaluate this future planning option. It contains a directory of known pooled trust programs in the United States for people with disabilities and provides an overview of using various trusts as a financial planning tool.

ITEM NO: 300.005 **COST PER UNIT: \$7.00 for a bound copy**
Can be downloaded at no charge from: www.uic.edu/orgs/rrtcamr.

FAMILY ISSUES

Aging family caregivers: Needs and policy concerns, (2000). Heller, T. **Family Support Policy Brief #3.** National Center for Family Support.

This policy brief discusses the needs of aging caregivers, including planning for the future of their relative with a developmental disability. It addresses cultural differences in family caregiving and trends in family support policies.

ITEM NO.: 310.013 COST PER UNIT: \$3.00

Envejeciendo con impedimentos del desarrollo - Guia para las familias, (Aging with developmental disabilities: A guide for families), 1996. Alfassa-White, R. & Bloom, P. Miami: Center on Aging and Developmental Disabilities, University of Miami (translated and distributed by the RRTC on Aging with Developmental Disabilities.)

A Spanish-language, culturally sensitive guide for families on future planning and services developed by the Center on Aging and Developmental Disabilities at The University of Miami.

ITEM NO: 900.006 COST PER UNIT: Free

JOURNAL ARTICLES: (\$3.25 EACH)....

New!

300.029 Management of respite and personal assistance services in a consumer-directed family support programme, (2003). Caldwell, J., & Heller, T. Journal of Intellectual Disability Research, 47(4/5), 352-366.

New!

300.026 Service utilization patterns of adults with intellectual disabilities: A Comparison of Puerto Rican and Non-Latino White Families, (2002). Magana, S., Seltzer, M.M., and Krauss, M.W. Journal of Gerontological Social Work, 37(3-4), 65-86.

New!

300.027 African-American grandmother carers of children with disabilities: Predictors of depressive symptoms, (2002). Kolomer, S.R., McCallion, P., and Janicki, M.P. Journal of Gerontological Social Work, 37(3-4), 45-64.

300.023 Quality of life of adults with mental retardation/ developmental disabilities who live with family, (2001). Seltzer, M.M., and Krauss, M.W. Mental Retardation and Developmental Disabilities Research Review, 7, 105-114.

300.024 RRTC collaborates with Chicago Arc on family future planning project, (2000). Heller, T., Caldwell, J., & DeBrine, E. ADD/Vantage, 11(2), 1,12,13,15.

300.025 Innovative project supports later-life planning for adults and their aging family caregivers, (2001). Heller, T., & Caldwell, J. Maximizing Human Potential, 8(3), 4-5.

300.021 Continuity or discontinuity of family involvement following residential transitions of adults with mental retardation, (2001). Seltzer, M.M., Krauss, M.W., Hong, J., & Orsmond, G.I. Mental Retardation, 39, 181-194.

300.022 Change in social support and psychological well-being: A longitudinal study of aging mothers of adults with mental retardation, (2001). Hong, J., Seltzer, M.M., & Krauss, M.W. Family Relations, 50, 154-164.

300.019 Families of adolescents and adults with autism: Uncharted territory, (2001). Seltzer, M.M., Krauss, M.W., Orsmond, G.I., & Vestal, C. International Review of Research in Mental Retardation, 23, 267-294.

FAMILY ISSUES

- 300.018** **Supporting adults with intellectual disabilities and their families: A literature review**, (2000). Heller, T. Aging and Developmental Disability: Current Research, Programming, and Practice Implications, The Haworth Press, 59-73.
- 300.017** **Brothers and sisters of adults with mental retardation: Gendered nature of the sibling relationship**,(2000). Orsmond, G. & Seltzer, M.M. American Journal of Mental Retardation, 105(6), 486-508.
- 300.015** **Grandparents as supports to mothers of persons with intellectual disability**, (2000). Heller, T., Hsieh, K., & Rowitz, L. Journal of Gerontological Social Work, 33, 23-34.
- 310.015** **Grandparent Caregivers I: Characteristics of the grandparents and the children with disabilities for whom they care**, (2000). Janicki, M.P., McCallion, P., Grant-Griffin, L., & Kolomer, S.R. Journal of Gerontological Social Work, 33(3), 35-55.
- 310.014** **Grandparent Caregivers II: Service needs and service provision issues**, (2000). McCallion, P., Janicki, M.P., Grant-Griffin, L., & Kolomer, S.R. Journal of Gerontological Social Work, 33(3), 63-90.
- 300.016** **Support group participation as a predictor of burden among parents of adult offspring with severe mental illness**, (1999). Cook, J.A., Heller, T., & Pickett, S.A.. Family Relations, 48, 405-410.
- 300.010** **Impact of a consumer-directed family support program on adults with developmental disabilities and their family caregivers**, (1999). Heller, T., Miller, A.B., & Hsieh, K. Family Relations, 48, 419-427.
- 310.008** **Support, problem-solving/coping ability, and personal burden of younger and older caregivers of adults with mental retardation**, (1997). Hayden, M.F., & Heller, T. Mental Retardation, 35(5), 364-372.
- 310.009** **Current trends in providing support for families of adults with mental retardation**, (Fall, 1997). Heller, T. Alert, 9(1), 6-9,12-13.
- 310.007** **Differences in service needs, time demands, and caregiving burden among parents of persons with mental retardation across the life cycle**, (1997). Haveman, M., van Berkum, G., Reijinder, R., & Heller, T. Family Relations, 46(4), 417-425.
- 320.004** **Predictors of support group participation among families of persons with mental illness**, (1997). Heller, T., Roccoforte, J.A., & Cook, J.A. Family Relations, 46(4), 437-450.
- 300.006** **Maternal and paternal caregiving of persons with mental retardation across the life span**, (1997). Heller, T., Hsieh, K., & Rowitz, L. Family Relations, 46(4), 407-415.
- 300.007** **Adults with mental retardation as supports to their parents: Effects on parental caregiving appraisal**, (1997). Heller, T., Miller, A.B., & Factor, A. Mental Retardation, 35(5), 338-346.
- 320.003** **The differential effects of social support on the psychological well-being of aging mothers of adults with mental illness or mental retardation**, (1997). Greenberg, J.S., Seltzer, M.M., Krauss, M.W., & Kim, K.A. Family Relations, 46(4), 383-394.
- 330.003** **Siblings of adults with mental retardation or mental illness: Effects on lifestyle and psychological well-being**, (1997). Seltzer, M.M., Greenberg, J.S., Krauss, M.W., Gordon, R.M., & Judge, K. Family Relations, 46(4), 395- 405.
- 300.004** **Aging parents' residential plans for adult children with mental retardation**, (1997). Freedman, R.I., Krauss, M.W., & Seltzer, M.M. Mental Retardation, 35(2), 114-123.
- 330.002** **Residential transitions of adults with mental retardation: Predictors of waiting list use and placement**, (1997). Essex, E.L., & Seltzer, M.M. American Journal on Mental Retardation, 101(6), 623-629.
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- 300.003 Predictors and outcomes of the end of co-resident caregiving in aging families of adults with mental retardation or mental illness, (1997).** Seltzer, M.M., Greenberg, J.S., Krauss, M.W., & Hong, J. Family Relations, 46(4), 13-22.
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- 310.006 Adaptations of Hispanic families to a member with mental retardation, (1994).** Heller, T., Markwardt, R., Rowitz, L., & Farber, B. American Journal on Mental Retardation, 99(3), 289-300.
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- 310.011 Aging parents of adults with disabilities: The gratifications and frustrations of later life caregiving, (1993).** Greenberg, J.S., Seltzer, M.M., & Greenley, J.R. The Gerontologist, 33, 542-550.
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- 310.005 Aging family caregivers: Changes in burden and placement desire, (1993).** Heller, T., & Factor, A. American Journal on Mental Retardation, 96, (2), 417-442.
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- 310.004 Permanency planning for adults with mental retardation living with family caregivers, (1991).** Heller, T., & Factor, A. American Journal on Mental Retardation, 96, (2), 163-176.
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- 330.001 The impact of siblings on adults with mental retardation and their aging mothers, (1991).** Seltzer, G.B., Begun, A., Seltzer, M.M., & Krauss, M.W. Family Relations, 40, 310-317.
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- 310.002 Permanency planning among black and white family caregivers of older adults with developmental disabilities, (1988).** Heller, T., & Factor, A. Mental Retardation, 26 (4), 203-208.
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HOUSING

Reverse equity mortgages: A family financed housing option for adults with developmental disabilities, (1996). Stone, J.

This handbook discusses the Reverse Equity Mortgage as an option that older families can use to fund living arrangements and supports for their relative with disability. It identifies the potential benefits to families, describes the REM program, and presents the advantages and disadvantages that families need to consider.

ITEM NO.: 410.002 COST PER UNIT: \$3.95

Community living options: Family funded, individually owned, or shared (Monograph No. 2), (1994). Stone, J.

This monograph describes innovative approaches to developing and funding community living options for aging and older adults with developmental disabilities based on a national survey of 400 agencies. It identifies funding sources for financing housing options and presents case studies of home sharing, family financed housing, and programs which enable individuals with disabilities to buy a home of their own.

ITEM NO.: 410.001 COST PER UNIT: \$10.00

POLICY/SERVICE DELIVERY

New! DD Data Brief: Health insurance coverage and health care experiences of persons with disabilities in the NHIS-D, (Vol. 5, No.1), (May 2003). Anderson, L., Larson, S., Lakin, C., & Kwak, N. (Eds.), Research and Training Center on Community Living, Institute on Community Integration, University of Minnesota.

This DD Data Brief describes the experiences with public and private health insurance coverage for people with functional limitations, people with I/DD, and people who do not have I/DD or functional limitations. This Brief also examines the variations in these outcomes by gender and age.

Can be downloaded at no charge from: www.rtc.umn.edu/nhis/.

New! Promoting healthy aging, family support, and age-friendly communities for persons with developmental disabilities: Report of the 2001 Invitational Research Symposium on Aging with Developmental Disabilities, (2002). Heller, T., Janicki, M, P., Hammel, J., & Factor, A.R.

This report summarizes the research to date and presents recommendations for future research, progressive policies, and innovative intervention to promote healthy aging, support aging adults and their families, and create age-friendly communities. These recommendations coalesce the thinking of the 100 plus international researchers, service providers, families and persons with disabilities who participated in the conference.

ITEM NO.: 600.017 COST PER UNIT: \$10.00 per bound copy.

Can be downloaded at no charge from: www.uic.edu/orgs/rrtcamr

New! An eight year follow-up study of the impact of environmental characteristics on the well-being of adults with mental retardation, (2002). Heller, T., Miller, A.B., & Hsieh, K.

This study examined the impact of environmental features of residential settings on the level of adaptive behavior, community integration, and health of adults with mental retardation over an eight-year period. It followed 186 residents who all lived in nursing homes at baseline. Specific environmental aspects studied include type and size of residential facilities, staff-resident ratio, extent to which residents were permitted to make choices, physical attractiveness of the residences, and extent of family involvement.

ITEM NO.: 200.006 COST PER UNIT: \$7.00

New! Coordinating systems serving carers of children and adults with developmental disabilities, (2002). Janicki, M.

Aging adults with intellectual and developmental disabilities face many of the same challenges as other aging adults. Physical aging, social isolation, disengagement from work or activities and challenges of retirement are issues that must be faced by aging adults with cognitive disabilities in addition to the possibility of needing additional assistance from carers to determine their future. This report gives an overview of common definitions, care and support issues, and how systems can partner in the delivery of community support networks. **Reproduced with permission of the U.S. Administration on Aging and The Lewin Group.**

ITEM NO.: 600.006 COST PER UNIT: \$7.00

Can be downloaded at no charge from: www.uic.edu/orgs/rrtcamr.

POLICY/SERVICE DELIVERY

Value-based human resources management, (2000). Henry, D.B., Keys, C.B., & Factor, A.R., In Janicki, M., & Ansello, E. (Eds.), *Community supports for aging adults with lifelong disabilities*. Brookes Publishing.

Staff in health care and human services organizations that serve the general population may not have the skills to communicate with older adults with intellectual disabilities. This may lead to an inaccurate assessment of the individual's needs and to an intervention which isn't appropriate to his/her situation. This chapter explains how organizations can develop and implement management standards based on the values of empowerment, independence, choice, and autonomy to better serve older adults with intellectual disabilities and their families.

ISBN: 1-55766-462-5 COST PER UNIT: \$56.00

Order directly from the publisher at: www.brookespublishing.com/ , or 1-800-638-3775.

Community supports for aging adults with lifelong disabilities, (2000). Janicki, M., & Ansello, E. (Eds.) Brookes Publishing, hardcover, 616 pages.

This book provides practical approaches that enable older adults to remain in their homes and communities as they age. It draws on field-tested experiences and situations that can be applied to most settings. Topics include: financing services for older adults, collaboration between community agencies, health promotion, and designing age-related services.

ISBN: 1-55766-462-5 Cost per unit: \$56.00

Order directly from the publisher at: www.brookespublishing.com/, or 1-800-638-3775.

NCSL state legislative report: Personal assistance services for people with disabilities, (Vol. 24, No. 2), (January 1999), King, M. & Wright, B.

This report is a concise but thorough discussion of successful state initiatives for personal assistance services that enable people of all ages with a disability to remain in their homes. It contains program descriptions, funding sources, federal proposals, and considerations for legislators.

ISBN: 7302-2402 COST PER UNIT: \$7.00 + \$3.00 for shipping.

Order directly from the National Conference of State Legislatures, Book Order Department, 1500 Broadway, Suite 700, Denver, CO 80202, Tel: 303-830-2084, Fax: 303-830-2054, web site: www.ncsl.org

Innovations in mental retardation services, (1999). Braddock, D. In D. Biegel & A. Blum (Eds.), *Innovations in practice and service delivery with vulnerable populations across the lifespan*, pp. 169-196. New York: Oxford University Press.

ISBN: 0195111559 COST PER UNIT: \$51.95

To order: 1-800-451-7556 or www.oup-usa.org.

POLICY/SERVICE DELIVERY

NCSL Legisbrief: Developmental disabilities and aging, (Vol.7, No. 15), (January 1999). Wright, B. & King, M.

This brief profiles the critical issues states face in addressing the needs of older people with developmental disabilities and their families. It describes progressive policies and interventions that states have initiated to meet these needs.

ISBN: 019000-0715 COST: \$3.50

Order directly from the National Conference of State Legislatures, Book Order Department, 1500 Broadway, Suite 700, Denver, CO 80202, Tel: 303-830-2084, Fax: 303-830-2054, web site: www.ncsl.org.

Mental Retardation, (1999). Janicki, M.P. & Dalton, A.J. In American Geriatrics Society (Eds.), Geriatrics Review Syllabus: A Core Curriculum in Geriatric Medicine (4th Edition).

This syllabus is The American Geriatric Society's groundbreaking self-assessment, continuing education program for primary care providers.

ISBN: 0-7872-5541-6 COST PER UNIT: \$125.00

Order directly from Kendall/Hunt Publishing Company, 800-338-8290

Rights, place of residence, and retirement: Lessons from case studies in aging, Hawkins, B.A.; **Emerging Models,** Heller, T.; **Public Policy and Service Design,** Janicki, M.P., (1999). Chapters in Herr, S.S., & Weber, G (Eds.), Aging, Rights, and Quality of Life: Prospects for Older People with Developmental Disabilities.

This book presents international research on advances made in human rights and quality assurance in service delivery with illuminating case examples. Directions are proposed for future analysis and advocacy.

ISBN: 1-55766-380-7 COST PER UNIT: \$49.00 Stock No.: 3807

Order directly from Brookes Publishing Co., PO Box 10624, Baltimore, MD 21285-0624; FAX 410-337-8539; call toll-free 800-638-3775; order online at: www.brookespublishing.com.

Five dimensional life satisfaction index, (1997, 2nd Edition). Hawkins, B.A., Eklund, S.J., Kim, K., Green, K., Foose, FA., & Ardovino, P.

The five dimensional life satisfaction scale was developed to measure life satisfaction as it applies to adults with mental retardation. The index is designed to assess personal preference, choice, control, and relationships that are at the heart of satisfaction with life. Items on this index are arranged into five sub-scales: 1) living arrangements; 2) relationships and social activities; 3) job status; 4) health; and 5) general happiness. These five sub-scales represent major and critical areas of life functioning of adults with mild to moderate mental retardation.

ITEM NO: 810.002 COST PER UNIT: \$3.50

POLICY/SERVICE DELIVERY

Therapeutic activity intervention with the elderly: Foundations and practices, (1996). Hawkins, B.A., May, M.E., & Brittain Rogers, N.

This book is a primer for educating professionals who will provide activity programs and interventions to older adults in a variety of service settings and is applicable to older adults with developmental disabilities. Topics include: age-related physical and psychosocial changes; assessment and therapeutic programming; activity interventions; practice considerations.

ISBN: 0-910251-81-9 COST PER UNIT: \$42.95 plus \$4.50 for shipping and handling.
Order directly from Venture Publishing, Inc., State College, PA 16804, Phone 814-234-4561;
www.venturepublish.com; (e-mail): mvpublish@venturepublish.com

Opening all the doors under the ADA: Making your programs accessible to older adults with cognitive disabilities, (1996), Jones, R., & Factor, A.

This training packet provides senior centers, senior housing sites, adult day care programs, case coordination units, and other programs serving older adults with insights on how they can adapt their activities for individuals with mental retardation, psychiatric illness, and Alzheimer's disease/dementia. Materials address the commonalities and differences in accommodations for older people with these disabilities, provide guidelines and case studies illustrating practical "best practices" examples of accommodation, and resources for adapting programs. The training packet was developed by the Great Lakes Disabilities and Business Technical Assistance Center in collaboration with the RRTCADD.

ITEM NO: 630.009 COST PER UNIT: \$10.00

Innovative internetwork service models serving older adults with developmental disabilities and older family caregivers: Final report, (1996). Factor, A.

This report discusses the process and outcomes of building community coalitions to improve local services to older people with developmental disabilities and their families. Key objectives were to provide outreach to older family caregivers, encourage future planning, and facilitate access to aging network services. The coalitions were unique because they included families and self-advocates as well as service providers. The project was implemented in three Illinois communities that were selected to include the specific needs of older Hispanic and rural families.

ITEM NO: 640.003 COST PER UNIT: \$10.00

Ten Questions: The impact of proposed medicaid spending reduction on persons with developmental disabilities in the United States, (1995). Braddock, D., & Hemp, R.

This report provides an overview of the Medicaid program's role in providing health and long-term care for people with developmental disabilities and the implications of Medicaid spending reductions. The report uses a question and answer format and straight-forward language to explain how the funding works.

ITEM NO.: 620.002 COST PER UNIT: \$3.00

The Illinois home-based support services program evaluation report, (1995). Heller, T., Ruch-Ross, H., & Kopnick, N.M.

This report is a four year evaluation of a state-wide family support cash subsidy program for adults with developmental disabilities or mental illness. It describes the types of services used by the families, changes in the need for out-of-home placement and psychiatric hospitalization, and the impact on the participants' quality of life as a result of the program.

ITEM NO.: 620.001 COST PER UNIT: \$10.00

POLICY/SERVICE DELIVERY

Nursing home reform for people with developmental disabilities: The impact of transitions out of nursing homes, (1995), Policy Research Briefs, Vol 7 (1), Heller, T., Factor, A., & Hahn, J.

This brief reports on a two-year longitudinal study examining the adjustment of 268 persons with developmental disabilities ages 31 to 88 to transfers out of nursing homes, as mandated by the OBRA 1987 legislation. The majority of the residents had severe to profound mental retardation, and nearly half (48%) had cerebral palsy. Movers and non-movers were compared to determine: the effect of moving into community based settings on medical status, associated conditions, maladaptive and adaptive functioning and quality of life; how age and the presence of cerebral palsy affect adjustment to the transfers; and to what extent type of placement influences outcomes.

COST PER UNIT: \$3.00

Order directly from Institute on Community Integration, University of Minnesota, 109 Pattee Hall, 150 Pillsbury Dr. SE, Minneapolis, MN 55455, Phone 612-624-4512

That's What Friends Are For (20 minute videotape), (1988).

Friendships can serve as a vehicle to help people with developmental disabilities achieve full integration and participation in the community. This powerful videotape presents scenes of older persons with developmental disabilities and their peer companions without disabilities discussing the mutual satisfaction of their friendships and the positive contributions they have made together.

ITEM NO.: V220.001

COST PER UNIT: \$15.00

JOURNAL ARTICLES: (\$3.25 EACH)....

New!

600.016 Residential settings and outcomes for individuals with intellectual disabilities, (2002). Heller, T. Current Opinion Psychiatry, 15(3), 503-507.

New!

600.012 Health Promotion for Individuals with Disabilities: The Need for a Transitional Model in Service Delivery, (2002). Rimmer, J.H. Disability Management Health Outcomes, 10(6), 337-343.

New!

600.011 Employment and income status of adults with developmental disabilities living in the community, (2002). Yamaki, K., & Fujiura, G. Mental Retardation, 40(2), 132-141.

600.013 Aging and developmental disability: Special issue on current research, programming, and practice implications, (2001). Hammel, J., & Nochajski, S. Journal of Occupational and Physical Therapy in Geriatrics, 18(1), 1-4.

600.014 The life rope: A transitional approach to exploring worker and life role repertoire development, (1999). Hammel, J. Work: A Journal of Prevention, Assessment and Rehabilitation, 12, 47-60.

600.015 Student perspectives on problem-based learning in an OT curriculum, (1999). Hammel, J., Royeen, C., Jenson, G., Bent, M., & Loveland, J. American Journal of Occupational Therapy, 53, 153-158.

200.005 Autonomy in residential facilities and community functioning of adults with mental retardation, (1999). Heller, T., Miller, A.B., & Factor, A. Mental Retardation, 37(6), 449-457.

610.006 Mortality and morbidity among older adults with intellectual disability: Health services considerations, (1999). Janicki, M.P., Dalton, A.J., Henderson, C.M., & Davidson, P.W. Disability and Rehabilitation, 21(5-6), 284-294.

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- 600.009 Residential transitions from nursing homes for adults with cerebral palsy**, (1999). Heller, T., Factor, A., & Hahn, J. Disability and Rehabilitation, 21, 277-283.
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- 650.003 Aging and developmental disabilities: Demographic and policy issues affecting American families**, (1998). Braddock, D. Mental Retardation, 37(2), 155-161.
- 620.005 Trends and milestones. Medicaid managed care and individuals with disabilities: Status report**, (1998). Hemp, R. & Braddock, D. Mental Retardation, 36, 84-85.
- 200.004 Environmental characteristics of nursing homes and community-based settings, and the well-being of adults with intellectual disability**, (1998). Heller, T. Miller, A.B., & Factor, A. Journal of Intellectual Disability Research, 42(5), 418-428.
- 610.005 Managed care's impact on people with developmental disabilities** (1997). Hemp, R., Factor, A., & Berkobien, R. Maximizing Human Potential/American Society on Aging, 4(3), 1,2,6.
- 620.004 Medicaid and persons with developmental disabilities: Trends and milestones**, (1996). Mental Retardation, 34(5), 331.
- 800.002 Validity and reliability of a five dimensional life satisfaction index**, (1995). Hawkins, B.A., Kim, K., & Eklund, S.J. Mental Retardation, 33(5), 295-303.
- 640.002 Predictors of service utilization of older African Americans and Whites with mental retardation: A race interaction analysis**, (1994). Dalzine, L., Johnson-Dalzine, P., Mahdi, A., & Martin-Stanley, C. Michigan Sociological Review, 8(Fall), 1-18.
- 620.003 Trends and milestones: Continuing expansion of financial resources for MR/DD services**, (1994). Braddock, D., Hemp, R., Lakin, K., & Smith, G. Mental Retardation, 32(6), 446.
- 610.004 Development of a clinic for adults with Down syndrome**, (1994). Chicoine, B., McGuire, D., Hebein, S., & Gilly, D. Mental Retardation, 32(2), 100-106.
- 630.008 Delivering services to a diverse aging population: Challenges for the future**, (1993). Hawkins, B.A., & McLean, D. Leisure Today - Special Issue of the Journal of Health, Physical Education, Recreation, and Dance, 64(4), 31-34.
- 630.007 Access to generic substance abuse services for adults with mental retardation**, (1993). Lottman, T. Journal of Alcohol and Drug Education, 39(1), 41-56.
- 630.006 The training of a specialist in developmental disabilities and aging**, (1992). Sutton, E., Sterns, H.L., Schwartz, L.S., & Roberts, R.S. Generations, 16, 71-74.
- 200.003 Community integration of older people with developmental disabilities**, (1992). Anderson, D.J., & Kloos, E. Journal on Developmental Disabilities, 1(2),16-26.
- 200.002 Social integration of older persons in residential facilities**, (1992). Anderson, D.J., Lakin, K.C., Hill,B.K., & Chen, T.H. American Journal on Mental Retardation, 96, 488-501.
- 800.001 Conceptual considerations in understanding friendship among people with mental retardation: A response to Green and Schleien**, (1992). Kultgen, P.B., & Hawkins, B.A. Therapeutic Recreation Journal, 26(1), 53-57.
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POLICY/SERVICE DELIVERY

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- 200.001** An age-sensitive planning model for developmentally challenged seniors in community settings, (1990). Rominger, R.L., & Hawkins, B.A. Adult Residential Care Journal, 4(3), 149-162.
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- 610.002** Trends in health care and other service needs among older persons with mental retardation, (1990). Anderson, D.J. Proceedings of the 1989 Public Health Conference on Records and Statistics, National Center for Health Statistics, DHHS. Hyattsville, MD.
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- 600.004** Activities and adaptation: A call for innovations to serve aging adults with developmental disabilities, (1990). Hawkins, B.A., & Kultgen, P.B. Activities, Adaptation & Aging, 15(1/2), 5-18.
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- 600.003** Planning processes and outcomes for an aging population with developmental disabilities, (1990). Hawkins, B.A., & Eklund, S.J. Mental Retardation, 28(1), 35-40.
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ASSISTIVE TECHNOLOGY

New! Using assistive technology to maximize function in older adults with developmental disabilities, (2002). Alvarez, T., Desi-Thalji, M., Wang, J., Budraja, S., Sundar, V., & Malik, C.

This training curriculum provides information and resources on how assistive technologies (AT) and environmental interventions (EI) can address age related changes in function for older adults with developmental disabilities in the every day contexts of the home, workplace, and community. The curriculum's modules cover: basic AT-EI products and terminologies; seating, positioning, and mobility; sensory issues; gross and fine motor functioning; communication, cognition and learning; and the AT-EI delivery process and funding. The training package contains a scripted instructor's guide and 7 training modules with power point slides. It was designed for professionals, paraprofessionals, and families and the content can be tailored to a 2-hour workshop or to multiple sessions.

ITEM NO.: 700.006 COST PER UNIT: \$65.00 (Softcover)
ITEM NO.: 700.007 COST PER UNIT: \$25.00 (CD-ROM)

Outcomes of assistive technology services and use by adults with developmental disabilities, (1998). Hammel, J., Heller, T., & Ying, G., RESNA 1998 Annual Conference Proceedings, pp.14-16.

A report of an outcome study of AT service delivery, use, and relationship to functional status changes over time. The study was conducted among adults specifically with cerebral palsy and mental retardation living in the community.

ITEM NO: 700.003 COST PER UNIT: \$2.00

Assistive technology and you: A guide for families and persons with disabilities, (1997), Hedman, G., Hooyenga, K., Politano, P., & Sposato, B.

This guidebook provides information about the various uses of assistive technology for accessibility, activities of daily living, augmentative communication, computer access, environmental control, seating, mobility, and work site modification. It contains photographs and descriptions of devices, their applications, and guidelines to help families and users become informed consumers in selecting equipment. The guide was written by assistive technology clinicians and reviewed by consumers, families and community agency professionals. It was developed by the Assistive Technology Unit at the Institute on Disability and Human Development in collaboration with the RRTC on Aging with Developmental Disabilities.

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700.017 **Technology and the environment: Supportive resource or barrier for people with developmental disabilities ?**, (2003). Hameel, J. The Nursing Clinics of North America: Intellectual and Developmental Disabilities, 38(2), 331-349.

New!
700.008 **Educating scholars of practice: An approach to preparing tomorrow's researchers,** (2002). Hammel, J., Finlayson, M., Kielhofner, G., Helfrich, C., & Peterson, E. Occupational Therapy & Health Care.

New!
700.009 **Reasons for device use among caregivers of the frail elderly,** (2002). Kane, C., Mann, W.C., Tomita, M., & Nochajski, S.M. Physical and Occupational Therapy in Geriatrics, 20(1).

ASSISTIVE TECHNOLOGY

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- 700.002** The impact of assistive technology and environmental interventions on function and living situation status with people who are ageing with developmental disabilities, (2002). Hammel, J., Lai, J., & Heller, T. Disability and Rehabilitation, 24(1-3), 93-105.
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- 700.010** Assistive technology and environmental intervention (AT-EI) impact on activity and life roles of aging persons with developmental disabilities: Findings and implications for practice, (2001). Hammel, J. Journal of Occupational and Physical Therapy in Geriatrics, 18(1), 37-58.
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- 700.011** Information resources on developmental disability, aging and technology, (2001). Hammel, J. Journal of Occupational and Physical Therapy in Geriatrics, 18(1), 91-94.
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- 700.012** Impact of aging on persons with developmental disabilities, (2001). Nochajski, S.M. Physical and Occupational Therapy in Geriatrics, 18(1), 5-21.
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- 700.013** Caregiver involvement in the use of assistive devices by frail older persons, (2000). Chen, A., Mann, W.C., Tomita, M., & Nochajski, S. Occupational Therapy Journal of Research, 20(3), 179-199.
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- 700.014** Technology and transition: Tools for success, (1999). Nochajski, S., Oddo, C., & Beaver, K. Technology and Disability, 11, 93-101.
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- 700.015** Patterns of engagement in leisure activity by older adults using assistive devices, (1999). Schweitzer, J., Mann, W.C., Nochajski, S.M., & Tomita, M. Technology and Disability, 11, 103-117.
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- 700.016** The use of general information and assistive technology within occupational therapy practice, (1998). Buning, M., Hammel, J., & Angelo, J. American Journal of Occupational Therapy, 52, 870-871.
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- 700.004** Functional outcomes of assistive technology for adults with developmental disabilities, (1999). Hammel, J., Lai, J.S., & Heller, T. Proceedings of the RESNA 1999 Annual Conference.
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- 700.005** Assistive technology and persons with developmental disabilities, (1995). Heller, T. Technology and Disability, 4, 191-193.
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- 700.001** The transition from nursing homes to community living for people with developmental disabilities: An assessment of the assistive technology needs and usage, (1995). Mendelson, L.S., Heller, T., & Factor, A. Technology and Disability, 4(3,4), 261-267.
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GENERAL AGING WITH DEVELOPMENTAL DISABILITIES

A/DDVantage

The Rehabilitation Research and Training Center on Aging with Developmental Disabilities' newsletter presents the RRTCADD's latest research findings and demonstration project outcomes, features new research initiatives, resources on aging and developmental disabilities, and includes an event calendar.

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Older adults with mental retardation/developmental disabilities and their aging family caregivers, (Rev. March, 1999). Heller, T., & Factor, A.

This fact sheet uses a question-and-answer format to present frequently requested information about aging with mental retardation. It provides an overview of demographics, age-related changes, service and support needs for older adults and their families, and new service models and resources.

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Older adults with mental retardation and their families, (1997). Heller, T. A chapter in Bray, N. W. (Ed.) International Review of Research in Mental Retardation-Vol 20.

This chapter addresses the needs of older adults with mental retardation and their families from a psychosocial model that examines age-related changes and from the broader perspective of demographic and service trends affecting this population.

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www.apnet.com/

Aging with developmental disabilities: An information packet on understanding age-related changes and supporting successful aging, (1997). Factor, A.

This packet provides a basic understanding of age-related changes and their implications for adults with developmental disabilities and their families. Topics include: the aging process and its implications; supporting individual choice and community membership; and engaging and supporting older families in making future plans for their relative with a disability. It contains guidelines and practical suggestions for supporting individual choice and community membership, healthy aging and family future planning.

ITEM NO: 920.001 COST PER UNIT: \$15.00

GENERAL AGING WITH DEVELOPMENTAL DISABILITIES

Leisure assessment inventory, (1997). Hawkins, B.A., Ardovino, P., Brattain Rogers, N., Foose, A., & Ohlsen, N. Arc Research Grants Program, Indiana University Institute for the Study of Developmental Disabilities, Rehabilitation Research and Training Center on Aging with Developmental Disabilities.

The Leisure Assessment Inventory (LAI) is an instrument developed to measure the leisure behavior of adults. The purpose of the LAI is to help professionals and caregivers use leisure to facilitate: the development of leisure skills, the maintenance and promotion of physical fitness and health, the development of friendships, the creation of residential environments that foster social networks, the facilitation of community inclusion, the preparation for retirement, and the empowerment of individuals with mental retardation to live self-determined lifestyles. The reliability and validity of the instrument is also provided, along with instructions on how to administer, score, and interpret the instrument.

For more information on this product, please contact Dr. Barbara Hawkins at:
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Email: hawkinsb@indiana.edu

Older adults with mental retardation: Vocational evaluation considerations, (March, 1997). Kaskel, L.M., & Brown, A.A. The Issues Papers: Eighth National Forum on Issues in Vocational Assessment, Vocational Evaluation and Work Adjustment Association.

This paper explores relevant age-related health and psychosocial changes experienced by older adults with mental retardation and examines the implications on three phases of the vocational evaluation process: intake, assessment, and recommendations. It also contains case studies which illustrate how the vocational evaluator can respond to likely scenarios.

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1997 International Roundtable on Aging and Intellectual Disabilities Conference: Proceedings of the International Association for the Scientific Study of Intellectual Disability, (1997). Suttie, J. & Heller, T.

A compilation of abstracts and transcripts from sessions on health care needs and practices, family care giving over the lifespan, and social policies for long-term supports.

ITEM NO: 900.005 COST PER UNIT: \$5.00

Aging related changes for adults with mental retardation: Final report, (1994). Hawkins, B.A., & Eklund, S.J.

This 4 year longitudinal study examines the impact of aging on the physical, cognitive, adaptive, and social functioning of two distinct groups of adults with mental retardation: individuals with and without Down syndrome. It is a follow-up to the report of the first three years of study, **Detecting Aging Related Declines in Adults with Developmental Disabilities: A Research Monograph**, by Hawkins, Eklund, and Martz.

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