

# Professional Coaching For Public Health Professionals

## Leadership, Legacy, and Community

Available during the retreat - July 17-18, 2008

### Are you a public health leader who is:

- Clarifying your unique professional mission and purpose?
- Stepping into new or increased professional responsibilities, but finding that there's no clear road map?
- Contemplating your career legacy and impact as you near retirement?

New at this year's retreat, **professional coaching sessions** will be available to assist you in navigating your own unique and satisfying leadership path.

### What is coaching?

Individual coaching focuses on enhancing the leader's life and work satisfaction, purpose and effectiveness. Coaching generally focuses on creating both increased insight and action for an individual: crafting vision, purpose, short- and long-term goals, action plans, and accountabilities. The coach acts as facilitator, advocate, and motivator, evoking and developing the existing expertise within the leader. The essence of coaching is confidential customized individual support focused on conscious and intentional choice.

### Coaching Services

Hanna Cooper, MPH, CPCC, ACC, is a certified professional coach who works with emerging and established leaders to maximize individual, team and organizational effectiveness. Before starting work as a coach, Hanna spent more than a decade in leadership, management and program development for local and state public health agencies and non-profit organizations. As a coach, Hanna specializes in assisting new and established leaders connect with their professional passion and purpose, align their actions with their values and priorities, and ultimately make greater lasting impact in both their professional and personal lives.

For more information or to schedule a coaching session, contact:

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