

**Vehicle/traffic injuries are not “accidents”; they have causes, patterns and known interventions.**

Vehicle/traffic Injury Prevention Recommendations:

- Drive defensively
- Conduct a speeding-self assessment
- Be aware of road hazards (other drivers and vehicles)
- Drive according to weather conditions
- Assess your work load and travel expectations
- Prevent vehicle hazards: assess vehicle condition and conduct maintenance
- Prevent assault and robbery by planning for personal safety

Employers should provide for the following: Routine vehicle maintenance, Driver training and a

Tool kit/Survival kit: Road Service program and number  
Phone/beeper, etc  
Seat belt/client transport--baby seat  
Insurance/gas card  
Map-routine planning  
Vehicle maintenance check  
Training-licence  
radio-flashlight-first aid kits

Interventions

Before you drive:

Check survival kit  
Alcohol/drug policy in place  
Access phones  
Regular communication with supervisors  
Designated driver when possible  
Defensive driving updates  
Check weather/road construction  
Have clear directions to destination  
Have money or pass needed for tolls if necessary  
Balance client needs vs drivers  
Driving is work--minimize distractions

While driving:

Use seat belts correctly on self and others  
Info on “what to do”  
Car seats  
Check on passengers

If you have a traffic incident:

Turn off engine--do not move passengers, Do not  
leave the scene

Call 911

Call Insurance/police report, Report incident to  
supervisor

Receive Aftermath support

Careful self observation

How to implement a vehicle/traffic safety program: Employers and  
employees should be involved and organized in an effective program.  
Contact the National Highway Traffic Safety Association at (708) 503-  
8892 or [www.nhtsa.dot.gov](http://www.nhtsa.dot.gov)